

A decorative border surrounds the central text and image. It features several colorful butterflies in shades of pink, orange, and green, connected by a series of dotted lines that form a rectangular frame with rounded corners.

POINT PLEASANT



SPRING SCHEDULE
2020



Mayor Sabosik, Council President Snyder along with Council members Wisniewski, DePaola, Furrato, Archer & Borowsky are pleased to announce the Point Pleasant Recreation's 2020 Spring schedule of programs.



Mayor Sabosik



**Council President
Snyder**



**Councilwoman
DePaola**



**Councilwoman
Archer**



**Councilman
Wisniewski**



**Councilman
Furrato**



**Councilman
Borowsky**

RULES AND REGULATIONS FOR RIVERFRONT PAVILION 2020

All Pavilion reservations for groups from 10-100 people are taken on a first come, first serve basis. Over 100 please contact office prior to application submission. Applications and payments must be submitted at least three weeks before your requested date.

No refunds will be given on Pavilion reservations. Dates are non-transferable. If the weather is poor, the event may be rescheduled through the recreation department for a different available day. A rain date cannot be reserved prior unless you make payment for both dates.

Payment fee is for a 4-hour time block. 9AM-1PM, 1PM-5PM, 5PM-9PM. Times can vary and need to be coordinated at the time of request.

Prohibited Items

- Poles, stakes, holes, tents, tarps or any shelters in the ground. Carnival equipment, including moon bounces, Inflatable-slides, etc. (This type of equipment is only allowable to borough organizations who specify this on their application. Sand bags are allowed.)
- Propane grills, wood fires, bonfires.
- Any type of tape is prohibited from being used. Do not tape to anything in the park.

Patrons Responsibility

- Charcoal for grilling. Please do not dispose of embers in the tree areas or trash under any circumstances. Make sure that all fires are extinguished before leaving the park.
- If applicable, outside caterers must meet all Health Department and Fire codes guidelines.
- Clean up of all trash and use of proper containers. Garbage cannot be left overflowing from cans. Carry in, carry out. You must remove everything you brought in, including trash.
- Groups must obtain a Certificate of Insurance when over 100 people and must be presented with application to be considered.
- Application will have to go before the Borough Council when applicable.
- Any damage to park, property or disregard of park rules and regulations will result in denial of future reservations.

Link to application for Riverfront Pavilion use:

<https://ptboro.com/wp-content/uploads/2020/01/Riverfront-Pavilion-Application-2020.pdf>



REGISTRATION INFORMATION

POLICY- Residents of POINT PLEASANT BOROUGH can register beginning Wednesday, March 4, 2020 at 9am. Non residents can register the week after that. (March 11, 2020) Registration is available online via the Community Pass online registration system. If you have not already done so, please go to: <https://register.capturepoint.com/PointPleasantBorough> to create your family online account. After that you can register for programs and pay online. Payments can be made by credit or debit cards online. Check payments can be made in person only, made payable to the Borough of Pt. Pleasant. ****A fee of \$20 will be charged for any checks that are returned to us**** The Recreation Department reserves the right to cancel classes due to low enrollment. The Recreation Department reserves the right to remove a program participant for disciplinary problems and/or violations of Recreation rules and policies. **Registration will close out at the end of the day on Friday, March 20, 2020. *NO REFUNDS ON TRIPS or SPECIAL EVENTS *** Letter received by Superintendent by Friday, March 20, 2020 will be eligible for a refund minus \$10 cancellation fee, otherwise there will be no refund. **Sneakers must be worn in gym for all programs unless otherwise noted.** ****Children in "drop off" classes must be FULLY toilet trained-(Fully toilet trained means No diapers or pull ups)**** FOR MORE INFORMATION, CONTACT RECREATION CENTER AT: 732-892-5813.

