HOLIDAY TREE LIGHTING

Date: Friday, Dec.2, 2016 **Location:** Community Park

Festivities will begin at 5:30pm

Come out and welcome Santa and a few other jolly Christmas characters. Take fun horse & carriage rides, visit the petting zoo, listen to Christmas Carols by Pt. Pleasant Borough HS & St. Peter's show choirs & Pt. Pleasant Recreation's Kinderschool classes. Enjoy the dance performance by Shore Dance Center. Santa is looking forward to meeting the children and listening to their "Christmas wishes". Free photos with Santa will be taken by "The Photo Center". Every child will receive a goody bag compliments of the Rec Center.

Challenger Basketball

This program is for children with mental / physical challenges, ages 5 and up. This is for both boys and girls.

Date: Sat. 1/7/17 **Time**: Mornings, time TBD **Cost**: No charge

Location: Memorial Middle School

For more information contact Jean Herrington @ 732-899-4751 / herrington8@comcast.net

After School Bowling Fun

~held at Sea Girt Lanes Rt. 35, Wall & runs for 10 weeks~

Date: Wed. Jan. 4, 2017 **Time:** 5:30-7pm **Ages:** 5+yrs./including adults **Cost:** \$120 Bumpers will be used for the younger ages. There will be 90 minutes of bowling each week. The first 6 wks. will be all instructional & the last 4 weeks we will track averages. Parents can also bowl if they sign up and pay during our registration. Everyone will get a bowling ball custom drilled by the 3rd week & there will be a pizza party at the end along with trophies.

An Old Fashioned Christmas at Santa's Workshop!!

Date: Sat. 12/10 & Sun. 12/11 **Time:** 3-6pm

Location: Bennett Log Cabin @ Riverfront Park (corner of River Rd. Maxson

Ave.)

Come out and visit with Santa and Mrs. Claus, enjoy his trains, antique dolls and a display by Rudolph!! Fun for the whole family! Photos with Santa can be taken on both days, bring your cameras!!

Borough of Pt. Pleasant & St. Martha's Church Senior Beehive announce Senior programs

**Held at St. Martha's Church, 3800 Herbertsville Rd. PP **

Come on out and join with friends young and old to participate in various fun-filled activities that will include: Knitting, games, card groups, Mahjongg groups, art & other Senior socialization programs. These programs will be held on Tuesdays & Thursdays from 9am-3pm.

**Starting on Jan. 3, 2017 we will be taking appointments for AARP

tax aid starting in February. This will be **by appointment ONLY**. Call Kathy at 732-810-5890. ~~For anymore information on Senior programs, call Kathy at: 732-810-5890~~



Point Pleasant Recreation















Winter Schedule 2017



REGISTRATION INFORMATION

POLICY- Residents of POINT PLEASANT BOROUGH can register beginning on Monday, Dec. 5, 2016 at 9am. Non residents can register beginning one week after that.

Registration is now available online via the Community Pass online registration system. If you have not already done so, please go to: https://register.capturepoint.com/PointPleasantBorough to create your family online account. After that you can register for programs and pay online. Payments can be made by credit card, or check. *A fee of \$20 will be charged for any checks that are returned to us* The Recreation Department reserves the right to cancel classes due to low enrollment. The Recreation Department reserves the right to remove a program participant if it turns out they do not meet the appropriate requirements. *REGISTRATION will begin on MONDAY, Dec. 5th at 9am and will close out at the end of the day on Friday, Jan. 13th. *NO REFUNDS ON TRIPS or SPECIAL EVENTS.* NO REFUNDS Once program has begun. Parents DO NOT stay during programs unless otherwise noted. Sneakers must be worn in gym for all programs unless otherwise noted. FOR MORE INFORMATION, CONTACT: 892-5813.

