

POINT PLEASANT RECREATION







FALL SCHEDULE 2021





Mayor Sabosik, Council President Depaola along with Council members Archer, Borowsky, Coulson, Furmato, and WIsniewski are pleased to announce the Point Pleasant Recreation's 2021 Fall Schedule of programs.









Council President Toni Depaola



Councilwoman Charlene Archer



Councilman Bill Borowsky



Councilwoman Valerie Coulson



Councilman Joe Furmato



Councilman John Wisniewski

RULES AND REGULATIONS FOR RIVERFRONT PAVILION 2021 **Covid 19 regulations are still in effect. Call the Recreation office for details.**

All pavilion reservations for groups from 10-100 people are taken on a first come, first serve basis. Over 100 please contact office prior to application submission. ALL applications submitted MUST include payment.

No refunds will be given on Pavilion reservations. Dates are non-transferable. If the weather is poor, the event may be rescheduled through the recreation department for a different available day. A rain date cannot be reserved prior unless you make payment for both dates.

Payment fee is for a 4-hour time block. 9AM-1PM or 1:30PM-5:30PM.**Your reservation time slot INCLUDES your set up AND clean up time**

Prohibited Items

- Poles, stakes, holes, tents, tarps or any shelters in the ground. Carnival equipment, including moon bounces, inflatable-slides, etc. (This type of equipment is only allowable to borough organizations who specify this on their application. Sand bags are allowed.)
- Propane grills, wood fires, bonfires.
- Any type of tape is prohibited from being used. Do not tape to anything in the park.
- NO alcoholic beverages of any kind.

Patrons Responsibility

- Charcoal for grilling. Please do not dispose of embers in the tree areas or trash under any circumstances. Make sure that all fires are extinguished before leaving the park.
- If applicable, outside caterers must meet all Health Department and Fire codes guidelines.
- Clean up of all trash and use of proper containers. Garbage cannot be left overflowing from cans. Carry in, carry out. You must remove everything you brought in, including trash.
- Groups must obtain a Certificate of Insurance when over 100 people and must be presented with application to be considered.
- Applications may have to go before the Borough Council when applicable.
- Any damage to park, property or disregard of park rules and regulations will result in denial of future reservations.

Visit www.ptboro.com/recreation for the reservation form and Covid-19 waiver.





REGISTRATION INFORMATION



Borough residents can register on Tuesday, September 14th at 10AM Non-borough residents can register on Tuesday, September 21st at 10AM Registration closes on September 24th at 5pm



Registration is done through your Community Pass account with your credit or debit card. To create an account visit www.ptboro.com/recreation and be sure to add all of your family members.

The Recreation Department reserves the right to cancel classes due to low enrollment and also reserves the right to remove a program participant for disciplinary problems or violations of Recreation rules and policies.

No refunds requests after September 24th. Refunds are by check only and can take up to 45 days to process. FOR MORE INFORMATION CONTACT RECREATION CENTER AT (732) 892-5813.

PRESCHOOL (Program full)								
<u>ACTIVITY</u>	<u>AGE</u>	DAY	START	TIME	LENGTH	FEE		
KINDERSCHOOL KINDERSCHOOL KINDERSCHOOL LITTLE LEARNERS LITTLE LEARNERS LITTLE LEARNERS	4-5 4-5 4-5 3-4 3-4	M-W-F M-W-F TU/THR TU/THR TU/THR TU/THR	September 13th September 13th September 14th September 14th September 14th September 14th	8:30-2:00 9:00-2:30 11:15-3:15 8:00-11:00 8:45-11:45 12:00-3:00	36 Weeks 36 Weeks 36 Weeks 36 Weeks 36 Weeks 36 Weeks	\$2475 \$2475 \$1200 \$900 \$900 \$900		

Registration secures a child's spot in the program for the entire year, pending prompt payment of the monthly Preschool fees which are broken into 10 monthly payments due on the FIRST of each month. First payment is due at sign up in March then monthly payments start on June 1st through February 1st. PROOF OF RESIDENCY AND BIRTH CERTIFICATES WILL BE REQUIRED. **Registration for the above classes were held in March 2021.** Contact (732)892-5813 to see if there are any openings. *All deposits are non-refundable*

