

## POINT PLEASANT RECREATION



















FALL SCHEDULE 2022





Mayor Sabosik, Council President Archer along with Council members DePaola, Borowsky, Coulson, Wisniewski and Furmato are pleased to announce the Point Pleasant Recreation's 2022 Fall Schedule of programs.

Happy Fall





Mayor Robert Sabosik



Councilman Bill Borowsky



Council President Charlene Archer



Councilwoman Valerie Coulson



Councilwoman

Toni Depaola

Councilman John Wisniewski



Councilman Joe Furmato





#### REGISTRATION INFORMATION



Borough residents can register on Wednesday, September 14th at 10AM Non-borough residents can register on Wednesday, September 21st at 10AM Registration closes on September 28th at 5pm



\*\*Late registrations after 9/28 (if openings still exist) will incur a \$10 late registration fee\*\*

Registration is done through your Community Pass account with your credit or debit card. To create an account visit www.ptboro.com/recreation and be sure to add all of your family members.

The Recreation Department reserves the right to cancel classes due to low enrollment and also reserves

the right to remove a program participant for disciplinary problems or violations of Recreation rules and policies.

No refund requests after September 29th. Refunds are by check only and can take up to 45 days to process. FOR MORE INFORMATION CONTACT RECREATION CENTER AT (732) 892-5813.

ACTIVITY	AGE	DAY	PRESCHOOL START	<u>TIME</u>	LENGTH	FEE
KINDERSCHOOL	4-5	M-W-F	September 12th	8:30-2:00	36 Weeks	\$2475
KINDERSCHOOL	4-5	M-W-F	September 12th	9:00-2:00	36 Weeks	\$2475
KINDERSCHOOL	4-5	TU/THR	September 13th	8:30-2:00	36 Weeks	\$1635
LITTLE LEARNERS	3-4	TU/THR	September 13th	8:30-11:30	36 Weeks	\$900
LITTLE LEARNERS	3-4	TU/THR	September 13th	12:00-3:00	36 Weeks	\$900

Registration secures a child's spot in the program for the entire year, pending prompt payment of the monthly Preschool fees which are broken into 10 monthly payments due on the FIRST of each month. First payment is due at sign up in March then monthly payments start on June 1st through February 1st. PROOF OF RESIDENCY AND BIRTH CERTIFICATES WILL BE REQUIRED. **Registration for the above classes were held in March 2022.** Contact (732)892-5813 to see if there are any openings. \*All deposits are non-refundable\*

Activity	Ages	Day	Time	Start	End	Cost
Music & Movement	2-4	Wednesdays	9-9:45am	10/5/22	11/23/22	\$50♥
Tiny Tots	18mths-3	Wednesdays	10-10:45am	10/5/22	11/23/22	\$50♥
Kindersports	4-5	Wednesdays	2:30-3:15pm	10/5/22	11/23/22	\$50
Story & Craft	3-4	Fridays	10-10:45am	10/7/22	12/9/22	\$50♥

◆ Denotes programs which require a parent to attend with the child. NO older or younger siblings permitted UNLESS they are age appropriate and have also been registered. NO EXCEPTIONS.

#### **Children's Martial Arts**

~Held for 8 weeks at Tygon Martial Arts 2701 Bridge Avenue Point Pleasant~

**Ages:** 4-7 **Date:** Fridays 10/7-11/25/22 **Time:** 4:00-4:50pm **Cost:** \$130 **Ages:** 8-12 **Date:** Fridays 10/7-11/25/22 **Time:** 5:00-5:50pm **Cost:** \$130

Martial Arts Your child will learn techniques that will help them to avoid conflicts and danger using self defense, blocks, kicks and strikes. We will focus on physical fitness as well as providing your child with mental training such as respect, patience, discipline, self-esteem and more. Training for a martial art can focus the mind and help in school as well as other aspects of life. All participants will have fun while learning in a friendly environment.