PRESCHOOL 2016 / 2017

| <u>ACTIVITY</u> | <u>AGE</u> | DAY | START | <u>TIME</u> | <u>LENGTH</u> | <u>FEE</u> |
|-----------------|------------|---------|--------------|-------------|---------------|----------------|
| Kinderschool | 4-5 | M-W-F | Dec.12th | 8:30-2:00 | 12 wks. | \$745 * |
| Kinderschool | 4-5 | M-W-F | Dec.12th | 9:00-2:30 | 12 wks. | \$745 * |
| Kinderschool | 4-5 | Tu/Thr. | Dec.13th | 11:15-3:15 | 12 wks. | \$360 |
| Little Learners | 3-4 | Tu/Thr. | Dec.13th | 8:00-11:00 | 12 wks. | \$270 |
| Little Learners | 3-4 | Tu/Thr. | Dec.13th | 8:45-11:45 | 12 wks. | \$270 |
| Little Learners | 3-4 | Tu/Thr. | Dec.13th | 12:00-3:00 | 12 wks. | \$270 |

^{*}This extended day class may be paid monthly, please inquire

Registration secures a child's spot in the program for the entire year, pending prompt payment of the Fall and Winter fees. PROOF OF RESIDENCY AND BIRTH CERTIFICATES WILL BE REQUIRED. Registration for the above classes was held in April. Contact 892-5813 for any available openings. **ALL DEPOSITS ARE NON REFUND-**ABLE.

| PRESCHOOL ACTIVITIES | | | | | | |
|----------------------|------------|-------|----------|---------------|--------|-----------------|
| Story&Craft | 2yrs. | Fri. | Jan. 6th | 9-10am | 10wks. | \$35♥ |
| Story&Craft | 3yrs. | Fri. | Jan. 6th | 10-11am | 10wks. | \$35♥ |
| Diaper Gym | 12mths | Tues. | Jan. 3rd | 9:15am | 10wks. | \$35♥ |
| Tiny Tots | 18mths | Tues. | Jan. 3rd | 10am | 10wks. | \$35♥ |
| Tiny Tots | 18mths | Tues. | Jan. 3rd | 11am | 10wks. | \$35♥ |
| Kindersports | 4-5yrs. | Thur. | Jan. 5th | 1-2pm | 10wks. | \$35 |
| Kindersports | 4-5yrs. | Thur. | Jan. 5th | 2-3pm | 10wks. | \$35 |
| Music&Me | 18mth-4yrs | Thur. | Jan. 5th | 9:30-10:30am | 10wks. | \$35 * ♥ |
| Music&Me | 18mth-4yrs | Thur. | Jan. 5th | 10:30-11:30am | 10wks. | \$35₩♥ |

^{★♥} Parent & child will experience a program of movement, flexibility & coordination through music & dance.



~held at Tam Tam's Sweet Shoppe 2429 Bridge Ave. PP / runs for 4 weeks~

Candy & Chocolate Crafts- Date: Tues. 1/3/17 **Time**: 4:30-5:30pm

Ages: 5-14yrs. **Cost**: \$126

Bring your creativity to Tam Tam's Sweet Shoppe & learn some fun candy & chocolate crafts like edible aquariums, airhead crafting & cake pop roses!

Chocolate & Confections 101-Date:Tues. 1/3/17 Time:3:30-4:30pm Ages:7-12yrs. Cost: \$126 This class is designed for anyone wanting to learn the basics of chocolate making as well as how to make several confections from scratch. Students will begin with dipping and mold work, orange creams, peppermint patties, chocolate basket weaving, peanut butter balls, cake pop roses and more!

Where learning meets the future.

STEM+ Academy NEW Minecraft Madness & Scratch Programming

~held at STEM+ Academy 529 Bay Ave. PPB & runs for 4 weeks~

Cost per class: \$50

Minecraft Madness- Grades: K-8 **Date**: Tues. 1/10-1/31/17 **Time**:5:30-6:30pm Students join our networked server to accomplish different tasks, challenges & quests in varying Minecraft worlds chosen for their educational value. Children do not need a Minecraft account to participate in this.

Intro to Scratch Programming-Grades:1-8 Date:Tues. 1/10-1/31/17 Time:4:30-5:30pm Scratch is a simple programming language designed specifically for ease of use by children. Students employ colored command blocks & a click & drag architecture as they progress from programming art, interactive stories & animations to more involved simulations & games.