ACTIVITY	AGE	DAY	PRESCHOOL START	TIME	LENGTH	FEE
KINDERSCHOOL	4-5	M-W-F	Sept.16th	8:30-2:00	36WKS	\$2475
KINDERSCHOOL	4-5	M-W-F	Sept.16th	9:00-2:30	36WKS	\$2475
KINDERSCHOOL	4-5	TU/THR	Sept.17th	11:15-3:15	36WKS	\$1200
LITTLE LEARNERS	3-4	TU/THR	Sept.17th	8:00-11:00	36WKS	\$900
LITTLE LEARNERS	3-4	TU/THR	Sept.17th	8:45-11:45	36WKS	\$900
LITTLE LEARNERS	3-4	TU/THR	Sept.17th	12:00-3:00	36WKS	\$900

The classes above are paid monthly, broken up into 10 payments due on the FIRST of every month. First payment is due at sign up in March then monthly payments start June 1st through February 1st. Registration secures a child's spot in the program for the entire year pending prompt payment of the preschool monthly fees. **PROOF OF RESIDENCY & BIRTH CERTIFICATES WILL BE REQUIRED.** Registrations for the above classes were held in March of 2019. Contact 732-892-5813 to be put on a wait list for future openings that may exist.

PRESCHOOL ACTIVITIES						
Parenting Playdate (up to 3 children)	1-4yrs.	Tues.	March 31st	9-10am	8 wks.	\$50♥
Tiny Tots	18mths-3yrs	Tues.	March 31st	10-11am	8 wks.	\$40♥
Tiny Tots	18mths.-3yrs	Tues.	March 31st	11am-12pm	8 wks.	\$40♥
Story & STEM	4 1/2 -5yrs.	Tues.	March 31st	12:30-1:15pm	8 wks.	\$50
Interactive fitness for kids	4 1/2 -5yrs.	Tues.	March 31st	1:30-2:15pm	8 wks.	\$40
Gym w/ Mom	2 1/2-3yrs.	Wed.	April 1st	9-10am	8 wks.	\$40♥
Gymnastics	4-5yrs.	Wed.	April 1st	10-11am	8 wks.	\$40
Kids Fitness & Games	3 1/2-4yrs.	Wed.	April 1st	11am-12pm	8 wks.	\$40
Story & STEM	4 1/2-5yrs.	Wed.	April 1st	12:15-1pm	8 wks.	\$50
Gymnastics	4-5yrs.	Thurs.	April 2nd	10:15-11:15am	8 wks.	\$40
Interactive fitness for kids	4 1/2-5yrs.	Thurs.	April 2nd	11:15-12:15	8 wks.	\$40
Kindersports	4-5yrs.	Thur.	April 2nd	1-2pm	8 wks.	\$40
Kindersports	4-5yrs.	Thur.	April 2nd	2-3pm	8 wks.	\$40
Story & Craft	2yrs.	Fri.	April 3rd	9:30-10:15am	8 wks.	\$40♥
Story & Craft	3yrs.	Fri.	April 3rd	10:15-11am	8 wks.	\$40♥

~NO CLASSES THE WEEK OF APRIL 13TH~

♥Denotes those programs which require a parent to attend with the child. ****NO older or younger siblings permitted UNLESS they are age appropriate & have also been registered** NO EXCEPTIONS.**



2020/2021 PRESCHOOL REGISTRATION

Preschool registration for the 2020/2021 school year begins online on **Wednesday March 11th** at 10am for **residents** who **currently have a child attending our Preschool Program**. **Residents** who **DO NOT** currently have a child in our Preschool Program will be able to register at **1:00pm**. Registration for **NON-RESIDENTS** will begin on **Monday, April 6, 2020** at 10am.

****For more information, call the Rec Center at 732-892-5813****

Tennis

Tennis	6 & 7 yrs.	Tues.	April 7th	5-6pm	6 wks.	\$50*
Tennis	8 & 9yrs.	Tues.	April 7th	6-7pm	6 wks.	\$50*
Tennis	6 & 7yrs.	Wed.	April 8th	5-6pm	6 wks.	\$50*
Tennis	10-12yrs.	Wed.	April 8th	6-7pm	6 wks.	\$50*
Tennis	6 & 7yrs.	Thur.	April 9th	5-6pm	6 wks.	\$50*
Tennis	8 & 9yrs.	Thur.	April 9th	6-7pm	6 wks.	\$50*
Tennis	6 & 7yrs.	Fri.	April 10th	5-6pm	6 wks.	\$50*
Tennis	10-12yrs.	Fri.	April 10th	6-7pm	6 wks.	\$50*
Tennis	6 & 7yrs.	Sun.	April 12th	8-9am	6 wks.	\$50*
Tennis	13-16yrs.	Sun.	April 12th	9-10am	6wks.	\$50*

****You will need your own tennis racket****

STEM + ACADEMY

~Held at STEM+ Academy 529 Bay Ave., PPB ~

APRIL CLASSES

Minecraft Madness Treasure Island Grades K-8 Date: Fri. 4/3-4/24 Time: 4:30-6:00pm Cost: \$85
Students learn to think strategically and to work together to accomplish their goals in our networked server. Students do not need a Minecraft account as we use a proprietary curriculum where kids access Minecraft using our accounts.

