

**POINT  
PLEASANT  
RECREATION**



**2022 Winter  
Schedule**

Mayor Robert A. Sabosik and the Borough Council are  
pleased to announce the  
Borough of Point Pleasant's  
2022 Winter Recreation Schedule of Programs.



Mayor Robert A. Sabosik



Council President Antoinette Depaola



Councilwoman Charlene Archer



Councilman William Borowsky



Councilwoman Valerie Coulson



Councilman Joe Furrato



Councilman John Wisniewski

**REGISTRATION INFORMATION**

Borough residents can register on Tuesday, December 7th at 10am.  
 Non-borough residents can register on Tuesday, December 14th at 10am.  
 Registration closes on Tuesday, December 21st at 5pm.

Registration is done through your Community Pass account with your credit or debit card. To create an account visit [www.ptboro.com/recreation](http://www.ptboro.com/recreation) and be sure to add all of your family members.

The Recreation Department reserves the right to cancel classes due to low enrollment and also reserves the right to remove a program participant for disciplinary problems or violations of Recreation rules and policies.

No refund requests after December 21st. Refunds are by check only and can take up to 45 days to process. FOR MORE INFORMATION CONTACT RECREATION CENTER AT (732-892-5813)

ACTIVITY	AGE	PRESCHOOL PROGRAMS —			LENGTH	FEE
		DAY	START	TIME		
KINDERSCHOOL	4-5	M-W-F	Sept.13th	8:30-2:00	36WKS	\$2475
KINDERSCHOOL	4-5	M-W-F	Sept.13th	9:00-2:30	36WKS	\$2475
KINDERSCHOOL	4-5	TU/THR	Sept.14th	11:15-3:15	36WKS	\$1200
LITTLE LEARNERS	3-4	TU/THR	Sept.14th	8:00-11:00	36WKS	\$900
LITTLE LEARNERS	3-4	TU/THR	Sept.14th	8:45-11:45	36WKS	\$900
LITTLE LEARNERS	3-4	TU/THR	Sept.14th	12:00-3:00	36WKS	\$900

Registration secures a child's spot in the program for the entire year, pending prompt payment of the monthly Preschool fees which are broken into 10 monthly payments due on the FIRST of each month. First payment is due at sign up in March then monthly payments start on June 1st through February 1st. PROOF OF RESIDENCY AND BIRTH CERTIFICATES WILL BE REQUIRED. Registrations for the above classes were held in March 2021. Contact (732)892-5813 to see if there are any openings. \*All deposits are non-refundable\*

**YOUTH ACTIVITIES**

Activity	Ages	Days	Time	Start	End	Cost
Story & Craft	2 years	Tuesday	10am	1/4/22	2/22/22	\$50♥
Story & Craft	3 years	Tuesday	11am	1/4/22	2/22/22	\$50♥
Tiny Tots	18mths-3yrs.	Wednesday	9am	1/5/22	2/23/22	\$50♥
Tiny Tots	18mths-3yrs.	Wednesday	10am	1/5/22	2/23/22	\$50♥
Kindersports	4-5 years	Wednesday	1:30pm	1/5/22	2/23/22	\$50
Kindersports	4-5 years	Wednesday	2:30pm	1/5/22	2/23/22	\$50

♥Denotes programs which require a parent to attend with the child. NO older or younger siblings permitted UNLESS they are age appropriate and have also been registered. NO EXCEPTIONS.



**Special Notice Concerning Inclement Weather Cancellations....**



Closings can be viewed on the [Borough's Facebook page](#) and will also be emailed to your Community Pass Account.