NEW Learn to Ice Skate

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|------------------|----------------|----------------|-----------------|
| Session I- Tues. | 1/10-2/14/17 | (6wks.) | Cost: \$109 |
| Session I– Wed. | 1/11-2/15/17 | (6wks) | Cost: \$109 |
| SessionII- Tues. | 2/28-4/11/17 | (6wks) | Cost: \$109 |
| SessionII- Wed. | 3/1-4/12/17 | (6wks) | Cost: \$109 |





Tiny Tots Skaters Time: 10:30-11:00am Ages: 2-4vrs

This program is designed to give parents the opportunity to skate with their toddlers in a small group experience to learn the basics of skating in a comfortable & fun learning atmosphere. (Coaching Staff 1:5 ratio) Fee includes Skate Rental. *Recommended: Bike Helmet / Hockey Helmet.*

Learn to Skate / Youth Skaters Ages: 5-12yrs. Time: 5:00-5:30pm **Cost: \$109 Session I**– Tues. 1/10-2/14/17 **Session II**– Tues. 2/28-4/11/17

This class is designed to develop skills needed to move on to advanced figure skating or hockey classes. Students are placed in a comfortable & fun learning atmosphere where they will be instructed on the how to's of skating. Coaching staff 1:10 ratio. Fee includes skate rental.

[▶] Denotes those programs which require a parent to attend with the child. NO older or younger siblings permitted unless they are age appropriate & have also been registered. NO EXCEPTIONS

Childhood Meditation Classes

~Classes will run for 6 weeks @ the Rec Center~

Studies have shown that children who meditate gain many rewards. Meditation synchronizes the wave patterns in our right and left brain hemispheres. When these hemispheres are in sync, they

communicate more effectively with one another, and therefore function with more clarity and focus. Some of the many benefits include: cultivating intellect and creativity, strengthening academic skills, assisting brain development, reducing stress, nurturing your imagination, providing grounding and peace, improving sports performance and promoting inner peace into adulthood.

Date: Mon. 1/9/17 **Cost:** \$80

Ages: 5-9yrs. /4:30-5:15pm 10+yrs. / 5:30-6:15pm

* you may bring your own yoga mat, that is optional*

NEW Peaceful Parenting

~Classes will run for 4 weeks @ the Rec Center~

Parenting can be very stressful. From the moment our children are born we picture eternal bliss, but for many of us that quickly turns into power struggles with toddlers over eating their beans and brushing their teeth to kids with messy rooms and high schoolers with curfews and attitudes. You will learn to be more present and centered with self-awareness and meditation practices and start walking the path to freedom and peace for the entire family.

Date: Tues. Jan. 3, 2017 **Time:** 7-8pm **Cost:** \$105

Ages: Parents, Grandparents, HS aged parents

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NEW Indoor Skateboarding

~Held at The Incline Club 485 Locust St., Lakewood, NJ~

Bring your own skateboard. Helmets required & waiver must be signed
There will be beginner, Intermediate & Advanced classes w/in each session

Session 1– Tuesday 1/3/17-1/24/17 (4wks) **Time**: 6-7pm **Ages**: 6-13yrs. **Cost**: \$60

Session 2– Tuesday 2/7/17-2/28/17 (4wks) **Time**: 6-7pm **Ages**: 6-13yrs. **Cost**: \$60

Session 3– Tuesday 3/7/17-3/28/17 (4wks) **Time**: 6-7pm **Ages**: 6-13yrs. **Cost**: \$60

Session 4– Tuesday 4/4/17-4/25/17 (4wks) **Time**: 6-7pm **Ages**: 6-13yrs. **Cost**: \$60

Waivers can be filled out at skate park by parent or downloaded from Incline Club's website and brought in already filled out if parent is not dropping his or her child off.

| | 5 | YOUTH ACTIVITIES | | | | | |
|---------------|------------|------------------|----------|-----------|---------|---------------|--|
| ACTIVITY | AGE | DAY | DATE | TIME | LENGTH | FEE | |
| Biddy BB | Grades 1-2 | Tues. | Jan.3rd | 5:15-6:15 | 10 wks. | \$40 ★ | |
| Biddy BB | Grades 1-2 | Tues. | Jan.3rd | 6:15-7:15 | 10 wks. | \$40 ★ | |
| Biddy BB | Grade 3 | Tues. | Jan.3rd | 7:15-8:15 | 10 wks. | \$40 ★ | |
| Jr. Wrestling | Grades K-2 | Tues/Thr. | Dec. 6th | 6:00-7:00 | SEASON | \$60 ~ | |

 $\ensuremath{\boldsymbol{\wp}}\xspace$ Jr.Wrestling is held at the HS Auxiliary Gym. Headgear is required.

