



**CONTACT INFORMATION**

**Pt. Pleasant Recreation Center– 732-892-5813**

**Pt. Pleasant Municipal Offices– 732-892-3434**

**Pt. Pleasant Police Department– 732-892-0060**

**Pt. Pleasant Public Works- 732-892-1287**

**Pt. Pleasant Chamber of Commerce- 732-295-8850**

**Pt. Pleasant Library- 732-295-1555**

**Pt. Pleasant Bd. Of Ed.- 732-701-1900**

**Pt. Pleasant Senior Programs & Services - 732-810-5890**

**Pt. Pleasant Soccer Assoc.- [point\\_soccer@yahoo.com](mailto:point_soccer@yahoo.com)**

**Pt. Pleasant Soccer Club– 888-275-2591**

**Pt. Pleasant Youth Baseball & Softball Assoc.– 732-267-0142**

**Pt. Pleasant Pirates Youth Football & Cheer- <http://www.pointpleasantyfc.com>**

**Golden Elks Pop Warner Football & Cheer– 732– 600-0431**



# POINT PLEASANT RECREATION



**2017 FALL SCHEDULE**



**Mayor Sabosik, Council President Wisniewski along with Council Members: Borowsky, DePaola, Furrato, Snyder & Thulen are pleased to announce the Point Pleasant Recreation's 2017 Fall Schedule of programs.**



**Mayor Sabosik**



**Council President Wisniewski**



**Councilman Borowsky**



**Councilwoman DePaola**



**Councilman Furrato**



**Councilwoman Snyder**



**Councilman Thulen**



## **Haunts in the Park**

~held in Community Park~



**Date:** Friday, Oct. 27, 2017

**Cost:** \$4.00, under 10yrs.-\$2.00

**Time:** 6-10pm



This is one stroll through the park you will never forget! Enter our haunted trail through the twisted, gnarled old trees that are shelter for those that are waiting for unsuspecting visitors. Watch your backs, because you never know which way the scares may come from! Try to squeeze past all the ghosties and ghoulies and long legged beasties that are just dying to greet you -without a scream or two or three !! May not be appropriate for the very young.

## **NEW YORK CITY HOLIDAY LIGHTS TOUR**

**Date:** Thurs. Dec.7, 2017

**Cost:** \$85pp



**Depart from Rec Center 1:00pm**

**Return approx.: 10:15pm**

After an enjoyable lunch at Casa Di Napoli, a licensed NYC Tour Guide will join our group for a special 4 hour motor coach tour which will include shops on Fifth Ave. in their holiday finery, Macy's Herald Square, the Rockefeller Center Christmas Tree and much more!! There will be some time allowed for shopping. **\*\*MUST register for this trip by November 1st\*\***



## **Senior Programs & Services**

Borough of Pt. Pleasant & St. Martha's Church Senior Beehive announce Senior programs held at St. Martha's Church



Come out and join with friends young and old to participate in various fun-filled activities that will include knitting, mahjong, cards, holiday parties & other senior socialization programs. Programs will be held on Tuesdays & Thursdays from 9am-3pm. Free on-site Hearing screenings by American Hearing Centers on Thurs. 9/21 at 10:30am. Bingo hosted by The Chelsea, Tues. 9/19 at 11am. There will be gift prizes, NO cash prizes. Flu shots given by OCHD on Thurs. 10/19 10-12pm. Blood pressure & glucose tests by Laurelton Village- 9/12 at 11am, 10/26 at 11:30am, 11/14 at 11am & 12/14 at 11:30am. Call Kathy Ruane for more information & about referral services available for seniors- 732-810-5890



## ADULT BOOT CAMP

~held at Shore Point Fitness on Bridge Ave. PP~



**Adult Boot Camp:** Ages 16+ **Week of** Mon. Oct.2,2017 class runs for **4 wks.** **Cost:** \$55  
Participants have unlimited access to all of the classes on the gym schedule-see at <http://www.shorepointfitness.com> (Mon. thru Sat.) for 4 weeks from 10/2-11/2. Participants will experience an exciting hour of high intensity strength & cardio exercises designed to challenge strength & endurance while burning mega calories. You will use battling ropes, kettle bells & medicine balls as well as body weight exercises such as box jumps, squat jumps & burpees to name a few.