**Biddy Basketball with Coach Carl— 7 weeks \$50 ~THIS IS A DROP OFF PROGRAM~**

Activity	Grades	Days	Start Date	Time
Biddy Basketball	1st & 2nd	Wednesday	January 5th-February 16th	5-6pm
Biddy Basketball	1st & 2nd	Wednesday	January 5th-February 16th	6-7pm
Biddy Basketball	3rd	Wednesday	January 5th-February 16th	7-8pm



**Children's Martial Arts**

~Held at the Rec Center in the gym and runs for 8 weeks~

**Ages:** 4-10

**Date:** Fridays, 1/7-2/25/22

**Time:** 5:00-6:00pm

**Cost:** \$100

Your child will learn various self defense tactics and techniques that will enable them to help avoid conflict and recognize danger. They will learn about personal space and keeping distance. They will also learn some blocks, strikes and more, all in a friendly and safe environment.



~Classes will be held online through ZOOM~

**VIRTUAL MINECRAFT CLUB**

**January:** Grades: 1-8    **Dates:** Fridays 1/7, 1/14, 1/21, 1/28    **Time:** 4:30-5:30pm    **Cost:** \$65  
**February:** Grades: 1-8    **Dates:** Fridays 2/4, 2/11, 2/18, 2/25    **Time:** 4:30-5:30pm    **Cost:** \$65  
**March:** Grades: 1-8    **Dates:** Fridays 3/4, 3/11, 3/18, 3/25    **Time:** 4:30-5:30pm    **Cost:** \$65

Minecraft is a widely popular 3D video game that lets users explore, construct, create and interact inside an open and changeable virtual world. Because of its educational potential, Minecraft has evolved into an excellent (and engaging) way to expose students to STEM-related subjects, especially computer science and technology.

Students will use their own Minecraft Java account to join our server. Once per week, students will connect and talk with each other using the Zoom app. This allows for children to communicate and collaborate easily as well as for us to assist them. In addition, the server will remain open during non-Zoom hours to allow kids to continue their exploration and build projects.

**This course is ONLY for kids who want to play using their Minecraft Java account.** The Java version is only playable on the computer.



### **Kids & Tweens Yoga**

~Held at the Recreation Center, classes run for 8 weeks



**Kids Yoga-** **Ages:** 5-8 **Dates:** Mondays, 1/3-2/28/22 **Time:**4:15-5pm **Cost:** \$110

Kids Yoga classes with Sarah Stevenson, registered Children’s Yoga teacher and founder of Mindful Educational Services are a fun and creative way for your child to learn to explore self. This class builds a sense of body awareness, concentration, increased confidence and gives a variety of tools to manage stress with breathing techniques. With stories and games in a non competitive environment children will learn the wonder that is yoga. Bring a yoga mat, water bottle and blanket.

**Tween Yoga-** **Ages:** 9-12 **Dates:** Mondays, 1/3-2/28/22 **Time:** 5:15-6pm **Cost:** \$110

Life is busy and it is easy to feel overloaded and anxious at times. Tween Yoga is designed to teach tweens to make time for themselves. You will learn yoga poses that build strength, flexibility, encourage exploration of self and support a healthy nervous system. Your child will come home feeling a deeper sense of confidence, the ability to better self-regulate and an overall feeling of ease and peace. Bring a yoga mat, water bottle and blanket.



### **Red House Music Studio**

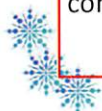
~Held at Red House Music Studio 3127 Bridge Avenue Point Pleasant~



**Disney Dazzle-** **Dates:** Saturdays, 1/8-2/12/22 **Time:** 10-11am **Ages:** 5-10 **Cost:** \$120  
Sing and perform Disney material from classic to modern Disney movies and Broadway productions. Students will also learn the fundamentals of singing through proper breath support and proper vocal technique. Students will demonstrate what they learned on final day of class at the end of the 6 wks.

**Vocal Workshop-** **Dates:** Fridays, 1/7-2/11/22 **Time:** 4-5pm **Ages:** 7+ **Cost:** \$135  
Requirement: MUST love to sing! Learn technique and performance. Student will be given material to perform based on their voice type and favorite genre of music. From country to Broadway, pop to opera, the student determines their material based on their interest. Emphasis on foundations needed to sing properly and effectively. This class runs for 6 weeks.

