



POINT PLEASANT RECREATION



FALL SCHEDULE 2019





Mayor Sabosik, Council President Thulen along with Council members Wisniewski, DePaola, Furrato, Snyder & Borowsky are pleased to announce the Point Pleasant Recreation's 2019 Fall Schedule of programs.



Mayor Sabosik



**Council President
Thulen**



**Councilwoman
DePaola**



**Councilwoman
Snyder**



**Councilman
Wisniewski**



**Councilman
Furrato**



**Councilman
Borowsky**

RULES AND REGULATIONS FOR RIVERFRONT PAVILION 2019

All pavilion reservations for groups from 10-100 people are taken on a first come, first serve basis. Over 100 please contact office prior to application submission. Applications and payments must be submitted at least three weeks before your requested date.

No refunds will be given on Pavilion reservations. Dates are non-transferable. If the weather is poor, the event may be rescheduled through the recreation department for a different available day. A rain date cannot be reserved prior unless you make payment for both dates.

Payment fee is for a 4-hour time block. 9AM-1PM, 1PM-5PM, 5PM-9PM. Times can vary and need to be coordinated at the time of request.

Prohibited Items

- Poles, stakes, holes, tents, tarps or any shelters in the ground. Carnival equipment, including moon bounces, inflatable-slides, etc. (This type of equipment is only allowable to borough organizations who specify this on their application. Sand bags are allowed.)
- Propane grills, wood fires, bonfires.
- Any type of tape is prohibited from being used. Do not tape to anything in the park.

Patrons Responsibility

- Charcoal for grilling. Please do not dispose of embers in the tree areas or trash under any circumstances. Make sure that all fires are extinguished before leaving the park.
- If applicable, outside caterers must meet all Health Department and Fire codes guidelines.
- Clean up of all trash and use of proper containers. Garbage cannot be left overflowing from cans. Carry in, carry out. You must remove everything you brought in, including trash.
- Groups must obtain a Certificate of Insurance when over 100 people and must be presented with application to be considered.
- Application will have to go before the Borough Council when applicable.
- Any damage to park, property or disregard of park rules and regulations will result in denial of future reservations.

Link to application for Riverfront Pavilion use:
<https://ptboro.com/wp-content/uploads/2019/01/Riverfront-2019.pdf>



REGISTRATION INFORMATION

POLICY- Residents of POINT PLEASANT BOROUGH can register beginning Tuesday, Sept. 10, 2019 at 9am. Non residents can register the following week. (Sept. 17, 2019) **Registration is available online via the Community Pass online registration system.** If you have not already done so, please go to: <https://register.capturepoint.com/PointPleasantBorough> to create your family online account. After that you can register for programs and pay online. **Payments can be made by credit or debit cards online. *DO NOT USE A CELL PHONE TO REGISTER, IT'S NOT COMPATIBLE WITH THE SOFTWARE*** Check payments can be made in person only, made payable to the Borough of Pt. Pleasant. ****A fee of \$20 will be charged for any checks that are returned to us**** The Recreation Department reserves the right to cancel classes due to low enrollment. The Recreation Department reserves the right to remove a program participant for disciplinary problems and/or violations of Recreation rules and policies. **Registration will close out at the end of the day on Tues. Sept. 24, 2019.** *Letter received by superintendent by Tues. Sept. 24, 2019 will be eligible for a refund minus \$10 cancellation fee. Otherwise there will be no refund. **Parents DO NOT stay during programs unless otherwise noted. Sneakers must be worn in gym for all programs unless otherwise noted.** ****Children in "drop off" classes must be FULLY toilet trained-(Fully toilet trained means NO diapers or pull ups)**** FOR MORE INFORMATION, CONTACT RECREATION CENTER AT: 732-892-5813.