#### BIDDY BASKETBALL

7 weeks

Cost: \$50

Recreation Center Gym— Drop Off program

Date: Saturday, October 8th — November 19th

Grades: 1st & 2nd 9-9:45am

Grades: 2nd & 3rd 10-10:45am

\*\*2nd graders should chose only ONE class\*\*





Runs for 6 Weeks COST: \$60 Please bring your own racket.

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Ages	Day	Start	End	Time	
6 & 7	Monday	September 26th	November 14th	5-6pm	
8 & 9	Monday	September 26th	November 14th	6-7pm	
6 & 7	Tuesday	September 27th	November 1st	5-6pm	
10-12	Tuesday	September 27th	November 1st	6-7pm	
8 & 9	Wednesday	September 28th	November 2nd	5-6pm	
13-16	Wednesday	September 28th	November 2nd	6-7pm	
6 & 7	Thursday	September 29th	November 3rd	5-6pm	
8 & 9	Thursday	September 29th	November 3rd	6-7pm	
10-12	Saturday	October 1st	November 5th	9-10am	

Due to the popularity of this program, participants are limited to **ONE** class per session. If you register for more than one tennis program, your entire registration will be refunded and your child \*\*NO classes on 10/10 & 10/31\*\* will not be able to register.



#### One Day Multi Sports Camp

~Held at Community Park~

(Schools are closed on this day)

Date: Monday, October 10, 2022 Time: 9am-3pm **Ages:** 8-12 Cost: \$70

This camp is designed to introduce participants to sports they would not ordinarily have access to such as cricket, handball, volleyball, lacrosse, field hockey, as well as old favorites like soccer and flag football through a variety of fun games and drills.



#### Dance Classes

~Held at Shore Dance Center 632 Ocean Road Point Pleasant Classes run for 6 weeks~ ~~ALL CLASSES ARE DROP OFF, PARENTS DO NOT STAY~~

Time: 3:30-4:15pm Date: Tuesday 10/4 -11/1/22 Cost: \$65 Ballet/Tap **Ages:** 4-6

\*wear leotards/tights, ballet and tap shoes\*

Cost: \$65 **Time**: 9:30-10:15am Date: Thursday 10/6-11/3/22 Preschool Ballet Ages: 3-5

\*wear leotards/tights, ballet shoes\*

Time: 3:30-4:15pm Date: Friday 10/7-11/4/22 Cost: \$65 Jazz/Hip Hop **Ages:** 6-8 Dancers can wear leotards with leggings/shorts or tight fitted clothing with jazz shoes or sneakers\*







#### Youth Flag Football League

~Held at Point Borough Memorial Middle School Field~



**Date:** Sundays 10/2-10/30/22 **Time:** 9-10am for grades K-5 Cost: \$135

Grades K-2 and 3-5 will be grouped together to compete and have fun in a flag football league. Games will be 7 v 7. Teams can have up to 10 players per team. This league will run every Sunday for 5 weeks. Each child will receive a team jersey for the season.

#### POINT RECREATION WRESTLING

~Held at Point Borough High School Wrestling room~

Grades: K-5 Boys & Girls Days: Tuesdays and Thursdays Date: 12/6—1/26/23 Time: 6-7pm Cost:\$160

This 8 week program is for 1st or 2nd year wrestlers to learn the sport from the Point Borough High School coaching staff. They will put your child through fundamental drills that will help them learn the wrestling system used throughout every level of the program. Your child will have the opportunity to wrestle live with partners of similar age and body weight in a controlled environment. This program will give your child a chance to learn wrestling, make friends and most importantly, have fun! This runs for 7 wks.

Grades: 3rd-8th Boys & Girls Days: Tuesdays and Thursdays Date:11/8-1/26/23 Time: 7-8pm Cost:\$210

This 10 week program is for wrestlers with 2 or more years experience ready to compete in matches. The Point Borough High School staff will put your child through fundamental drills that will help them learn the wrestling system used throughout every level of the program. Additionally, your child will have the opportunity to wrestle live with partners of similar age and body weight in a controlled environment. There will also be development matches set up with wrestlers of similar age, size and ability. Your child will learn wrestling, make friends and most importantly, have fun! This runs for 10 weeks.