**Kids Boot Camp:** **Ages:** 9-12yrs. **Date:** Wed. Oct. 4,2017 **Time:** 4-5pm **Cost:** \$50  
Children will do workouts using body weight such as jumping jacks, jump rope, squat thrusts, & walking lunges. They will also be using some basic equipment like resistance bands, battling ropes & medicine balls. Each week there will be a new challenge. ~class runs for **8 wks.**~

**Teen Boot Camp:** **Ages:** 13-17yrs. **Date:** Mon,Tues,Thurs.(starting Oct.2) **Time:** 5:15-6pm **Cost:** \$50  
You will do workouts using body weight such as jumping jacks, jump rope, squat thrusts & walking lunges. You will also be using some basic equipment like resistance bands, battling ropes & medicine balls. Each week will you will have a new challenge. ~class runs for **4 wks.**~

## SPECIAL EVENTS & ACTIVITIES

### MOVIE NIGHTS

At the community park

~ALL MINORS MUST BE ACCOMPANIED BY AN ADULT~



### BOSS BABY

Rated PG

**Date:** Friday Sept.15, 2017

**Time:** Dusk

**Cost:** N/C

A new baby's arrival impacts a family. The most unusual Boss Baby arrives at Tim's home in a taxi, wearing a suit and carrying a briefcase. The instant sibling rivalry must soon be put aside when Tim discovers that Boss Baby is actually a spy on a secret mission, and only he can help thwart a dastardly plot that involves an epic battle between puppies and babies.

### HOTEL TRANSYLVANIA 2

Rated PG

**Date:** Friday, October 13, 2017

**Time:** Dusk

**Cost:** N/C

Now that Dracula has opened the Hotel Transylvania's doors to humans, things are changing for the better however, Drac is secretly worried that his half-human grandson, Dennis, isn't showing his vampire side. So, while Mavis and Johnny are away, Drac enlists his friends to help him put the boy through a "monster-in-training" boot camp. But things really get batty when Drac's cantankerous, old-school dad pays an unexpected visit.

~Our concession stand will be open~



## REGISTRATION INFORMATION

**POLICY-** Residents of PT. PLEASANT BOROUGH can register beginning Thurs. Sept.7,2017 at 9am. Non-residents can register the week after that. **Registration is available online via the Community Pass online registration system.** If you have not already done so, please go to: <https://register.capturepoint.com/PointPleasantBorough> to create your family online account. After that you can register for programs and pay by credit or debit cards online. Check payments can be made in person only made out to the Borough of Pt. Pleasant. **\*A fee of \$20 will be charged for any checks that are returned to us\*** **The Recreation Department reserves the right to cancel classes due to low enrollment.** **The Recreation Department reserves the right to remove a program participant for disciplinary problems and or violations of Recreation rules & policies.** **\*REGISTRATION will close out at the end of the day on Friday, Sept.22,2017.** Some registrations will be accepted after that date for programs that start later in the season. Inquire at Rec Center. **\*NO REFUNDS ON TRIPS or SPECIAL EVENTS.** **\*Letter received by Superintendent ONE WEEK prior to start date of classes will be eligible for a refund minus \$10 cancellation fee. Cancellation request MUST be made ONE WEEK before class start date otherwise there will be no refund.\*** **Parents DO NOT stay during programs unless otherwise noted. Sneakers must be worn in gym for all programs unless otherwise noted.** FOR MORE INFORMATION, CONTACT: 732-892-5813.

## PRESCHOOL PROGRAMS

ACTIVITY	AGE	DAY	START	TIME	LENGTH	FEE
KINDERSCHOOL	4-5	M-W-F	Sept.18th	8:30-2:00	12WKS	\$745
KINDERSCHOOL	4-5	M-W-F	Sept.18th	9:00-2:30	12WKS	\$745
KINDERSCHOOL	4-5	TU/THR	Sept.19th	11:15-3:15	12WKS	\$360
LITTLE LEARNERS	3-4	TU/THR	Sept.19th	8:00-11:00	12WKS	\$270
LITTLE LEARNERS	3-4	TU/THR	Sept.19th	8:45-11:45	12WKS	\$270
LITTLE LEARNERS	3-4	TU/THR	Sept.19th	12:00-3:00	12WKS	\$270

⊕This extended day class may be paid monthly, please inquire.