<u>ACTIVITY</u>	<u>AGE</u>	<u>DAY</u>	<u>PRE-SCHOOL START</u>	<u>TIME</u>	<u>LENGTH</u>	<u>FEE</u>
KINDERSCHOOL	4-5	M-W-F	Sept.16th	8:30-2:00	36WKS	\$2475
KINDERSCHOOL	4-5	M-W-F	Sept.16th	9:00-2:30	36WKS	\$2475
KINDERSCHOOL	4-5	TU/THR	Sept.17th	11:15-3:15	36WKS	\$1200
LITTLE LEARNERS	3-4	TU/THR	Sept.17th	8:00-11:00	36WKS	\$900
LITTLE LEARNERS	3-4	TU/THR	Sept.17th	8:45-11:45	36WKS	\$900
LITTLE LEARNERS	3-4	TU/THR	Sept.17th	12:00-3:00	36WKS	\$900

Registration secures a child's spot in the program for the entire year, pending prompt payment of the monthly PS fees which are broken into 10 monthly payments due on the FIRST of each month. First payment is due at sign up in March then monthly payments start on June 1st through February 1st. **PROOF OF RESIDENCY AND BIRTH CERTIFICATES WILL BE REQUIRED.** **Registration for the above classes were held in March 2019.** Contact 892-5813 to see if openings still exist. ***All deposits are non-refundable***

PRE-SCHOOL ACTIVITIES

Parenting Playdate-1 child	1-4yrs.	Tues.	Oct. 1st	9-10am	10wks.	\$40♥
Parenting Playdate/family-up to 3 children. Addtl. @ \$35ea.	1-4yrs.	Tues.	Oct. 1st	9-10am	10wks.	\$50♥
Tiny Tots	18mths-3yrs	Tues.	Oct. 1st	10-11am	10 wks.	\$40♥
Tiny Tots	18mths.-3yrs	Tues.	Oct. 1st	11am-12pm	10 wks.	\$40♥
Gym w/Mom	2 1/2- 3yrs.	Wed.	Oct. 2nd	9-10am	10 wks.	\$40♥
Gymnastics	4yrs.	Wed.	Oct. 2nd	10-11am	10 wks.	\$40
Kids Fitness & Games	3 1/2 -4yrs.	Wed.	Oct. 2nd	11am-12pm	10 wks.	\$40
Gymnastics	4yrs.	Thur.	Oct. 3rd	9-10am	10wks.	\$40
Kindersports	4-5yrs.	Thur.	Oct. 3rd	1-2pm	10wks.	\$40
Kindersports	4-5yrs.	Thur.	Oct. 3rd	2-3pm	10wks.	\$40
Story & Craft	2yrs.	Thur.	Oct. 3rd	10:30-11:30	10wks.	\$40♥
Story & Craft	3yrs.	Thur.	Oct. 3rd	11:30-12:30	10wks.	\$40♥

♥Denotes programs which require a parent to attend with the child. ****NO older or younger siblings permitted, UNLESS they are age appropriate & have also been registered** NO EXCEPTIONS.**

YOUTH ACTIVITIES

ACTIVITY	AGE	DAY	START DATE	TIME	LENGTH	FEE
Biddy Basketball	Gr.1-2	Wed.	Oct. 9th	5:15-6:15pm	10 wks.	\$50
Biddy Basketball	Gr.1-2	Wed.	Oct. 9th	6:15-7:15pm	10 wks.	\$50
Biddy Basketball	Gr. 3	Wed.	Oct. 9th	7:15-8:15pm	10 wks.	\$50
Agility Adventures	5&6 yrs.	Thur.	Oct. 3rd	4:30-5:30pm	10 wks.	\$50
Agility Adventures	7&8yrs.	Thur.	Oct. 3rd	5:30-6:30pm	10 wks.	\$50

✓Children may participate in Biddy Basketball until the 3rd grade. ~Parents DO NOT stay unless other wise noted~

Tennis **You will need your own tennis racket**

Tennis	6 & 7 yrs.	Tues.	Oct. 1st	5-6pm	6 wks.	\$45*
Tennis	8 & 9yrs.	Tues.	Oct. 1st	6-7pm	6 wks.	\$45*
Tennis	6 & 7yrs.	Wed.	Oct.2nd	5-6pm	6 wks.	\$45*
Tennis	10-12yrs.	Wed.	Oct. 2nd	6-7pm	6 wks.	\$45*
Tennis	6 & 7yrs.	Thur.	Oct. 3rd	5-6pm	6 wks.	\$45*
Tennis	8 & 9yrs.	Thur.	Oct. 3rd	6-7pm	6 wks.	\$45*
Tennis	6 & 7yrs.	Fri.	Oct. 4th	5-6pm	6wks.	\$45*
Tennis	10-12yrs.	Fri.	Oct. 4th	6-7pm	6wks.	\$45*
Tennis	6 & 7yrs.	Sat.	Oct. 5th	8-9am	6wks.	\$45*
Tennis	13-16yrs.	Sat.	Oct. 5th	9-10am	6wks.	\$45*

STEM+ Academy

~Held at STEM+ Academy 529 Bay Ave., PPBeach ~

October Classes

3D Video Gamemaker Grades:3-8 Date: Tues.10/8-10/29 Time: 4:30-5:30pm Cost: \$60

Students are introduced to the basic of game development while learning to use Kodu gamemaking software.