Activity	Age	Day	Time	Start	End	Cost
Tiny Tots	18mths-3yrs.	Wednesdays	9AM	9/29/21	11/17/21	\$50♥
Tiny Tots	18mths-3yrs.	Wednesdays	10AM	9/29/21	11/17/21	\$50♥
Story & Craft	2 years	Tuesdays	10AM	9/28/21	11/16/21	\$50♥
Story & Craft	3 years	Tuesdays	11AM	9/28/21	11/16/21	\$50♥
Kindersports	4-5yrs.	Wednesdays	1:30PM	9/29/21	11/17/21	\$50
Kindersports	4-5yrs.	Wednesdays	2:30PM	9/29/21	11/17/21	\$50

◆ Denotes programs which require a parent to attend with the child. NO older or younger siblings permitted UNLESS they are age appropriate and have also been registered. NO EXCEPTIONS.

Children's Martial Arts & Personal Safety

~Held at the Recreation Center and runs for 8 weeks~

Ages: 4-10 Date: Fridays, 10/1-11/19/21

Time: 4:30-5:30pm

Cost: \$100

Your child will learn various self defense tactics and techniques that will enable them to help avoid conflict and recognize danger. They will learn about personal space and keeping distance. They will also learn some blocks, strikes and more in a friendly, safe environment.

BIDDY BASKETBALL 7 weeks \$50 Wednesdays

Recreation Center Gym— Drop Off program Dates: October 6th — November 17th

Grades: 1st & 2nd 5-6PM OR 6-7PM Grade 3rd 7-8PM

Tennis 6 Weeks— \$60— Please bring your own racket.

Ages	Day	Start	End	Time
8 & 9	Monday	September 27th	November 1st	5-6pm
6 & 7	Monday	September 27th	November 1st	6-7pm
13-16	Monday	September 27th	November 1st	7-8pm
6 & 7	Tuesday	September 28th	November 2nd	5-6pm
8 & 9	Tuesday	September 28th	November 2nd	6-7pm
10-12	Tuesday	September 28th	November 2nd	7-8pm
8 & 9	Wednesday	September 29th	November 3rd	5-6pm
10-12	Wednesday	September 29th	November 3rd	6-7pm
10-12	Thursday	September 30th	November 4th	5-6pm
6 & 7	Thursday	September 30th	November 4th	6-7pm
13-16	Thursday	September 30th	November 4th	7-8pm
6 & 7	Friday	October 1st	November 5th	5-6pm
8 & 9	Friday	October 1st	November 5th	6-7pm
10-12	Friday	October 1st	November 5th	7-8pm
6 & 7	Saturday	October 2nd	November 6th	9-10am
13-16	Saturday	October 2nd	November 6th	10-11am
8 & 9	Saturday	October 2nd	November 6th	11am-12pm

STEM+ Academy ~Classes will be held ONLINE through ZOOM~

Virtual Minecraft Madness Course- This 3D video game lets users explore, construct, create and interact inside an open and changeable virtual world. Because of its educational potential, Minecraft has evolved into an excellent and engaging way to expose students to STEM-related subjects, especially computer science and technology. Students will use their own Minecraft Java account to join our server. Once per week students will connect and talk with each other using the Zoom app. This allows for children to communicate and collaborate easily as well as for us to assist them. In addition, the server will remain open during non-Zoom hours to allow kids to continue their exploration and build projects. *This course is ONLY for kids who want to play using their Minecraft Java account. The Java version is only playable on

the computer.3 October- Date: Friday 10/8-10/29/21
November-Date: Friday 11/5-11/26/21
December-Date: Friday 12/3-12/24/21
January- Date: Friday 1/7-1/28/22 Time: 4:30-5:30pm Time: 4:30-5:30pm Time: 4:30-5:30pm Grades: 1-8 Cost: \$65 Cost: \$65 Cost: \$65 Cost: \$65 Grades: 1-8 Grades: 1-8 Time: 4:30-5:30pm Grades: 1-8