LEGO Robotics Sumobot Grades: 1-8 Date: Thur. 4/2-4/23 Time: 4:30-5:30pm Cost: \$70
Students working in teams will build & program a robot that will push their opponent's robot off the challenge table.

ONE DAY EVENTS

Minecraft Tournament Grades K-8 Date: Fri. 4/3 Time: 6:30-8:30pm Cost: \$60
Children will be separated by age groups & then compete both in creative build & player vs. player competition, pizza dinner (2 slices) & beverage included with registration fee. Trophy to the top player in each age group, medals to all else. Participants should be comfortable playing Minecraft on the computer.

Code Workshop Grades: 4-8 Date: Sat. 4/4 Time: 9am-12pm Cost: \$95
This workshop covers the introductory elements that will provide the foundation for your child to jump start their coding journey. Your child will learn the foundational elements of coding & then learn to develop various android apps.

MAY CLASSES

Minecraft Madness: Lost Grades: K-8 Date: Fri. 5/1-5/22 Time: 4:30-6:00pm Cost: \$85
Students learn to think strategically & to work together to accomplish their goals in our networked server.

LEGO Robotics: Musical Bots Grades: 1-8 Date: Thur. 4/30-5/21 Time: 4:30-5:30pm Cost: \$70
Students will build & program a musical instrument robot..

JUNE CLASSES

Minecraft Madness: Enderscrolls Grades: K-8 Date: Fri. 5/29-6/19 Time: 4:30-6:00pm Cost: \$85
Students learn to think strategically & to work together to accomplish their goals in our networked server.

LEGO Robotics: Robot Cars Grades: 1-8 Date: Thur. 5/28-6/18 Time: 4:30-5:30pm Cost: \$70
Students will build & program robot cars which they will then race.

YOUTH ACTIVITIES

ACTIVITY	AGE	DAY	START DATE	TIME	LENGTH	FEE
Biddy Basketball	Gr.1-2	Wed.	April 1st	5:15-6:15pm	8 wks.	\$50
Biddy Basketball	Gr.1-2	Wed.	April 1st	6:15-7:15pm	8 wks.	\$50
Biddy Basketball	Gr. 3	Wed.	April 1st	7:15-8:15pm	8 wks.	\$50
Agility Adventures	5&6yrs.	Thur.	April 2nd	4:30-5:30pm	8 wks.	\$50
Agility Adventures	7&8yrs.	Thur.	April 2nd	5:30-6:30pm	8 wks.	\$50

~NO CLASSES THE WEEK OF APRIL 13TH~



Young Rembrandts

~Held at the Rec Center and run for 8 weeks~

****NO CLASSES 4/14/20****

Classes will be held in classroom #1. Drop off & Pick up will be at the classroom door by the basketball court

PS Drawing- Ages: 3 1/2—5yrs. **Date:** Tues. 3/31-5/26 **Time:** 5-5:45pm **Cost:** \$118

April showers bring May flowers & Springtime is the right time for signing up your preschooler for an art & drawing class! Our adventure begins with an imaginary trip to the hardware store as we illustrate & learn about different tools. We'll continue to chase away springtime boredom as we draw and color a mighty dinosaur. The sky is the limit as we draw colorful patterned butterfly & our fantastic kite drawing!

Elementary Drawing- Ages: 6-12yrs. **Date:** Tues. 3/31-5/26 **Time:** 6-7pm **Cost:** \$118

Spring into creativity with our Art & Drawing classes. We'll learn about warm & cool colors as our artists create the intricate details of the breathtaking Taj Mahal. The Kentucky Derby will be the subject of a stylized graphic design that celebrates the most exciting 10 minutes in sports & your child will create creepy crawly bugs as they learn about patterns & textures. These & more fantastic works of art will inspire your child's creativity!