#### 2022/2023 Winter Youth Basketball League -Held at Ocean Road School and runs for 10 weeks -

Grades 4-8

Cost: \$90 Girls - Division I

Division II

Grades: 4 & 5 Grades: 6-8

Boys - Division I

Grades 4 & 5

Division II

Grades 6-8

\*This is for the Winter season that starts the week of December 5th \* ~SPONSORS & COACHES NEEDED~

#### Art Program

~Held at the High School in room A-11 runs for 8 weeks.~ \*Parents can enter through the back entrance of the High School\*



Experiences in Art- Date: Thursdays 9/29-11/17/22 Time: 5-7pm Ages: 7 and up Cost: \$140

Come and enjoy creative art lessons spanning a wide range of media. Kids will draw, paint, sculpt in clay, use plaster and/or paper mache. A little bit of everything art!!

## Skateboarding Classes— 7 Weeks \$100 ~Held at Skate Park on Route 88, Point Pleasant~

Level	Ages	Day	Start	End	Time	
Beginners	5-8	Saturday	10/1/22	11/12/22	8-9am	
Intermediates	5-8	Saturday	10/1/22	11/12/22	9-10am	
Beginners	9-14	Saturday	10/1/22	11/12/22	10-11am	
Intermediates	9-14	Saturday	10/1/22	11/12/22	11am-12pm	
Advanced	5-14	Saturday	10/1/22	11/12/22	12-1pm	
Beginners	9-14	Sunday	10/2/22	11/13/22	8-9am	
Intermediates	9-14	Sunday	10/2/22	11/13/22	9-10am	
Beginners	9-14	Sunday	10/2/22	11/13/22	10-11am	
Intermediates	9-14	Sunday	10/2/22	11/13/22	11am-12pm	
Advanced	5-14	Sunday	10/2/22	11/13/22	12-1pm	

<sup>\*</sup>Helmets and wrist guards are required\*

#### FIT CLUB with Coach Candice

~5 weeks, Held at Vive Fitness Route 35 South, Point Pleasant Beach~

**Date**: Tuesdays 10/4-11/1/22 (session I) Tuesdays 11/15-12/13/22 (session II) Ages: 6-10 Time: 4-5pm Cost: \$95 per session

Fit Club is a high energy PE games class where players play gym games like jailbreak, dodgeball, capture the flag and protect the penguin as well as relays & tag games in a fun in a safe, high energy environment.

#### OBSTACLES with Coach Candice

~5 weeks, Held at the Recreation Center~ COST: \$95

Date: Thursdays 9/29-10/27 (Session 1) Ages: 6-8 Time: 4:15-5:15pm Ages:8-10 Time:5:20 -6:20pm OR 11/3-12/15 (Session 2) Ages: 6-8 Time: 4:15-5:15pm Ages: 8-10 Time:5:20-6:20pm \*NO class 11/10 & 11/24 for session 2\*

Each week together with the instructor, students will use their creativity to build obstacle courses and then race against each other for best times both individually & as a group.

#### Strikers Soccer Clinic w/Coach Candice

~Held at Arnold Ave. Field & runs for 5 weeks~

Cost: \$95 Date: Wednesdays 9/28-10/26/22 **Ages:** 5-8 Time: 4:15-5:15pm

Players will learn and practice basic skills of soccer and put them into play in skill related games and scrimmages with their peers. \*\*Please wear shin guards and cleats. Be sure to bring water each week.\*\*

#### RED HOUSE MUSIC STUDIO

~Held at Red House Music Studio 3127 Bridge Avenue Point Pleasant~ Classes run for 6 weeks



<u>Intro to band</u>- Date: Tuesdays 10/4—11/8/22 Time: 5-6pm Ages: 7-12 Cost: \$130 No musical experience needed. Learn about various instruments and music.