**Kids Improv Workshop-** **Dates:** Tuesdays, 1/4-2/22/22 **Time:** 5-7pm **Ages:** 10+ **Cost:** \$185  
Come learn the basics of improv. Improv games, scenes and performance will build confidence and help you better understand improvisational theater. This class runs for 8 weeks.



**FIT CLUB 2 w/COACH CANDICE**

~Held at Vive Fitness Route 35 South, Point Pleasant Beach~

\*\*runs for 6 weeks\*\*

**Dates:** Tuesdays, 1/4-2/8/22      **Time:** 4-5pm      **Ages:** 7-10      **Cost:** \$95

Fit Club is a Physical Education “high energy” class where students play PE games like Castleball, Protect the Penguin, Tag and relay games in a safe, fun environment.

**OBSTACLES w/ COACH CANDICE**

~Held at the Rec Center in the gym~

\*Each session is 5 weeks\*

**Dates:** Thursdays, 1/6-2/3/22 (session 1)      **Time:** 4:15-5:15pm      **Ages:** 6-8      **Cost:** \$95

Thursdays, 1/6-2/23/22 (session 1)      **Time:** 5:20-6:20pm      **Ages:** 8-11      **Cost:** \$95

**Dates:** Thursdays, 2/17-3/17(session2)      **Time:** 4:15-5:15pm      **Ages:** 6-8      **Cost:** \$95

Thursdays, 2/17-3/17(session2)      **Time:** 5:20-6:20pm      **Ages:** 8-11      **Cost:** \$95

Each week together with the instructor students will use their creativity to build obstacle courses and then race against each other for best times both individually and as a team.

**X CLUB-COMPETITIVE GAMES w/COACH CANDICE**

~Held at Vive Fitness Route 35 South Pt Pleasant Beach~

\*This class runs for 6 weeks\*

**Dates:** Wednesdays, 1/4-2/8/22      **Time:** 3:30-4:30      **Ages:** 11-13      **Cost:** \$100

Attention middle schoolers!! Looking for something fun to keep in shape for winter? Get moving and play competitive gym games in this high energy class for the 6th-8th graders. Come to race, throw and play hard for points. There are winners and prizes! (Fun, safe, and competitive class. The more kids sign up, the better the prizes.)





## DANCE CLASSES

~held at Shore Dance Center 632 Ocean Road- Classes run for 6 weeks~  
~ALL CLASSES ARE DROP OFF, PARENTS DO NOT STAY~

**PS Ballet**    **Ages:** 3-4    **Time:** 9:30-10:15am    **Dates:** Tuesdays, 1/4-2/8/22    **Cost:** \$60  
\*\*Wear leotard/tights and ballet shoes\*\*

**Jazz/Hip Hop**    **Ages:** 4-6    **Time:** 3:30-4:15pm    **Dates:** Mondays, 1/3-2/7/22    **Cost:** \$60  
~This class will be held in Studio II next door~  
\*\*Wear fitted clothing, sneakers or jazz shoes\*\*



## BROADWAY Intensive

~Held at Point Borough High School Auditorium~

**Dates:** Workshop 1– Saturday 1/15/22 or Workshop 2-Saturday 2/5/22    **Time:** 10am-3pm

**Ages:** 5-14

**Cost:** \$35 for 1 day / \$50 for both dates

In these workshops, students will dive deep into the musical theatre world. They will learn about all of the parts of the theatre, how it runs and operates. They will also learn and perform a song and dance from a Broadway show by the end of the workshop. These workshops will be super fun filled with games, singing, dancing and acting !!