Cartoon Drawing- Ages: 8-12 **Date:** Tues. 3/31-5/26 **Time:** 7-8pm **Cost:** \$118

Does your child have a great sense of humor to complement their artistic skills? If so, your child will love our cartooning classes. Our students learn how to personify everyday objects as they bring to life clocks, toys & lunch boxes! Popular pets will be transformed into colorful characters & we'll take an imaginary trip to far away worlds as we illustrate amazing alien beings. All this & more awaits your young artist!

Skateboarding Classes

~Held at Skate Park on Rt. 88, Pt. Pleasant

Activity	Ages	Day	Start Date	Time	Length	Fee
Beginners	5-8yrs.	Saturday	5/2/20	8-9am	7 wks.	\$85
Intermediates	5-8yrs.	Saturday	5/2/20	9-10am	7 wks.	\$85
Intermediates	9-14yrs.	Saturday	5/2/20	10-11am	7 wks.	\$85
Advanced	5-14yrs.	Saturday	5/2/20	11am-12pm	7 wks.	\$85
Beginners	5-8yrs.	Sunday	5/3/20	8-9am	7 wks.	\$85
Intermediates	5-8yrs.	Sunday	5/3/20	9-10am	7 wks.	\$85
Beginners	9-14yrs.	Sunday	5/3/20	10-11am	7 wks.	\$85
Advanced	5-14yrs.	Sunday	5/3/20	11am-12pm	7 wks.	\$85



Helmets and wrist guards are required

~The maximum number of participants in each class is 10~

Mindful Educational Services with Sarah

~held at the Rec Center and runs for 8 weeks~
****NO CLASSES 4/13 & 5/25****



Kids Yoga **Ages:** 5-8yrs **Date:** Mon. March 30, 2020 **Time:** 4:30-5:15pm **Cost:** \$105
 Kids Yoga classes with Sarah Stevenson, registered Children's Yoga teacher & founder of Mindful Educational Services are a fun & creative way for your child to learn to explore self. This class builds a sense of body awareness, concentration, increased confidence & gives a variety of tools to manage stress through the use of breathing techniques. Please bring a yoga mat, water bottle & blanket for final relaxation.

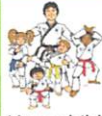
Tween Yoga **Ages:** 9-12yrs. **Date:** Mon. March 30, 2020 **Time:** 5:30-6:30pm **Cost:** \$120
 Life is busy & it is easy to feel overloaded & anxious at times! Tween Yoga is designed to teach tweens to make time for themselves. Join Children's Yoga teacher & founder of Mindful Educational Services, Sarah Stevenson as she instructs yoga poses that build strength, flexibility, encourage exploration of self & support a healthy nervous system. Your child will come home feeling a deeper sense of confidence, the ability to better self-regulate & an overall feeling of ease & peace. Please bring a yoga mat, water bottle & blanket for final relaxation.



Spring Break Kids' Yoga Day

~held at the Rec Center~

Ages: 5-8yrs. **Date:** Fri. April 17, 2020 **Time:** 9am-12pm **Cost:** \$50
 Take a break & bring your child to Kids' Yoga Day! Sarah Stevenson, founder of Mindful Educational Services will lead your child through song, story, games, crafts & a fun yoga snack! Your child will practice various poses, breath exercises & will be taking part in guided meditations all through yoga fun. Please bring a yoga mat, water bottle & blanket for final relaxation. You don't want your little one to miss this fun day!



Children's Martial Arts & Personal Safety

~Held at the Rec Center & runs for 8 wks.~
****NO CLASSES 4/10 & 4/17****



Ages: 4-10 yrs. **Date:** Fri. April 3rd **Time:** 4:30-5:30pm **Cost:** \$100
 Your child will learn some self defense tactics and techniques that will enable them to help avoid conflict and recognize danger. They will learn about personal space and keeping distance. They will also learn some blocks, strikes and more in a friendly safe environment. *Each student will receive a uniform and a belt*



Mindfulness and Meditation for Children

~Classes will run for 6 weeks @ the Rec Center in classroom 2. Enter thru door by tennis courts~
****NO CLASSES 4/13****



Children will learn various techniques that help to reduce anxiety, cultivate imagination, gain confidence and promote inner peace. All classes include a warm up activity or story, a short guided meditation, class discussion and finish with an art activity to help reinforce what they have learned. No previous experience is necessary.