Registration secures a child's spot in the program for the entire year, pending prompt payment of the Fall and Winter fees. PROOF OF RESIDENCY AND BIRTH CERTIFICATES WILL BE REQUIRED. Registration for the above classes was held in April 2017. Contact 892-5813 to see if openings still exist. **\*All deposits are Non-Refundable\***

## PRESCHOOL ACTIVITIES

Diaper Gym	12mths	Tues.	Oct. 3rd	9:15-10:00am	10 wks.	\$40♥
Tiny Tots	18mths	Tues.	Oct. 3rd	10-11am	10 wks.	\$40♥
Tiny Tots	18mths	Tues.	Oct. 3rd	11-12	10 wks.	\$40♥
<b>NEW!</b> Agility Adventures	5-8yrs.	Wed.	Oct. 4th	4:45-5:45pm	10 wks.	\$40
Gym w/Mom	2 1/2 -3yrs.	Wed.	Oct. 4th	10-10:45am	10 wks.	\$40♥
Gymnastics	4yrs.	Thurs.	Oct. 5th	10-11am	10 wks.	\$40
Kindersports	4-5	Thur.	Oct. 5th	1-2pm	10 wks.	\$40
Kindersports	4-5	Thur.	Oct. 5th	2-3pm	10 wks.	\$40
Story/Craft Hour	2	Fri.	Oct. 6th	9-10am	9 wks.	\$40♥
Story/Craft Hour	3	Fri.	Oct. 6th	10-11am	9 wks.	\$40♥

\*Parent & child will experience a program of movement, flexibility & coordination through music and dance. ♥

♥Denotes those programs which require a parent to attend with the child. **NO older or younger siblings permitted** unless they are age appropriate & have also been registered. **NO EXCEPTIONS**

ACTIVITY	AGE	DAY	YOUTH ACTIVITIES			
			START DATE	TIME	LENGTH	FEE
Biddy Basketball	Gr.1-2	Tues.	Oct. 3rd	5:15-6:15pm	10 wks.	\$40✓
Biddy Basketball	Gr. 1-2	Tues.	Oct. 3rd	6:15-7:15pm	10 wks.	\$40✓
Biddy Basketball	Gr. 3	Tues.	Oct. 3rd	7:15-8:15pm	10 wks.	\$40✓
Tennis	6&7yrs	Tues.	Oct. 3rd	5-6pm	7 wks.	\$45*
Tennis	8&9yrs	Tues.	Oct. 3rd	6-7pm	7 wks.	\$45*
Tennis	10&11	Wed.	Oct. 4th	5-6pm	7 wks.	\$45*
Tennis	12-16yrs	Wed.	Oct. 4th	6-7pm	7 wks.	\$45*
Tennis	6&7yrs	Thur.	Oct. 5th	5-6pm	7 wks.	\$45*
Tennis	8&9yrs	Thur.	Oct. 5th	6-7pm	7 wks.	\$45*
Tennis	10&11yrs	Thur.	Oct. 5th	7-8pm	7 wks.	\$45*