<u>Virtual Minecraft Tournament (Java edition only)</u> Time: 10-11:30am Grades: 1-8

Date: Saturday, 10/16/2021 **Time:** 10-11:30am **Grades:** 1-8 **Cost:** \$25 This is a FUN virtual tournament where your child and his/her partner will connect on our Minecraft server thru Zoom and compete in Skywars. Skywars is a player vs. player battle royale that takes place in the sky. The winning team will be the one with the most number of total wins. This tournament requires a partner. Those registering without a partner will be assigned one randomly. Each team will be placed in their own Zoom breakout room for private conferring. Trophies will be awarded to 1st place winners (trophies will be mailed to home addresses).



Dance Classes

~Held at Shore Dance Center 632 Ocean Road Point Pleasant Classes run for 6 weeks~ ~~ALL CLASSES ARE DROP OFF, PARENTS DO NOT STAY~~

Ballet/Tap Ages: 5-7 Time: 3:30-4:15pm Date: Mondays 10/4-11/8/21 Cost: \$60

wear leotards/tights, ballet shoes and tap shoes

Preschool Ballet Ages: 3-4 Time: 9:30-10:15am Date: Tuesdays 10/5-11/9/21 Cost: \$60

wear leotards/tights, ballet shoes

One Day Soccer Camp

~Held at Community Park~ (Schools are closed on this day)

Date: Monday, October 11, 2021 Time: 9am-3pm Ages: 8-12 Cost: \$65

JSA's Soccer Camp is full of fun soccer challenges for children between 8-12 years old of age and of all abilities. Children will thrive in the fun atmosphere and learn new skills throughout the day. The camp is designed to improve the technical side of each child's game through a variety of fun games and drills, culminating in scrimmages at the end of the day to test the player's new skills. The children will have a lunch break so please send them with a packed lunch and drinks. Depending on the weather, you may want to include a few extra drinks.



SOCCER CLINIC ~held at Arnold Avenue Field~

Date: Thursdays 9/23–11/11/21 **Time:** 4:45-5:45pm **Ages:** 7-14 **Cost:** \$115

JSA's Soccer Skills is an eight week clinic which is aimed at soccer players of all levels and abilities who want to take their game to the <u>next level</u>. Each week the class will focus on a different area of soccer and through repetition in game realistic situations players will improve their overall skill set.

POINT RECREATION WRESTLING

~Held at Point Borough High School Wrestling room~

Grades: K-5 Boys & Girls Days: Tuesdays/Thursdays Date: 12/2-1/27/22 Time: 6-7pm Cost: \$110 This program is for 1st or 2nd year wrestlers to learn the sport from the Point Borough High School coaching staff. They will put your child through fundamental drills that will help them learn the wrestling system used throughout every level of the program. Your child will have the opportunity to wrestle live with partners of similar age and body weight in a controlled environment. This program will give your child a chance to learn wrestling, make friends and most importantly, have fun!

Grades: 3rd-8th Boys & Girls Days: Tuesdays/Thursdays Date:11/2-1/27/22 Time: 7-8pm Cost:\$160 This program is for wrestlers with 2 or more years experience ready to compete in matches. The Point Borough High School staff will put your child through fundamental drills that will help them learn the wrestling system used throughout every level of the program. Additionally, your child will have the opportunity to wrestle live with partners of similar age and body weight in a controlled environment. There will also be development matches set up with wrestlers of similar age, size and ability. Your child will learn wrestling, make friends and most importantly, have fun!