Date: Mon. April 6, 2020

Cost: \$80

Ages: 6-11yrs. **Time:** 4:30-5:15pm

Ages: 12+yrs. **Time:** 5:30-6:15pm

you may want to bring your own yoga mat-that is optional

Tween's Yoga Classes

~Held at Peace Warrior Yoga, 2809 Bridge Ave. PP. Classes run for 8 wks.~



Tween Yoga **Ages:** 9-12yrs. **Date:** Thurs. 4/2-5/21 **Time:** 4:15-5:15pm **Cost:** \$120

Life is busy & it is easy to feel overloaded & anxious at times! Tween Yoga is designed to teach tweens to make time for themselves. Join children's yoga teacher & founder of Mindful Educational Services, Sarah Stevenson as she instructs yoga poses that build strength, flexibility, encourages exploration of self & supports a healthy nervous system. Your child will come home feeling a deeper sense of confidence, the ability to better self regulate & an overall feeling of ease & peace.



NEW DIY CLASS

~Held at the Rec Center in classroom 2. Enter thru door by tennis courts. Runs for 4 weeks~
Date: Wed. 4/1-4/29 **Ages:** 11-14yrs. **Time:** 5:45-6:45pm **Cost:** \$60



"Do it Yourself" !! In this class we will teach students how to make DIY crafts that they will want to display in their lockers and bedrooms & maybe even give as gifts. Creativity will be flowing as they make their own various crafts using glue guns, modge podge, paints, etc. Join us and unleash your creativity!! **(NO class 4/15)**



“EASTER BREAK” SOCCER CAMP
~Held @ Community Park~

Date: April 13th -April 17th (Mon-Fri) **Ages:** 7-12yrs. **Time:** 9am-12pm **Cost:** \$95

Children will thrive in the fun atmosphere and learn new skills every day with our daily themes & scrimmages. The children will be split into teams to play against each other at the end of every day. Friday is tournament day where the teams play longer games & compete to reach the final & become the “team of the week”. Parents are encouraged to come & watch on Friday for the tournament games! All participants will receive a tee shirt.



***NOW REGISTERING!!* Summer Youth Basketball Leagues**
Location: Rec Center Outside Court

Grades: 4-8 (Grades based on grade completing in June 2020)
Cost: \$60

Girls Div. I & Div. II
Boys Div. I
Boys Div. II

Grades: 4th-8th
Grades: 4th & 5th
Grades: 6th-8th



Games will be played Monday through Thursday from 5pm-8pm. Games will begin July 6th and run through August 14th– 6 wks.

***NEW* Bidy Lacrosse**

~Held at the Rec Center~
This class will run for 8 weeks

Grades: K-2 **Date:** Tues. 3/31– 5/26 (**NO Class on 4/14**) **Time:** 4:30-5:15pm **Cost:** \$70

This Bidy Lacrosse program will focus on the fundamentals and fun play. It is a great, inexpensive way to introduce children to the sport of lacrosse. This class is offered to both boys and girls. You will need to bring your own stick. If you don't have your own stick, you can purchase one through Amazon.



BOOT CAMP CLASSES

~held @ Shore Point Fitness, 626 Ocean Rd., PP~

Kids Boot Camp **Ages:** 9-12yrs. **Date:** Wed.4/1-5/20 **Time:** 5:15-6:00pm **Cost:** \$50
This class will run for **8 wks.** We will do workouts using body weight such as jumping jacks, jump rope, squat thrusts & walking lunges. We will also be using some basic equipment like resistance bands, battling ropes & medicine balls. Each week we will have a new “challenge”.

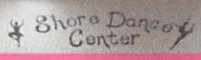
Teen Boot Camp **Ages:** 12-17yrs. **Date:** Mon.,Tues.,Thur. starting 4/20-5/14 **Time:** 5:15-6pm **Cost:** \$50
This 45 minute class runs **3X a week for 4 wks.** We do workouts using body weight such as jumping jacks, jump rope, squat thrusts & walking lunges. We will also be using some basic equipment like resistance bands, battling ropes & medicine balls. We will be sure to get the feet moving and the heart pumping. Participants can come to all classes offered.