LEGO Robotics Musical Bots Grades:K-8 Date: Thur. 10/10-10/31 Time: 4:30-5:30pm Cost: \$60

Children will build & program robots & play their creations like a rock star!

Minecraft Madness, Volcano Island Grades:K-8 Date: Fri. 10/11-11/1 Time: 4:30-5:30pm Cost: \$50

Students learn to think strategically & to work together to accomplish their goals in our networked server.

November Classes

Making Video Games w/ Scratch Grades:3-8 Date: Tues. 11/5-12/3(NO class 11/26) Time: 4:30-5:30pm Cost: \$60

Students use the Scratch programming language to learn the basics of computational thinking & video game development which they will then use to make fun games they can share w/friends.

LEGO Robotics Tug-of-War Grades: K-8 Date: Thur. 11/7-12/5(NO class 11/28) Time: 4:30-5:30pm Cost: \$60

Kids will build & program robots for the tug-of-war challenge. The competition involves each team's robot pulling its opponent over the middle line.

Minecraft Madness Shipwrecked Grades: K-8 Date: Fri. 11/8-12/6(NO class 11/29) Time:4:30-5:30pm Cost: \$50

Students learn to think strategically & to work together to accomplish their goals in our networked server.

Competitive Chess Team

Grades: 3-8 **Date:** Tues. 10/8-11/12 **Time:** 5:30-7:00 **Cost:** \$235

Our Chess Competition Team is designed specifically for students who are looking to take their chess game to the next level. Team members learn & practice more advanced skills, tactics, & strategies. Children will participate in one quad tournament sponsored by the Academy & one travel tournament at the end of the semester. Registration fee covers quad tournament but NOT the travel tournament.



2019 / 2020 Winter Youth Basketball League

~Games will run for 10 weeks @ Ocean Road School~



Grades 4-8
Girls BB- Division I
 Division II

Cost: \$70
Grades: 4 & 5
Grades: 6-8

Boys BB- Division I
 Division II

Grades: 4 & 5
Grades: 6-8

This is for the Winter season. It will start the week of December 2nd
~SPONSORS & COACHES NEEDED~



Young Rembrandts

~Held at the Rec Center and run for 8 weeks~

PS Drawing- Ages: 3 1/2-5yrs. Date: Tues. 10/1-11/26 Time: 5-5:45pm Cost: \$118
Encourage your preschooler's enthusiasm for art! Young Rembrandts brings new Fall drawing lessons that will introduce your budding artist to a world of color and illustration with an airplane that takes them to new heights, a delicious ice cream sundae & a fun & friendly lion. These are just a few of the many creative lessons our students will learn.

Elementary Drawing- Ages: 6-12yrs. Date: Tues. 10/1-11/26 Time: 6-7pm Cost: \$118
Back to school is in full swing! Young Rembrandts brings art and drawing lessons that cover the wonderful world of color, pattern & design. Students will strengthen their art skills as they detail a gumball machine, travel back in time to illustrate an Egyptian headdress and create a colorful scene that celebrates the fall season. All this and more await your child in our fun and creative class.

Cartoon Drawing- Ages: 8-12 Date: Tues. 10/1-11/26 Time: 7-8pm Cost: \$118
Does your child have a great sense of humor to compliment their artistic skills? If so, your child will enjoy a Young Rembrandts Cartoon class. We'll get the fun started with lively animals, everyday objects & goofy characters that are all brought to life as students learn to illustrate, personify and exaggerate with cartoon drawing. Creativity and imagination will happen every week!