### Shore Point Fitness

~held at Shore Point Fitness, 626 Ocean Road Point Pleasant~



**Fit Kids-** **Ages:** 9-12 **Dates:** Wednesdays, 1/5-2/9/22 **Time:** 4-4:45pm **Cost:** \$80  
A physical activity program designed to make health and fitness fun for kids ages 9-12. Classes are designed to incorporate kids of all fitness levels so that each child feels welcome and successful. Hard work and fitness games are incorporated to develop a lifelong love of fitness! Wear your workout gear and bring water. This class runs for **6 weeks**.

**Fit Teens-** **Ages:** 11-15 **Dates:** M,T,Th,(4pm) Fri.(3:45pm) 1/3-1/28/22 **Cost:** \$55  
This class is geared for middle school and early high school aged teens, that are looking to improve athletic performance, stay fit, or just get started. All levels will have unlimited access to all of our Fit Teen classes for **4 weeks**.

**Strength & Conditioning/Yoga-** **Ages:** 16+ **Dates:** 1/3-1/28/22  
**Time:** See class schedule. **Cost:** \$95  
These classes are for participants 16 years and older that are looking to improve athletic performance, stay fit or just get started. All levels will have unlimited access to all of our classes including yoga for **4 weeks**.



### Youth Flag Football League

~Held at Point Pleasant Borough Stadium Field Turf~



**Date:** Sundays, 1/2-1/30/22 **Time:** 11am-Grades K-2  
12pm-Grades 3-5 **Cost:** \$110

Grades K-2 and 3-5 will be grouped together to compete and have fun in a flag football league. Games will be 5 v 5. Teams can have up to 10 players per team. This league will run every Sunday for **5 weeks**.





### **Clarizio Guitar & Piano Lessons**

~Held at Clarizio Music Center 2428 Bridge Avenue Point Pleasant~

\*\*classes run for 6 weeks\*\*

**Kids Intro to Piano-** Ages:7-12 **Dates:** Wednesdays, 1/5-2/9/22 **Time:** 5-5:45 **Cost:** \$125  
This group class will lay the foundations of piano in a fun and easy way giving the students confidence to continue exploring music if they wish. They will learn posture, position of the notes on the keyboard and how to play simple songs.

**Kids Intro to Guitar-** Ages:7-12 **Dates:** Wednesdays, 1/5-2/9/22 **Time:**6-6:45pm **Cost:**\$125  
This group class will teach new musicians the basics of guitar in a fun and engaging way. Students will learn about how this instrument works and basic chords to start them on the path to becoming a real player.

**\*Your own instrument is required\* Call if you need help obtaining a guitar. We offer a discount to all enrolled students.**



## ADULT ACTIVITIES



### ADULT / TEEN YOGA

~Held at Peace Warrior Yoga, 2809 Bridge Avenue Point Pleasant~  
\*\*classes run for 8 weeks\*\*

#### **Adult/Teen Beginner Yoga-** Ages: 13+ Dates: Sundays, 1/9-3/6/22 Time: 8:30AM Cost: \$120

This class is recommended for both beginners and practitioners who want to deepen their yoga practice. Join us for a foundational alignment based flow. Through imaginary and anatomy based cueing we will break down basic poses for anatomical alignment flowing into a focused and safe practice. This class is especially useful for injury prevention, joint health and complimentary to other slow-paced classes. You will leave feeling calm, relaxed and have an overall greater sense of well being. Wear comfortable clothing and bring a yoga mat.

#### **Adult/Teen Yoga for all levels-** Ages: 13+ Date: Tuesdays @ 6:30PM **AND** Saturdays @ 8AM 1/4-2/26/22 Cost: \$160

These classes are open to those who have just started practicing yoga thru the intermediate yoga student. You will learn the foundations of yoga to better enhance your personal practice and leave feeling more relaxed, calm and an overall sense of greater well being. Wear comfortable clothing and bring a yoga mat.