Point Spring Lacrosse Clinic

~Held at Nellie Bennett School field & runs for 5 wks.~

Grades: K-5 **Date:** Sun.4/19-5/17 **Time:** 9-10am **Cost:** \$110

This clinic will be run by the Point Lacrosse High School coaching staff, Patrick Brady & Denis Noonan. They have designed a curriculum that will teach the fundamentals of boys & girls lacrosse while also having fun & developing a love for the game. Whether you are a beginner or an advanced lacrosse player, this clinic is an excellent opportunity to learn the sport of lacrosse.



Dance Classes

~Held at Shore Dance Center 632 Ocean Rd. Classes run for 6 weeks~
NO CLASSES 4/14 and 4/15

<u>PS Ballet</u>	Ages: 3-4yrs.	Time: 9:30-10:15am	Date: Tues. 3/31/20	Cost: \$50
		wear leotards/tights, ballet shoes		
<u>Ballet/Tap</u>	Ages: 5-7yrs.	Time: 3:45-4:30pm	Date: Wed. 4/1/20	Cost: \$50
		wear leotards/tights, ballet shoes & tap shoes		

~~ALL CLASSES ARE DROP OFF, PARENTS DO NOT STAY~~



POINT WRESTLING CLINIC

~Held in Pt. Pleasant Boro High School Wrestling room~

Grades: K-5 (girls & boys) **Days:** Tues. & Thurs. 4/21-5/14 **Time:** 7-8pm **Cost:** \$110

~Wrestling shoes & head gear are required~

This youth wrestling camp is a great opportunity for your child to learn the sport from the Pt. Boro Panther High School coaching staff. Head coach Pat Brady, along with his assistant coaches Justin Barowski & Brian Grainer have coached 4 consecutive division championship teams, a district championship team & a state sectional championship team. The Pt. Boro HS staff will put your child through fundamental drills that will help them learn the wrestling system used throughout every level of the program. Additionally, your child will have an opportunity to wrestle live with partners of similar age and bodyweight in a controlled environment. The Pt. Pleasant Boro Youth Wrestling Camp will give your child a chance to learn wrestling, make friends and most importantly, have fun !



MAD SCIENCE CLASS

~Held at the Rec Center in classroom #2, runs for 6 wks.~
Drop off & pick up will be at the classroom door by tennis courts

Date: Wed. 4/1-5/13 **(NO class on 4/15)** **Grades:** K-6 **Time:** 4:15-5:15pm **Cost:** \$115
Mad Science & NASA have teamed up to bring you the excitement and wonder of space in this new voyage of discovery. See the principles of thrust & propulsion at work in a real rocket launch. Explore the atmosphere on earth and beyond. Watch stardust burn & journey through the galaxy as you investigate the life cycle of stars. Explore the farthest reaches of our solar system, create a lunar eclipse in the "mad" planetary tour, probe the mysteries of meteors and bounce around satellite light as you learn about space phenomena. Experience the life of an astronaut as you suit up for a space flight and then perform spacecraft repairs. This is an experience that is truly out of this world!



SAFE BOATING COURSE

held at the Recreation Center

Dates: Mon. 6/22 & Tues. 6/23
Ages: 13+ yrs.

Time: 6:15-10:00pm
Cost: \$80



This is a two session Safe Boating course for a total of 7 hours. Upon successful completion of the class you will get the New Jersey Safe Boating certificate required by law to operate any powered vessel on any waters in New Jersey. NASBLA approved for insurance discount. **You **MUST BE** on time for this class. There can't be any late arrivals due to having to get the proper amount of time in to be able to receive your certificate.**

ADULT ACTIVITIES

ADULT TENNIS & VOLLEYBALL

Tennis	Adult Begin.	Wed.	April 8th	7-8pm	6 weeks	\$50*
Tennis	Adult Interm.	Sun	April 12th	10-11am	6 weeks	\$50*
Volleyball/CoEd	18yrs.+	Tues.	March 31st	9-11pm	Season	N/C

You will need your own tennis racket

~Held at Rec Center~



Yoga

Adult

~All classes held @ Peace Warrior Yoga 2809 Bridge Ave. PP~
Classes runs for 8 weeks