Skateboarding Classes

~Held at Skate Park on Rt. 88, Pt. Pleasant~



Activity	Ages	Day	Start Date	Time	Length	Fee
Beginners	5-8yrs.	Saturday	9/28/19	8-9am	7 wks.	\$85
Intermediates	5-8yrs.	Saturday	9/28/19	9-10am	7 wks.	\$85
Intermediates	9-14yrs.	Saturday	9/28/19	10-11am	7 wks.	\$85
Advanced	5-14yrs.	Saturday	9/28/19	11am-12pm	7 wks.	\$85
Beginners	5-8yrs.	Sunday	9/29/19	8-9am	7 wks.	\$85
Intermediates	5-8yrs.	Sunday	9/29/19	9-10am	7 wks.	\$85
Beginners	9-14yrs.	Sunday	9/29/19	10-11am	7 wks.	\$85
Advanced	5-14yrs.	Sunday	9/29/19	11am-12pm	7 wks.	\$85

Helmets and wrist guards are required
~The maximum number of participants in each class is 10~



NEW Art Play and Make

~Held at Riverside Art Studio, 529B Bay Ave. PPBeach~
This class runs for 6 wks.

Date:(pick one or all 3) Wed. 10/2-11/6 11am-12pm **Cost:** \$130 **Ages:** 18mths-4yrs.
Thur.10/3-11/7 10am-11am **Cost:** \$130
Fri. 10/4-11/8 10am-11am **Cost:** \$130

Do you want your kids to experience working with paint, glue & glitter but don't want to deal with the mess? Then Art Play and Make is for you! We love providing little ones with a rich, artistic experience in a beautiful environment and we'll clean up all the mess! Toddlers & preschoolers will be able to experiment with all different kinds of art materials, processes & sensory based play. This is an open ended, process based art experience which means that the act of art making is emphasized more than the finished product. Children at this age learn by doing, playing & experimenting. You or a guardian will be working alongside your children, cheering them on as they develop their fine motor skills, practice decision making & socialize with other children. Your budding artists will move freely throughout the studio working at their own pace at a number of creative art stations & sensory activities. ****A parent/guardian is required to attend with child****



Mindfulness and Meditation for Children

~Classes will run for 6 weeks @ the Rec Center in classroom 2. Enter thru door by tennis courts~



Children will learn various techniques that help to reduce anxiety, cultivate imagination, gain confidence and promote inner peace. All classes include a warm up activity or story, a short guided meditation, class discussion and finish with an art activity to help reinforce what they have learned. No previous experience is necessary.

Date: Mon. Sept. 30, 2019 **Cost:** \$80
Ages: 6-11yrs. **Time:** 4:30-5:15pm **Ages:** 12+yrs. **Time:** 5:30-6:15pm

you may want to bring your own yoga mat-that is optional



Kid's & Tween's Yoga

~Held at the Rec Center. Classes run for 8 wks.~

Kids Yoga **Ages:** 5-8yrs. **Date:** Tues. Oct.1-Nov.26, 2019 **Time:** 4:30-5:15pm
Cost: \$100



Kids Yoga classes with Sarah Stevenson, registered Children's Yoga Teacher & founder of Mindful Educational Services are a fun & creative way for your child to learn to explore self. Children's Yoga builds a sense of body awareness, concentration, increased confidence & gives a variety of tools to manage stress with breathing techniques. With stories & games in a non competitive environment, children will learn the wonder that is yoga.

Tween Yoga **Ages:** 9-12yrs. **Date:** Tues. Oct.1-Nov. 19, 2019 **Time:** 5:30-6:15pm **Cost:** \$100
Life is busy & it is easy to feel overloaded & anxious at times! Tween Yoga is designed to teach tweens to make time for themselves. Join children's yoga teacher & founder of Mindful Educational Services, Sarah Stevenson as she instructs yoga poses that build strength, flexibility, encourages exploration of self & supports a healthy nervous system. Your child will come home feeling a deeper sense of confidence, the ability to better self regulate & an overall feeling of ease & peace.



Jr. Wrestling

~Held at High School Auxiliary Gym~

This program is instructional and gives your child a chance to see if they really like the sport of wrestling. It's a great way to start out before moving on to tournaments & wrestling clubs. This program is strictly non-competitive.