✓Children may participate in Biddy Basketball until the 3rd grade \*You will need your own tennis racket  
 ~~~~~Parents DO NOT stay unless otherwise noted~~~~~



### 2017 / 2018 Winter Youth Basketball Leagues

~Games will run for 10 wks @ Ocean Rd. School~

Grades 4-8

Cost: \$60

**Girl's BB**— Division I  
 Division II

Grades 4 & 5  
 Grades 6-8

**Boy's BB**— Division I  
 Division II

Grades 4 & 5  
 Grades 6-8

\*This is for the Winter Season. It will start the week of December 4th\*



MASTER SUE-ZEN'S DOJO

### Children's Martial Arts & Personal Safety

~held at Recreation Center & runs for 8 wks.~

Ages: 4-10yrs.

Date: Fri. Sept. 29th

Time: 4:30-5:30

Cost: \$100

We will teach your children the warning signs and threats to their safety, how to set boundaries, understand verbal abuse, keep a safe distance and avoid or escape an attacker. We also teach traditional Martial Arts basics. Classes are fun, educational and age appropriate.

\*Each student will receive a uniform and a belt\*



### Panther Basketball Academy

~this program will be run @ Memorial Middle School~



Grades 1-4 Boys & Girls Mon. & Wed. 10/2/17—10/30/17 (no class 10/9) Time: **6-7pm** Cost: \$110

Grades 5-8 Boys & Girls Mon. & Wed. 10/2/17 -10/30/17 (no class 10/9) Time: **7-8:30pm** Cost: \$160

Footwork, finishing, passing, shooting and dribbling drills will be implemented to help each player improve their basketball skill level. We also hope to develop a passion for the game of basketball! Whether you are advanced or a beginner, each one of these workouts will help you to expand your individual game.



### NEW Intro to Stand Up Paddleboarding

~Held at Riverfront Park/Manasquan River~



Date: Sat. 9/30/17 OR Sat. 10/7/17

Time: 10am-12:30pm

Cost: \$85

This class is **for ages 12 and over**. This intro "flat water" class on the Manasquan River will take place on both the land and in the water. Our main objective to teach you the basics and get you up & paddling in no time. We will go over SUP safety, regulations & etiquette, board & paddle selection & sizing, proper paddling & stroke technique. Most importantly you'll have lots of fun! Our instructors are World Paddle Assoc. certified & have multiple years of both flat-water & ocean SUP experience. You can bring your own equipment if available otherwise we will provide all boards, paddles & safety equipment.

### Yoga Classes

~held at Shore Point Yoga 2811 Bridge Ave. PP~



**Kids Yoga** Ages: 5-8yrs.

Date: Thurs. 10/5-11/30

Time: 4:00-4:45pm

Cost: \$90

Cooperative games, theme activities, storytelling, music & art engage the natural energy & enthusiasm of the 5-8yr. old child. Classes explore yoga poses, breathing exercises, visual imagery & relaxation techniques while conveying lessons in self-expression, body image, social skills, positive thinking & environmental awareness.

\*This class runs for 8 weeks\*

**Tween Yoga**

Ages: 9-12yrs.

Date: Thurs. 10/5-11/30

Time: 5:00-5:45pm

Cost: \$90

Kindling the maturing independence of 9-12 yr. olds, this class encourages a deeper sense of body awareness, self exploration & inter-personal skills. Alive with flowing sequences, balancing poses, breathing exercises & creative relaxation techniques, children are sure to relish in themselves. \*This class runs for 8 weeks\*

**Adult Yoga**

Ages: 16+yrs.

Date: (**choose one**) Mon.10/2 (Hatha) 6:30pm

Cost: \$90

Wed.10/4 (Vinyasa) 9:30am OR Wed. 10/4 (Hatha) 6:00pm

This class is for all levels as modifications are always presented. Typically poses are held for 8-10 breathes & there are no flows between the poses. This class is a good start for the beginner or someone new to a consistent practice. \*This class runs for 8 weeks\*

**Adult Chair Yoga**

Ages: 16yrs.+

Date: Wed. 10/4-11/8

Time: 11:00am-12:00pm

Cost: \$70

Chair Yoga provides the same benefits of traditional yoga with the support of a chair. If you are concerned with getting down on the floor, maintaining balance or if you have suffered from injuries or chronic conditions, this class is perfect for you. It is also ideal for people who work in cubicles or travel frequently. This class will increase strength, flexibility, range of motion & reduce stress. \*This class runs for 6 weeks\*

### PEDIATRIC HEART-SAVER CPR CLASS

Date: Wed. Oct. 11, 2017

Time: 7-10pm (approx. 3 hrs.)

Cost: \$35

Location: Rec Center



This class is designed for those who are required by work, school, community activities, etc. Mom, Dad & even the adult babysitter may want to take this class. Everyone will receive a Pediatric CPR card in the mail after the class is completed.

**ADULT ACTIVITIES**

| Activity | Age         | Day  | Start Date | Time  | Length | Fee   |
|----------|-------------|------|------------|-------|--------|-------|
| Tennis   | Ad. Begin.  | Tues | Oct. 3rd   | 7-8pm | 7 wks. | \$45- |
| Tennis   | Ad. Interm. | Wed. | Oct. 4th   | 7-8pm | 7 wks. | \$45- |