Vinyasa (Interm.) **Ages:** 13yrs.+ **Date:** Tues.3/31 **Time:** 7:15pm **Cost:** \$120

Vinyasa (Begin.) **Ages:** 13yrs.+ **Date:** Thurs. 4/2 **Time:** 7:15pm **Cost:** \$120

Soul Flow (Interm.) **Ages:** 13yrs.+ **Date:** Sat. 4/4 **Time:** 8:30am **Cost:** \$120

These classes are open to beginner through the intermediate yoga students. Poses are held for 5-8 breaths & instructor will offer modifications & assists in order to enhance your personal practice. You will learn the foundations of yoga & will leave feeling a sense of calm, release and an overall sense of greater well-being.

Tai Chi/Qigong **Ages:** 13yrs+ **Date:** Mon. 3/30 **Time:** 11:00am **Cost:** \$120

Integral Tai Chi will help build stamina & proper circulation for a healthy immune system. Also, minding breath & posture keeps attention in the present moment & assists in inducing relaxation to balance the nerv-



BOOT CAMP CLASSES

~held @ Shore Point Fitness, 626 Ocean Rd., PP~

Adult Boot Camp Classes- Ages: 16+yrs. **Starts** Week of Sun. 4/19-5/16 **Cost:** \$55

Participants will experience an exciting hour of high intensity strength & cardio exercises designed to challenge strength & endurance while burning mega-calories. The workout moves quickly, taking you from one exercise to the next with little or no rest using equipment such as battling ropes, kettle bells & medicine balls as well as body weight exercises such as box jumps, squat jumps & burpees to name a few. Participants are encouraged to take breaks when they need to while trying to keep their heart rate up. Options on every workout can be given to suit nearly anyone's fitness level. **Participants have access to all of the classes on the gym schedule for the 4 weeks(4/19-5/16) see: <http://www.shorepointfitness.com> for class times.**



PICKLEBALL

~Held at the Recreation Center~

~Starts Mon. 3/30/20~

Days: Mon./Thurs.

Ages : 18yrs.+

Time: 7-9pm

Cost: \$15 season

Stop being a couch potato and come on out and play Pickleball on two indoor courts at the Recreation Center. It's great exercise and it's fun!! Beginners are especially welcome. Instruction and equipment will be provided if you don't have your own. Join us !!



Intro to Stand Up Paddleboarding

~Held at Riverfront Park. If necessary we reserve the right to revise location for safety reasons because of wind and/or water conditions~

Dates: Sat. 5/30 **AND** Sat. 6/6

Time: 10am-12pm

Ages: 12yrs.+

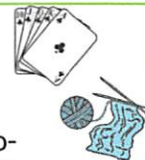
Cost: \$90 (for both days)



This 2 day intro "flat-water" class on the Manasquan River will take place on both the land & in the water. Our main objective is to teach you the basics & get you up & paddling in no time. We will go over SUP safety, regulations, etiquette, board & paddle selection & sizing, proper paddling & stroke technique. Most importantly you'll have lots of fun! Our instructors are World Paddle Assoc. certified & have multiple years of both flat-water & ocean SUP experience. ~Cold bottled water will be provided.~ *All equipment will be provided. Students should bring a hat, sunglasses with a cord, sunscreen & dress appropriately.* ~This class is a **MUST** for all those interested in Paddleboarding~



**Borough of Pt. Pleasant & St. Martha's Senior Beehive
announce Senior programs**
~held at St. Martha's Church 3800 Herbertsville Rd. Pt. Pleasant, NJ~



Come out and join with friends to participate in various fun-filled activities & senior programs. These activities & programs will be held on Tuesdays, Wednesdays & Thursdays from 9am-3pm. **On Tuesdays**, AARP will do taxes through March 31st. from 9am-1pm **by appointment only.**

Tuesdays-cards, socialization & mahjong. Gentle stretching 10-11am. No charge.

Wednesdays- Gentle stretching class 10-11am. No charge. Ceramics class 12:30-2pm \$5 per person-Call to sign up. Cards, socialization & mahjong.

Thursdays- March 12- St. Patrick's Day party 11:30am \$7 per person. Traditional Corned Beef Dinner & great entertainment. (Call to reserve your seat). Senior fitness class 10-11am. No charge. Cards, socialization, mahjong and at 12pm- knitting.