~Headgear is required~
Grades: K-2 Days: Tues./Thur. Starts: 12/3-2/13/20 Time: 6-7pm Cost: \$60
Grades: 3-5 Days:Tues./Thur. Starts: 12/3-2/13/20 Time: 7-8pm Cost: \$60



Microsoccer

~Held at the Rec Center and runs for 6 weeks~
Cost: \$50



Date: Mon. 9/30- 11/18
Date: Mon. 9/30- 11/18
Date: Mon. 9/30-11/18

Time: 4:00-5:00pm
Time: 5:00-6:00pm
Time: 6:00-7:00pm

Ages: 4-5yrs.
Ages: 6-7yrs.
Ages: 6-7yrs.

~This class is a DROP OFF, parents DO NOT stay~



One Day Soccer Camp

~Held at Community Park~
(Schools are closed on this day)

Date: Fri. 10/11/19

Time: 9am-3pm

Cost: \$55

JSA's Soccer Camp is full of fun soccer challenges for children between 7-14yrs. of age and of all abilities. Children will thrive in the fun atmosphere and learn new skills throughout the day. The camp is designed to improve the technical side of each child's game through a variety of fun games and drills, culminating in scrimmages at the end of the day to test the player's new skills. **The children will have a lunch break so please send them with a packed lunch and drinks. Depending on the weather, you may want to include a few extra drinks.**

Mindful Educational Services with Sarah

~held at the Rec Center and runs for 8 weeks~



Mommy & Me Yoga **Ages:** 6wks.-17mths. **Date:** Fri. 10/4/19 **Time:** 9-9:40am **Cost:** \$100

Join Sarah Stevenson, registered Children's Yoga Teacher & CEO of Mindful Educational Services, LLC as she leads you & your new bundle of joy through a yoga class together. Moms can practice in a safe environment feeling comfortable caring for baby with other moms. Come to the mat, connect with your baby and leave feeling refreshed, renewed & restored. Yoga mats will be provided if you do not have one.

Toddler Time Yoga **Ages:** 18mths-2yrs. (w/caregiver) **Date:** Fri. 10/4/19 **Time:** 10-10:40am **Cost:** \$100
Sarah will lead your little one through story, song, imaginative play as he/she practices & experiences the joy of yoga. Yoga mats will be provided if you do not have one.

Preschool Yoga **Ages:** 3-4yrs. (w/caregiver) **Date:** Fri. Oct. 4, 2019 **Time:** 11-11:40am **Cost:** \$100
Sarah will lead your little one through story, song, imaginative play as he/she practices & experiences the joy of yoga. Yoga mats will be provided if you do not have one.



BOOT CAMP CLASSES

~held @ Shore Point Fitness, 626 Ocean Rd., PP~

Kids Boot Camp

Ages: 9-12yrs.

Date: Wed.10/2-11/20/19

Time: 5:15-6pm

Cost: \$50

This class will run for **8 wks.** We will do workouts using body weight such as jumping jacks, jump rope, squat thrusts & walking lunges. We will also be using some basic equipment like resistance bands, battling ropes & medicine balls. Each week we will have a new "challenge".

Teen Boot Camp

Ages: 13-17yrs.

Date: Mon.,Tues.,Thur. starting 9/30-10/24/19

Time: 5:15-6pm

Cost: \$50

This 45 minute class runs **3X a week for 4 wks.** We do workouts using body weight such as jumping jacks, jump rope, squat thrusts and walking lunges. We will also be using some basic equipment like resistance bands, battling ropes and medicine balls. We will be sure to get the feet moving and the heart pumping. Participants have unlimited access to all of the classes on the gym schedule for the 4 weeks. You can come to all classes offered.



Basketball Skill Development

~Held at Nellie Bennett School in gym & runs for 8 wks.~

Date: Mon. Sept.30 **Grades:**5th-8th **Time:**6-7pm **OR** 7-8pm (boy & girls) **Cost:** \$50

Basketball season is quickly approaching. Recreation, Travel, and School teams will begin their selection processes as Fall ends. Carl Jordan Personal Training will be conducting a "Preseason Prep" program for boys and girls grades 5 - 8. Our goals will be to improve your overall conditioning, ball handling, shooting, scoring, footwork, and basketball IQ. These 1 hour training sessions will be very competitive and challenging. Players that are committed to improving their skills are going to want to enroll in this class!