#### **Tai Chi / Qi Gong-** Age: 16+ Date: Mondays, 1/3-2/21/22 Time: 11AM Cost: \$120

Integrated Tai Chi will help build stamina and proper circulation for a healthy immune system. Also minding breath and postures keeps attention in the present moment and assists in inducing relaxation to balance the nervous system. We will learn seated, standing and combination routines over an 8 week period. This is not traditional Tai Chi although it is inspired by the richness that all lineages carry through time and many gestures have a traditional likeness. Please wear comfortable clothing. No yoga mat is needed.

### **Pediatric Heart Saver CPR Class**

~Location: Rec Center Classroom #1~

**Date:** Wednesday, 2/9/22 **Time:** 6-9pm **Ages:** 16+ **Cost:** \$35

This class is designed for Mom, Dad and even the babysitter or for those that are required to be certified by work, school, community activities, etc. We will go over cardiopulmonary resuscitation for infants (ages newborn-1yr) and children (ages 2-12yrs). Choking procedures for both conscious, unconscious children and infants plus rescue breathing for both children and infants. A 2 year course completion certificate will be issued to all those who successfully complete the class.





## PICKLEBALL

~Held at the Recreation Center~

**Date:** Mondays OR Thursdays

**Starts:** 1/3/22

**Time:** 7-9pm

**Ages:** 18+

**Cost:** \$15

Stop being a couch potato and come on out and play Pickleball on two indoor courts at the Recreation Center. It is great exercise and it is fun! Beginners are especially welcome. Instruction and equipment will be provided if you do not have your own. Join us!



## CLARIZIO GUITAR LESSONS

~Held at Clarizio Music Center 2428 Bridge Avenue Point Pleasant~

\*\*runs for 6 weeks\*\*

**Adult intro to Guitar- Ages: 13+ Date:** Wednesdays, 1/5-2/9/22 **Time:**7-7:45pm

**Cost:**\$125

This class is designed for people who want to give guitar playing a try in a relaxed group setting. You will be taught the basics of guitar and be playing chords in no time. \*\*Your own instrument is required. Call if you need help obtaining a guitar. We offer discounts to enrolled students.\*\*

## Borough of Point Pleasant Senior Program

Borough of Pt. Pleasant, St. Martha's Beehive & Life Chapel announce the return of Senior programs held at St. Martha's Church 3800 Herbertsville Road & at Life Chapel 3118 Bridge Avenue

Come out and once again join with friends to participate in various fun-filled activities and senior programs.

**Tuesdays**– St. Martha's 10-2PM Cards, Mahjong, Socialization with friends

**Wednesday**– Life Chapel 9-12:30PM Cards, Mahjong, Stitching, Fitness with Sandy @ 11:30

**Thursday**– St. Martha's 10-2PM Cards, Mahjong, Knitting

**Friday**– Life Chapel 9-1PM Cards, Mahjong, Socialization with friends, Fitness with Sandy @ 10:30-11:30.

~Senior programs will be closed from 12/23-12/31~

Call Kathy Ruane for more information and about referral services available for seniors at (732)810-5890.





Please join Mayor Sabosik and the Borough Council with the Point Pleasant Chamber of Commerce for the

# ANNUAL CHRISTMAS TREE LIGHTING EVENT AND MARKET IN THE PARK

Saturday, December 4th • 5:00-8:00PM

## COMMUNITY PARK

Christmas Tree Lighting and Local Performances starting at 5:00PM  
 Visit with Santa, Family Photo Opportunities,  
 Ice Carvings, Local Vendors, Bounce Houses and Food Trucks

*Happy Holidays from the Borough of Point Pleasant!*



**An Old Fashioned Christmas at Santa's Workshop!**

Date: Saturday, 12/11/21 & Sunday, 12/12/21 Time: 2-5pm



Location: Bennett Log Cabin at Riverfront Park  
 (corner of River Road and Maxson Avenue)

Come out and visit with Santa & Mrs. Claus, enjoy his trains, antique dolls and a display by Rudolph! Fun for the whole family! Photos with Santa can be taken on both days.