****Call Kathy Ruane for more information & about referral services available for seniors- (732-810-5890)****



PEDIATRIC HEART SAVER CPR CLASS

Date: Wed. April 22, 2020

Cost: \$35

Ages: 16yrs.+

Time: 7:00-10:00pm

Location: Rec Center Classroom 1



This class is designed for Mom, Dad & even the babysitter and for those that are required to be certified by work, school, community activities, etc. We will go over cardiopulmonary resuscitation for infants (ages: newborn-1yr.) & children (ages:3-12yrs.) Choking procedures for both conscious & unconscious children & infants and rescue breathing for both children & infants. A two year course completion certificate will be issued to all those who successfully complete the class.



Casino Bus Trip to Tropicana, Atlantic City
~Bus departs from St. Martha's at 9am /returns approx.4:30pm~

Date: Mon. 3/23/20

Cost: \$65pp



Ride with us to exciting Atlantic City! The \$65 includes \$25 in slot play, transportation, the bus driver's gratuity and a lunch voucher at Carmine's. Your lunch voucher offers choices of a variety of sandwiches & salad or various pasta dishes or mixed salad or Caesar salad topped with grilled chicken & a beverage. The restaurant serves home-style Southern Italian appetizers, entrees, and desserts in extra large portions, evoking the comfort of grandma's house.

Space is limited so please sign up with Kathy or Aimee at the Beehive. Call 732-810-5890 or register using your Community Pass account at www.ptboro.com/recreation

SPECIAL EVENTS & ACTIVITIES



Mayor Robert Sabosik and the Point Borough Council
are excited to announce the

ANNUAL EASTER EGG HUNT

Thursday, April 9th at Community Park
Open to residents up to 10yrs.

5:30pm Parent & Me
5:40pm Ages: 2-4yrs.
5:50pm Ages: 5&6yrs.
6:00pm Ages: 7-10yrs.



~Please bring your own camera for pictures with the Bunny.~ If interested in sponsoring prizes, please contact the Recreation Office at 732-892-5813 or email: ssilversmith@ptboro.com.



Mayor Sabosik & the Borough Council along with the
Pt. Pleasant Girl Scouts announce the.....

MEMORIAL DAY BIKE PARADE Monday, May 25th at Community Park

Open to children of all ages.
Registration is on site from 11-11:30am
Parade begins at 11:30am & will be one full lap
around the park. All children must be supervised by an adult.
Helmets must be worn by all bike riders.



SAVE THE DATE

FOR THE BOROUGH OF POINT PLEASANT'S
CENTENNIAL CELEBRATION



SATURDAY MAY 16, 2020 AT RIVERFRONT PARK
WWW.PTBORO.COM

Please stay after the
parade for the
**Memorial Day
Ceremony that starts
at noon.**

Point Pleasant Borough

Centennial *Selfie* Scavenger Hunt!

GET A TEAM OF 4-6 AND JOIN US IN GOING TO SOME OF THE BEST SELFIE SPOTS IN TOWN FOR A CHANCE TO WIN A PRIZE AT THE CENTENNIAL CELEBRATION ON MAY 16TH!

FIND THE SPOT AND SNAP A SELFIE:

- ✓ Dancing on the stage at Community Park
- ✓ Jumping in front of Point Pleasant Borough Hall
- ✓ Hunting for eggs at the Easter Egg Hunt on April 9th
- ✓ With the Easter Bunny at the Easter Egg Hunt
- ✓ Playing basketball outside at the Rec Center
- ✓ Sliding down the slide at Heritage Park
- ✓ In front of Bennet Cabin at Riverfront Park
- ✓ Hanging out at the skate park
- ✓ On the playground at River Avenue Beach
- ✓ Playing ball (baseball or soccer) at McKenna Lake Field
- ✓ Walking the trail behind Community Park
- ✓ Swinging on the swings at Maxson Beach



All entries must be in by May 1st!

You will be notified by May 8th if you are eligible for the prize at the Centennial Celebration

Have Fun & Be Safe!

Visit ptboro.com/recreation for more information on submission and scavenger hunt guidelines



Earn all 30 points:

Each item completed is two points adding up to 24 points!

Create a collage of all your pictures when finished and earn up to 6 points for creativity!