Clay Hand building

~held at the Pt. Borough High School Room A-11, Rear Entrance #20~

Date: Wed. 10/2-11/20/19 **Ages:** 8-12 **Time:** 5-6:30PM
Cost: \$155 **Ages:** 13-16 **Time:** 7-8:30PM

Experiment with a variety of hand building and sculpting techniques. Create functional and sculptural pottery such as bowls, mugs, masks and jack-o-lanterns. This class runs for 8 wks.



Fall Lacrosse Clinic

~Held at Pt. Borough High School Varsity Softball Field~

Date: Sun. 9/29-10/27/19 **Time:** 9-10am **Grades:** K-5 **Cost:** \$110

This clinic will be run by the Pt. Pleasant Borough High School Lacrosse coaches. The clinic is for both boys and girls. Sticks will be provided if you don't have your own.



Children's Martial Arts & Personal Safety

~Held at the Rec Center & runs for 8 wks.~

Ages: 4-10 yrs. **Date:** Fri. Oct. 4 **Time:** 4:30-5:30pm **Cost:** \$100



Your child will learn some self defense tactics & techniques that will enable them to help avoid conflict & recognize danger. They will learn about personal space & keeping distance. They will also learn some blocks, strikes & more in a friendly, safe environment. *Each student will receive a uniform and a belt*



G-Funk's Friday Night Fit Club

~held at Pt. Pleasant Rec Center~

Need a night out? Drop off your kids to one or more of these exciting nights full of fun !! We bring the fitness fun to kids. There will be fitness games and activities which focus on respect, teamwork and effort. We'll have age appropriate structured sports, music and FUN !! Bring the energy, we guarantee to tire them out !!

Ages: 5-10yrs. **Time:** 6-8pm **Cost:** \$30 per night

Dates (chose one or more):Friday 10/25, 11/1, 11/8, 11/15, 11/22, 12/6, 12/13

Please have your child wear appropriate clothing & sneakers & bring a water bottle

G-Funk's Drop and Shop

Need time to get your last minute shopping done? We have your perfect solution! Drop your kids off at our "Drop and Shop" event for 3 hours of fitness fun for the kids & stress free quiet time to prepare for the holidays! We'll have age appropriate structured sports, games, music & fun!

Ages: 5-10yrs. Old **Dates:** Black Friday 11/29, Sat. 12/21 (chose one or both)

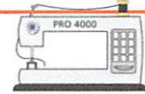
Time: 9am-12pm **Cost:** \$40 per day

Please have your child wear appropriate clothing & sneakers & bring a water bottle



NEW SEWING CLASSES

~held at Old Spool Sewing Studio 609 Higgins Ave.#3, Brielle~



Intro to Sewing. - Date: Sat.10/5 Time: 10am-12pm **OR** Sat. 10/12 Time: 10am-12pm
Ages: 8-12yrs. (Choose one class or both) Cost: \$60 per class.

This class is the prerequisite class for all other classes including new students for the "After School" class. In this beginner sewing class your child will become acquainted with a sewing machine, it's parts & how to use it! They will learn how to thread the machine, wind the bobbin & get sewing to create a cute little drawstring bag. We'll go over the basic lingo associated with sewing & prove that anyone can sew a straight seam. All materials are provided.

Old Spool After School For Kids- Date: Fri.10/25-12/6/19 Time: 4:15-5:30pm
Ages: 8-15yrs. Cost: \$175

In this class, children will learn sewing in a creative environment where they will learn all the basics as well as be challenged in problem solving & process. Each student will work through 2 projects in this **6 week course** & also learn how to cut, pin & sew their way to a final product that they can be proud of! Projects for beginners are a strip pieced, quilted pillow & an apron. Kids will experience all the different skills & techniques that sewing has to offer from garment making, bag making, quilting, crafts, applique, hand embroidery & whatever else may intrigue them! We're here to support their exploration of this new medium that is anything but "Old School" & foster a lifelong love of creating things with their hands.