RED HOUSE MUSIC STUDIO

~Held at Red House Music Studio 3127 Bridge Avenue Point Pleasant~ Classes run for 6 weeks

Disney Dazzle- Date: Saturdays 10/2-11/6/21 **Time:** 10-11am Ages: 5-9 Cost: \$120 Date: Thursdays 10/7-11/11/21 Ages: 5-9 Cost: \$120 Time: 3-4pm

Your child will feel encouraged to sing when they love the song. That's the magic of Disney music! Students will be assigned a specific song based on their range and appreciation for the particular character. In addition to learning proper breathing technique to ensure healthy and strong vocal abilities, students will also be taught how to bring the character to life. (Choose Saturday or Thursday classes)

Ages: 6-12 Group Ukulele- Date: Mondays 10/4-11/8/21 Time: 5-6pm Cost: \$120 Learn the fundamentals of the Ukulele in a fun and relaxed environment. Ukulele is not included, however we can supply one at a cost. Please contact the studio directly at (732)233-0963.

Acting Workshop- Date: Tuesdays 10/5-11/23/21 Time: 5:30-7pm Ages: 8 + Cost: \$185 This workshop is designed to set the foundations of performance to grow, explore, and imagine through storytelling and character work. You will leave with the skills needed to progress your acting career!



Skateboarding Classes— 7 Weeks \$100 ~Held at Skate Park on Route 88, Point Pleasant~



Helmets and wrist guards are required

10/3/21

10/3/21



Beginners

Advanced

2021/2022 Winter Youth Basketball League

-Held at Ocean Road School and runs for 10 weeksl -

Grades 4-8

5-14

Cost: \$75

Girls - Division I

Grades: 4 & 5

11/14/21

11/14/21

10-11am

11am-12pm

Division II

Sunday

Sunday

Grades: 6—8

Boys - Division I

Grades 4 & 5

Division II

Grades 6-8

*This is for the Winter season that starts the week of December 13th * ~SPONSORS & COACHES NEEDED~



BOOT CAMP CLASSES

~held at Shore Point Fitness, 626 Ocean Road, Point Pleasant~

My First Boot Camp – Ages: PreK-5 Date: Mondays 10/4-11/8/21 OR Thursdays 10/7-11/11/21 Time:10:15-11am Cost:\$100

This program is designed to incorporate kids of all fitness levels so that each child feels welcome and successful. Hard work & play, fun and games are incorporated to develop a lifelong love of fitness! Wear your workout gear and bring water. This class runs for **6 weeks**.

<u>Fit Kids</u>- <u>Ages</u>: 9-12 <u>Date:</u> Wednesdays 10/6-11/10/21 <u>Time</u>: 4-4:45pm <u>Cost:</u> \$80 A physical activity program designed to make health and fitness fun for kids. Classes are designed to incorporate kids of all fitness levels. Hard work & fitness games are incorporated to develop a lifelong love of fitness! Wear workout gear and bring water. This class runs for **6 weeks..**

<u>Fit Teens-</u> <u>Ages</u>: 11-15 <u>Date:</u>(wk. of 10/4) Mondays, Tuesdays, Thursdays **Time**: 4-4:45pm **Cost:** \$55 AND Fridays <u>Time</u>: 3:45-4:30pm

This class is geared for middle school and early high school aged teens that are looking to improve athletic performance, stay fit or just get started. All levels will have unlimited access to all of our Fit Teen classes for 4 weeks.

<u>Strength & Conditioning/Yoga</u>- Ages: 16+ Date: Mondays 10/4-10/21/11 Times: See class schedules online at Shore Point Fitness. Cost: \$95

These classes are for participants 16 years of age or older that are looking to improve athletic performance, stay fit or just get started. All levels will have unlimited access to all of our classes including yoga for 4 weeks.



Kids & Tweens Yoga

~Held at the Recreation Center, classes run for 8 weeks~



<u>Kids Yoga</u>— Ages: 5-8 Date: Mondays 9/27-11/22/21 Time: 4:15-5:00pm Cost: \$110 Kid's Yoga classes with Sarah Stevenson, registered Children's Yoga Teacher and founder of Mindful Educational Services are a fun and creative way for your child to learn to explore self. This class builds a sense of body awareness, concentration, increased confidence and gives a variety of tools to manage stress with breathing techniques. With stories and games in a non competitive environment, children will learn the wonder that is yoga. Bring a yoga mat, water bottle and blanket.