\*You will need your own tennis racket



**Tai Chi Fusion w/ Jennifer**

~Held at Rec Center & runs for 6 weeks~



Tai Chi is an ancient Chinese system of exercise & martial art which dates back over 3,000+ yrs. You will learn basic Tai Chi postures, Qi Gong exercises, breathing techniques, meditation & self care tips. Some of the benefits of Tai Chi include: improving your balance, tone & strengthen your body, increase your flexibility, calm your nervous system, create greater mindfulness & increase your energy & stamina. \*Please arrive 15 minutes early for the first class. Wear comfortable clothes, bring water to drink & a towel.

**Date:** Mon. Sept.25, 2017      **Time:** 6:00-7:00pm      **Ages:** 16+yrs.      **Cost:** \$95

**NEW Accupressure and Self-Massage for Health**

~held at the Rec Center & is a 2 hr. class~

**Date:** Thur. Oct. 5, 2017      **Ages:** 15yrs.+      **Time:** 6:00-8:00pm      **Cost:** \$55

Health is not merely an absence of disease, health is a positive state of creative self-expression & feelings of joy, vitality & inner peace. Join this wonderful workshop in the ancient art of self-care massage that will help heal, tone, & prevent illness. This class will teach you simple & easy to learn massage techniques that you can perform on yourself to help relieve the symptoms of common ailments such as sinus congestion, headaches, general aches & pains, digestion & elimination problems, low energy, & stress. Discover additional ways you can improve your overall health & well being through breathe & meditation practices.



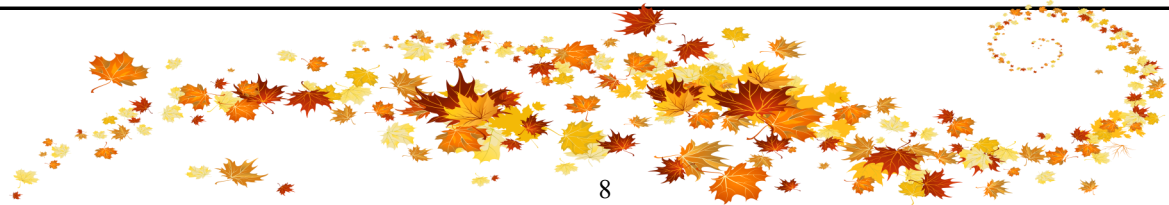
**NEW ZUMBA CLASSES**

~Held at the Rec Center & runs for 10 weeks~

**Date:** Wed. 10/4/17      **Ages:** 16yrs.+      **Time:** 7:45-8:45pm

**Cost:** 5 classes-\$60 / 10 classes-\$100

A total workout, combining all elements of fitness—cardio, muscle conditioning, balance & flexibil-



**Dance Classes**

~held at Shore Dance Center 632 Ocean Rd.- Classes run for 6 weeks~  
~ALL CLASSES ARE DROP OFF, PARENTS DO NOT STAY~



- Grown Up & Me**    **Age:** 20mths-3yrs.    **Time:** 9:30-10:15am    **Date:** Tues. 10/3/17    **Cost:** \$50  
One adult w/child(ren) as space is limited. \*\*Girls- leotard, tights and ballet shoes/Boys- sweatpants and t- shirt
- Hip Hop**    **Age:** 5-8yrs.    **Time:** 4:30-5:15pm    **Date:** Tues. 10/3/17    **Cost:** \$50  
\*\*wear anything comfortable-tee shirts, shorts, sweatpants.No jeans. Wear sneakers\*\*
- PS Ballet**    **Age:** 3-4yrs.    **Time:** 9:30-10:15am    **Date:** Sat. 10/7/17    **Cost:** \$50  
\*\*Leotard/tights and ballet shoes\*\*

**STEM+ Academy**  
*Where learning meets the future.*

~Held at STEM+ Academy 529 Bay Ave. PPB & runs for 4 weeks~

- 3D Video Game Making–** **Grades:** 1-8    **Date:** Tues.9/26-10/17    **Time:** 4:30-5:30pm    **Cost:** \$50  
This program lets students become producers as well as consumers of these widely played games. Students are introduced to the basics of game development while learning to use Kodu gamemaking software. For beginner & returning students. Children who have taken the intro course will proceed to the next level.
- Minecraft Madness-** **Grades:** K-8    **Date:** Tues. 9/26-10/17    **Time:** 5:30-6:30pm    **Cost:** \$50  
Students join our networked server to accomplish different tasks, challenges & quests in varying Minecraft worlds chosen for their educational value. Children do not need a Minecraft account to participate in the class.



**Childhood Meditation Classes**

~classes will run for 6 wks. @ the Rec Center~



Studies have shown that children who meditate gain many rewards. Some of the many benefits include: cultivating intellect & creativity, strengthening academic skills, assisting brain development, reducing stress, nurturing your imagination, providing grounding & peace, improving sports performance & promoting inner peace into adulthood. \*you may bring your own yoga mat that is optional\*

**Date:** Mon.10/2-11/13/17    **Age:** 5-9yrs.    **Time:** 4:30-5:15pm    **Cost:** \$80  
**Age:** 10+yrs.    **Time:** 5:30-6:15pm    **Cost:** \$80



**NEW Wish Upon A Jar**

~Held at Wish Upon a Jar, 3128 Bridge Ave. PP~

- Fun Painting Techniques-** 5-7yrs. Mon.10/2 5:30-7pm / 8-12yrs. Wed. 10/4 6-7:30pm    **Cost:** \$100  
Participants will learn 4 pottery painting techniques (marbling, bubbling, taping & dripping) while creating a set of individual, one of a kind dishware for themselves. Each participant will also create a figurine of their choice & a monogram canvas. \*this class runs for 6 weeks\*
- Monogrammed Platter-** **Ages:** 16 yrs.+    **Thurs.** 10/5    **6:00-8:00pm**    **Cost:** \$70  
In this **2 hour class** you will create a monogrammed fall leaf platter using our specialty glazes. Instruction will include layering of glazes & creating the stencil for the monogram.