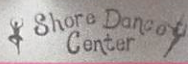
Panther Basketball Academy

~Held at Memorial Middle School & runs for 4 wks.~



Grades: 1-4 Boys & Girls Tues. & Thur. 10/1-10/24/19 Time: 6-7pm Cost: \$125
Grades: 5-8 Boys & Girls Tues. & Thur. 10/1-10/24/19 Time: 7-8:30pm Cost: \$175

The Panther Basketball Academy focuses on the fundamentals. Players that attend will receive expert instruction on shooting, passing, dribbling, footwork, and finishing. Players (boys & girls) of all levels can attend. The focus will be on helping each individual improve and take their game to the next level. We look forward to working with all of our athletes this fall.



Dance Classes

~Held at Shore Dance Center 632 Ocean Rd. PP- Classes run for 6 weeks~

PS Ballet Ages: 3-4yrs. Time: 9:30-10:15am Date: Tues. 10/1/19 Cost: \$50
wear leotards/tights, ballet shoes
Ballet/Tap Ages: 5-7yrs. Time: 3:45-4:30pm Date: Wed. 10/2/19 Cost: \$50
wear leotards/tights, ballet shoes & tap shoes

~ALL CLASSES ARE DROP OFF, PARENTS DO NOT STAY~

ADULT ACTIVITIES



BOOT CAMP CLASSES

~held @ Shore Point Fitness, 626 Ocean Rd., PP~

Adult Boot Camp Classes- Ages: 16+yrs. Starts: Mon. 9/30-10/25/19 Cost: \$55

Participants will experience an exciting hour of high intensity strength & cardio exercises designed to challenge strength & endurance while burning mega-calories. The workouts include Boot Camp, Kickboxing, HIIT classes, Kettlebells & Dynamax Medicine Ball classes. Participants are encouraged to take breaks when they need to while trying to keep their heart rate up. Options on every workout can be given to suit nearly anyone's fitness level. ***Participants have unlimited access to all of the classes on the gym schedule for the 4 weeks, see: <http://www.shorepointfitness.com> (Mon.-Sat.)***



Yoga in the Park

~Held at Riverfront Park, Maxson Ave. PP~

Date: Sunday, 9/29-11/3
Ages: 12yrs+

Time: 8:45-9:45am
Cost: \$80

Do you love yoga and the beauty of the outdoors? Come practice with Sarah Stevenson, Founder of Mindful Educational Services as she leads you through a one hour yoga practice open to all ability levels. Practice to the sound of water while feeling the morning sun and fresh air on your face. No prior experience necessary. Bring a mat or large towel and a water bottle. This class will run for 6 weeks.



PICKLEBALL

~Held at the Recreation Center~

Days: Mon./Thur.
Ages: 18yrs.+

~Starts Mon. 9/30/19~

Time: 7-9pm
Cost: \$15 season

Stop being a couch potato and come on out and play Pickleball on two indoor courts at the Recreation Center. It's great exercise and it's fun!! Beginners are especially welcome. Instruction and equipment will be provided if you don't have your own. Join us !!



STEM+ Academy

~Held at Stem+ Academy, 529 Bay Ave. PPB~

All **NEW, ADULT** workshops for developing your business online presence. Our series of Website Workshops are geared for small business owners (of all ages) who want to develop & manage their own business websites but have little or no technical knowledge or experience. The workshops are built around the use of WordPress to create your online business presence. Please visit our website for detailed information: <https://stemplusacademy.com/website-workshops-create-your-business-online-presence/>

Website Wkshp.1: Getting Started	Date: Fri. 10/18	Time: 6:30-7:30pm	Cost: \$99
Website Wkshp.2: First Pages	Date: Sat.10/19	Time: 1-4pm	Cost: \$297
Website Wkshp.3: E-Commerce	Date: Fri.10/25	Time: 6:30-8:30pm	Cost: \$198



Adult Yoga

~All classes held @ Peace Warrior Yoga 2809 Bridge Ave. PP~

Beginner Yoga

Ages: 13yrs.+ **Date:** Thur.10/3-11/21/19 **Time:** 7:15pm **Cost:** \$95

This class is open to beginner through intermediate yoga students. Poses are held for 5-8 breaths & the instructor will offer modifications & assist in order to enhance your personal practice. You will leave feeling a sense of calm, release & an overall sense of greater well-being. This is an 8 wk. class.