Tween Yoga- Ages: 9-12 Date: Mondays 9/27-11/22/21 Time: 5:15-6:00pm Cost: \$110 Life is busy and it is easy to feel overloaded and anxious at times! Tween Yoga is designed to teach tweens to make time for themselves. You will learn yoga poses that build strength, flexibility, encourage exploration of self and support a healthy nervous system. Your child will come home feeling a deeper sense of confidence, the ability to better self-regulate and an overall feeling of ease and peace. Bring a yoga mat, water bottle and blanket.



Clarizio Guitar & Piano Lessons

~Held at Clarizio Music Center 2428 Bridge Avenue Point Pleasant~

Kids Intro to Guitar- Ages:7-12 Date: Wednesdays 9/29-11/3/21 Time:6-6:45pm Cost: \$125 This class will teach new musicians the basics of guitar in a fun and engaging way. Students will learn about how their instrument works and basic chords to start them on the path to becoming a real player. *your own instrument is required* Call if you need help obtaining a guitar. We offer a discount to all enrolled students.

Kids Intro to Piano- Ages: 7-12 **Date:** Wednesdays 9/29-11/3/21 **Time:**5-5:45pm **Cost:**\$125 This class will lay the foundations of piano in a fun & easy way giving the students confidence to continue exploring music if they wish. They will learn posture, position of the notes on the keyboard and how to play simple songs.

G-FUNK

~Held at the Recreation Center~

G-Funk's Friday Night Fit Club- Need a night out? Drop off your kids to one or more of these exciting nights full of fun! There will be fitness games and activities which focus on respect, teamwork and effort. We'll have age appropriate structured sports, music and FUN! Bring the energy, we quarantee to tire them out!! Sign up for one night or all eight!!

Dates: October-Fridays 10/1, 10/8, 10/15, 10/22, 10/29/21 **November-**Fridays 11/5, 11/12, 11/19/21

Time: 6-7:30pm

Ages: 5-10 Cost:\$25 per class

G-Funk's Baby Jump Start Class

Are you looking for a fun and interactive way to bond with your baby while socializing with other Mom's and Dads? Come on out and try our class for parents and their littles. We will provide all the music, equipment and guidance for you to enjoy quality time with your

Ages: 0-18 months **Date:** Saturdays 10/2-11/13/21 **Time:** 9:15-9:45am Cost: \$90 (6 weeks)

Youth Flag Football League

~Held at Point Borough Memorial Middle School Field~



Date: Sundays 9/26-10/24/21

Time: 9-10am for grades K-2

10-11am for grades 3-5

Grades K-2 & 3-5 will be grouped together to compete and have fun in a flag football league. Games will be 5v5. Teams can have up to 10 players per team. This league will run every Sunday for 5 weeks.

FIT CLUB with Coach Candice

~5 weeks, Held at Vive Fitness Route 35 South, Point Pleasant Beach~

Date: Tuesdays 10/5-11/2/21 **Time**: 4-4:45pm

Ages: 7-10yrs.

Cost: \$110

Cost: \$95

Fit Club is a Physical Education style gym class where players play games like jailbreak, dodgeball and Protect the Penguin as well as tag and relay races while getting fit and having fun in a safe, high energy environment.

OBSTACLES with Coach Candice

~5 weeks. Held at the Recreation Center~

Date: Thursdays 9/30-10/28 (Session 1) **Time:** 4-5pm Ages: 8-11yrs. Cost: \$95

OR 11/11-12/16 (Session 2) *NO class 11/25 for session 2*

Each week together with the instructor, students will use their creativity to build obstacle courses and then race them for the best times as a group.



ADULT ACTIVITIES



Clarizio Guitar Lessons

~Held at Clarizio Music Center 2428 Bridge Avenue. Point Pleasant~

Adult Intro to Guitar-

Ages:13+

Date: Wednesdays 9/29-11/3/21

Time:7-7:45pm

Cost:\$125

This class is designed for people who want to give guitar a try in a relaxed group setting. You'll be taught the basics of guitar and you'll be playing chords in no time. Your own instrument is required. Call if you need help obtaining a guitar (732)295-6644. We offer discounts to enrolled students.