7:00-8:00

SEASON

\$60~

★Children may participate in Biddy BB up until the 3rd grade.

Dec. 6th

Tues/Thr.

Grades 3-5

~~~Parents DO NOT stay unless otherwise noted~~~

#### Kids, Tweens & Mother/Daughter Yoga

~classes run for 8 wks. And are held at Shore Point Yoga 2811 Bridge Ave. PP~

<u>Kids Yoga</u> Ages: 5-8yrs. **Date**: Thurs. 1/5-2/23 **Time**: 4:15-5pm **Cost**: \$90 classes will explore yoga poses, breathing exercises, visual imagery & relaxation techniques while conveying lessons in self-expression, body image, social skills, positive thinking & environmental awareness.

<u>Tween Yoga</u> Ages: 9-12yrs. Date: Thurs. 1/5-2/23 Time: 5:15-6pm Cost: \$90 Kindling the maturing independence of 9-12yr. olds, this class encourages a deeper sense of body awareness, self exploration & inter-personal skills.

Mother/Daughter Yoga Ages: 7-12yrs. Date: Tues. 1/3-2/21 Time: 5:15-6pm Cost: \$90 for pair In this class you'll learn & practice yoga basics-breathing techniques, yoga warm-ups, & foundational yoga poses that stretch, strengthen & balance you. You will learn partner yoga poses you can do together that will enhance your stretches & enjoyment. Each class ends with relaxation meditation. Grandmothers, aunts or care givers are also welcome as partners.

STORY -- SPECIAL NOTICE CONCERNING INCLEMENT WEATHER CANCELLATIONS --

You can now go online to **NJ1015.com** to view closings for our Preschool & Recreation programs and you can also:

Watch <u>News 12 New Jersey</u> for school closing information, or log onto <a href="http://www.News12.com">http://www.News12.com</a>. Closings can also be viewed on **Pt.Boro.com**. & the **Borough's Facebook page**.

Jr. Wrestling



### **NEW** Git Fired Up Pottery w/Emily

~Held at 506 Arnold Ave. PPB~ ALL CLASSES RUN FOR 6 WEEKS

<u>Kids I bought a Farm:</u> Ages: 5yrs.+ Date: Thurs. 1/5/17 Time: 4:30-5:30pm Cost: \$130 Make a barn & all the animals to fill it. Earn a blue ribbon in clay by sculpting & glazing an awesome farm environment.

<u>Sweets on Stage:</u> Ages: 8yrs.+ Date: Tues. 1/3/17 Time: 5:30-7pm Cost: \$130 Create display stands for desserts. Plates, cake stands & Cupcake holders. "Surprise visit from a pastry chef who will teach fondant skills used to decorate edible cupcakes......

You Spin Me Right Round: Ages: 9yrs.+ Date: Thurs. 1/5/17 Time: 5:30-7pm Cost: \$130 Use the wheel to create a variety of pots including cups, plates, bowl & vases. Great for beginners & returning students. All work done on the wheel.

Gotta Get Them All: Ages: 6yrs. + Date: Tues. 1/3/17 Time:4:30-5:30pm Cost: \$130 Make Pokemon out of clay! Bring cards or figurines for inspiration. Use the wheel & sculpting to create characters, poke balls & more.

#### DANCE CLASSES

~Held at Shore Dance Center 632 Ocean Rd. PP~ Classes run for 8 weeks & are drop off & pick up

**Grown Up & Me, Creative Movement Tues**. Jan.3, 2017 **Ages**: 20 mths-3yrs.

**Time**: 9:30-10:15am **Cost**: \$55

One adult w/child(ren) as space is limited. Leotard & tights w/ballet shoes for girls, comfortable clothes for boys w/black ballet shoes & grown-ups should wear sneakers or socks.

<u>Jazz</u> Tues. Jan.3, 2017 Ages: 5-8yrs. Time: 5:15-6:00 pm Cost: \$55

Jazz or ballet shoes required.