Holistic Approach to Stress Management

Ages: 13yrs+ **Date:** Wed.10/2-11/6/19 **Time:** 7:30pm **Cost:** \$95

Explore healthy alternatives for managing stress & anxiety by developing practices of mindfulness, meditation, yoga, sound healing & more. Schedule may vary based on instructor availability but all topics will be covered. **Week 1**– Yoga, **Week 2**– Meditation, **Week 3**–Tai Chi, **Week 4**–Reiki & the Chakras, **Week 5**– Sound Healing, **Week 6**– Aromatherapy

ADULT TENNIS & VOLLEYBALL

You will need your own tennis racket

Tennis	Adult Begin.	Tues.	Oct. 1st	7-8pm	6 weeks	\$45*
Tennis	Adult Interm.	Wed.	Oct. 2nd	7-8pm	6 weeks	\$45*
Volleyball/ CoEd	18yrs.+	Tues.	Oct. 1st	8:30-10:30pm	Season	N/C

PEDIATRIC HEART SAVER CPR CLASS

Date: Wed. Oct. 2, 2019
Cost: \$30

Ages: 16yrs.+

Time: 7:00-10:00pm
Location: Rec Center Classroom 1



This class is designed for Mom, Dad & even the babysitter and for those that are required to be certified by work, school, community activities, etc. We will go over cardiopulmonary resuscitation for infants (ages: new-born-1yr.) & children (ages: 2-12yrs.) Choking procedures for both conscious & unconscious children & infants and rescue breathing for both children & infants. A two year course completion certificate will be issued to all those who successfully complete the class.



Borough of Pt. Pleasant & St. Martha's Senior Beehive announce Senior programs
~held at St. Martha's Church 3800 Herbertsville Rd. Pt. Pleasant, NJ~



Come out and join with friends to participate in various fun-filled activities & senior programs. These activities & programs will be held on Tuesdays, Wednesdays & Thursdays from 9am-3pm.

Tuesdays-cards, socialization & mahjong. Gentle Stretching 10-11am. No charge.

Oct.15- Flu Shots 12 to 2pm

Wednesdays- Gentle Stretching class 10-11am, no charge, Ceramics class 12:30-2pm \$5 per person-Call for schedule. Cards, socialization & mahjong. **Sept. 18, 11:30-Picnic at Riverfront Park, \$10 includes pizza.**

Thursdays- Senior Fitness class 10-11am, no charge. Cards, socialization, mahjong and at 12pm- knitting.

Call Kathy Ruane for more information & about referral services available for seniors- (732-810-5890)



Casino Bus Trip to Resorts, Atlantic City
~Bus departs from St. Martha's at 9am /returns approx. 6pm~

Date: Wed. 9/25/19

Cost: \$63pp



Ride with us to exciting Atlantic City! The cost includes \$25 in slot play, transportation, the bus driver's gratuity and a \$20 lunch voucher. Resorts Casino Hotel is all about having fun. Resorts is home to the famous Jimmy Buffett's Margaritaville restaurant, Land Shark Bar & Grill - Atlantic City's only year-round beach bar, retail shops, new casino gaming and gourmet dining favorites - Capriccio & Gallagher's Steakhouse.

Space is limited so please sign up with Kathy or Aimee at the Beehive. Call 732-810-5890 or register using your Community Pass account at www.ptboro.com/recreation

SPECIAL EVENTS & ACTIVITIES

HAUNTS IN THE PARK

~Held at Community Park~

Date: Fri. 10/25/19

Cost: 5-6pm "G" rated walk- No charge

6pm Guided walk- **tickets required:** \$3 per person (children & adults)

Time: 5pm* & 6pm—**Ticket sales END at 9pm**

*5pm—6pm will be our "G" rated walk through on the Haunted Trail for younger children & parents. (the creatures of the night don't wake until 6pm)

At 6pm the Haunted Trail comes "ALIVE" for all the daring souls!

Enter our haunted trail through the twisted, gnarled old trees that provide shelter for those that lie waiting for you. Watch your backs as well as your front and sides because you never know which way the scares may come from! See if you can squeeze past all the ghosties, ghoulies & long legged beasties without letting out a scream or two or three!! **The "ALIVE" version of the Haunted Trail may not be appropriate for the very young**.

If you'd just like to have some Halloween fun without all the ghoulish scares, we'll have a DJ playing Halloween tunes to get all the little goblins dancing and there will also be food trucks. It'll be a very "Ghoul" evening!