ADULT TENNIS 6 weeks \$60

You will need your own tennis racket

Tennis Adult Beginner Tennis Adult Intermediate Tennis Adult Beginner

Wednesdays 9/29-11/3/21 Wednesday 9/29-11/3/21 Saturdays 10/2- 11/6/21

7-8pm 8-9pm 8-9am







STEM PLUS ACADEMY

~All classes are virtual, done through ZOOM~

Science of stretching is a mat-based, targeted mobility training method that helps students with stiff backs, locked up hips and tight hamstrings. We use deep, long hold stretches to improve our mobility. **These classes are NOT for pregnant women.**

Happy Hips- October classes: Tuesdays 10/5, 10/12, 10/19, 10/26 OR November classes: Tuesdays 11/2, 11/9, 11/16, 11/23

Ages:18+

Time: 10-11am

Cost: \$59 per 4 week class

Do you have locked up hips? Gain flexibility, elasticity and improve hip joint mobility whether it is to advance your yoga practice, improve posture or do deeper squats. All levels welcome.

Hamstring Freedom - October classes: Thursdays 10/7, 10/14, 10/21, 10/28 **Ages:** 18+ November classes: Thursdays 11/4, 11/11, 11/18, 12/2

Cost: \$59 per 4 week class Time:7-8pm

Modern life and many exercises such as running, cross fit, and interval training can tighten and shorten hamstrings. This class will focus on lengthening your hamstrings to bring back flexibility and range of motion. All levels welcome.

YOGA CLASSES





Yoga for all levels (In Studio) - Date: Tuesdays, Thursdays & Saturdays 10/5-11/27 (no classes 11/25) Time: Tuesday 6:30pm, Thursday 7pm and Saturday 8am Ages: 13+Cost: \$160 These classes are open to the beginner through the intermediate yoga student. The instructor will offer modifications and verbal cues in order to enhance your personal practice. You will learn the foundations of yoga and will leave feeling a sense of calm, release and an overall sense of greater well being.

<u>Tai Chi/Qigong (IN STUDIO)</u> Date: Mondays and Fridays 10/4-11/26/21 Time: 11am

Ages: 13+

Cost: \$160

Integral Tai Chi will help build stamina and proper circulation for a healthy immune system. Also minding breath and posture keeps attention in the present moment and assists in inducing relaxation to balance the nervous system. We will learn seated, standing and combination routines over the next 8 weeks. This is not traditional Tai Chi although it is inspired by the richness that all lineages carry through time and many gestures have a traditional likeness.

PEDIATRIC HEART SAVER CPR CLASS

Date: Wednesday October 6, 2021

Time: 6:00-9:00pm

Ages: 16+

Cost: \$35

Location: Rec Center Classroom 1

This class is designed for Mom, Dad and even the babysitter or for those that are required to be certified by work, school, community activities, etc. We will go over cardiopulmonary resuscitation for infants (ages: newborn-1) and children (ages: 2-12). Choking procedures for both conscious and unconscious children and infants plus rescue breathing for both children and infants. A 2 year course completion certificate will be issued to all those who successfully complete the class.



PICKLEBALL

~Held at the Recreation Center Outside ~

Days: Mondays <u>or</u> Thursdays ~Starts Monday 9/27/21~ **Time**: 7-9pm **Ages**: 18+ **Cost:** \$15 season

Stop being a couch potato and come on out and play Pickleball on two indoor courts at the Recreation Center. It is great exercise and it is fun!! Beginners are especially welcome. Instruction and equipment will be provided if you do not have your own. Join us!!

Borough of Pt. Pleasant Senior Beehive Program

The Beehive at St. Martha's remains closed. The status will be updated when there are changes.

We will be holding some programs at Riverfront Park in the meantime on Tuesdays at 11am. Call Recreation at (732)892-5813 for information and keep checking our website for updates.

Call Kathy for more information or about referral services available for seniors-(732)810-5890