**<u>Hip Hop</u> Wed**. Jan.4, 2017 **Ages**: 7-10yrs. **Time**: 4:30-5:15pm **Cost:** \$55 NO jeans. Any clothes you feel comfortable dancing in: t-shirts, shorts, sweatpants & sneakers.

**Ballet/Tap** Fri. Jan.6, 2017 **Ages**: 4-6yrs. **Time**: 4-4:45pm **Cost**: \$55

Ballet shoes & tap shoes required. Any color.

(No classes Feb. 17—Feb. 20)

#### **ADULT HATHA YOGA CLASS**

~Classes runs for 6 weeks at Shore Point Yoga 2811 Bridge Ave. PP ~

Adult Class— Choice of morning OR evening class:

 Date: Wed. 1/4/17
 Time: 10:30-11:30 am
 Age: 16yrs.+
 Cost: \$70

 Wed. 1/4/17
 Time: 6:30-7:30 pm
 Age: 16yrs.+
 Cost: \$70

This class is open to all levels as modifications are always presented. Typically poses are held for 8-10 breaths & there are no flows between the poses. This class is a good start for the beginner or someone new to a consistent practice. \*Please bring your own yoga mat\*

#### **NEW** Tai Chi

~held at the Rec Center & runs for 6 weeks~

Date: Mon. 1/9

Feel free to bring a journal for notes\*\*

**Time**: 6:30-7:30pm

**Ages**: 16yrs+

**Cost**: \$95

Tai Chi dates back over 3,000 years. It will help you focus on improving your health by integrating your body, mind & spirit through movement, breath & visualization. You will learn basic Tai Chi positions, Q Gong exercises, breathing techniques, meditation & self-care tips. Some of the benefits include: Improving your balance, tone & strengthen your body, increase your flexibility, calm your nervous system, deepen self-awareness & introspection & increase your energy & stamina. \*\*please arrive 15 minutes early for your first class. Wear comfortable clothing, bring a water bottle & a towel.

#### **Children's Martial Arts & Personal Safety**

~Held at Rec Center & runs for 8 weeks~

Ages: 4-10yrs. Fri. Jan. 6th 4:30-5:30pm \$100

We will teach your children the warning signs & threats to their safety, how to set boundaries, understand verbal abuse, keep a safe distance & avoid or escape an attacker. Classes are age-appropriate, fun & effective. \*Each student will receive a uniform & a belt\*



#### **BOOT CAMP CLASSES**

~All classes held @ Shore Point Fitness, 2807 Bridge Ave. PP~

<u>Kids Class-</u> Ages: 9-12yrs. Wed. Jan.4, 2017 4:00-5:00pm Cost: \$50 This class will run for <u>8 wks</u>. We will do workouts using body weight such as jumping jacks, jump rope, squat thrusts, and walking lunges. We will also be using some basic equipment like resistance bands, battling ropes and medicine balls.

#### Adult Class - MUST pick DAY or NIGHT class & classes runs for 6 weeks:

Ages: 16+ Wk. of Wed. 1/4/17 (**daytime**) Bootcamp **4:15-5:15pm Cost:** \$50 Participants have unlimited access to the Monday-4:15pm, Wednesday-5:15pm, Thursday-4:15pm & Friday 4:30-6:00pm classes.

#### <u>OR</u>

Ages: 16yrs+ Wk. of 1/4/17 (nighttime) Kickboxing-Mon/Wed. @ 6:30pm & Bootcamp Tu/Thr. @ 6pm.

Participants will experience an exciting hour of high intensity strength & cardio exercises designed to challenge strength & endurance while burning mega calories. The workout moves quickly, taking you from one exercise to the next with little or no rest using equipment such as battling ropes, kettle bells & medicine balls, as well as body weight exercises such as box jumps, squat jumps & burpees to name a few. Participants are encouraged to take breaks when needed while trying to keep their heart rate up.

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