#### **BOOT CAMP CLASSES**

~Held at Shore Point Fitness, 626 Ocean Road, Point Pleasant~

<u>Fit Kids-</u> <u>Ages</u>: 9-12 <u>Date:</u> Wednesdays 10/3-11/2/22 <u>Time</u>: 4-4:45pm <u>Cost:</u> \$80 A physical activity program designed to make health and fitness fun for kids. Classes are designed to incorporate kids of all fitness levels. Hard work & fitness games are incorporated to develop a lifelong love of fitness! Wear workout gear and bring water. This class runs for **6 weeks.** 

<u>Fit Teens-</u> <u>Ages</u>: 11-15 **Date:** (week of 10/3) Mondays, Tuesdays, Thursdays **Time**: 4-4:45pm Fridays **Time**: 3:45-4:30pm **Cost:** \$65

This class is geared for middle school and early high school aged teens that are looking to improve athletic performance, stay fit or just get started. All levels will have unlimited access to all of our Fit Teen classes for **4 weeks**.



#### Kids & Tweens Yoga

~Held at the Recreation Center, classes run for 8 weeks~ \*\*No classes on 10/10 & 10/31\*\*

<u>Kids Yoga</u>— Ages: 5-8 Date: Mondays 9/26-11/28/22 Time: 4:15-5:00pm Cost: \$110 Kid's Yoga classes by Mindful Educational Services are a fun and creative way for your child to learn to explore self. This class builds a sense of body awareness, concentration, increased confidence and gives a variety of tools to manage stress with breathing techniques. With stories and games in a non competitive environment, children will learn the wonder that is yoga. Bring a yoga mat, water bottle and blanket.

<u>Tween Yoga-</u> Ages: 9-12 Date: Mondays 9/26-11/28/22 Time: 5:15-6:00pm Cost: \$110 Life is busy and it is easy to feel overloaded and anxious at times! Tween Yoga is designed to teach tweens to make time for themselves. They will learn yoga poses that build strength, flexibility, encourage exploration of self and support a healthy nervous system. Your child will come home feeling a deeper sense of confidence, with the ability to better self-regulate and an overall feeling of ease and peace. Bring a yoga mat, water bottle and blanket.

#### Clarizio Guitar & Piano Lessons

~Held at Clarizio Music Center 2428 Bridge Avenue Point Pleasant~

\*\*classes run for 6 weeks\*\*

Kids Intro to Guitar- Ages: 7-12 Date: Wednesdays 10/5-11/9/22 Time:6-6:45pm Cost: \$125

This class will teach new musicians the basics of guitar in a fun and engaging way. Students will learn about how their instrument works and basic chords to start them on the path to becoming a real player. \*Your own instrument is required\* We offer a discount to all enrolled students on the purchase of a new guitar. Call Clarizio for details.

Kids Intro to Piano- Ages: 7-12 Date: Wednesdays 10/5-11/9/22 Time:5-5:45pm Cost:\$125

This group class will lay the foundations of piano in a fun and easy way giving the students confidence to continue exploring music if they wish. They will learn posture, position of the notes on the keyboard and how to play simple songs.



~Held at Extensions Dance Academy 3000 Rt.88, Point Pleasant~ \*\*classes run for 6 weeks\*

Creative Movement Dance **Ages:** 2 1/2-4 **Date:** Wednesdays 10/5-11/9/22

**Time:** 4:30-5:15pm Cost: \$60

Sing! Dance! Play! This class is a perfect way to introduce your little ones to dance class for the first time! Each class starts with circle time dance games, followed by dance room fun such as obstacle courses & parachute play, then ends with learning a small dance!

**Musical Theater Dance** Ages: 8-12 **Date:** Thursdays 10/6-11/10/22

**Time:** 4:15-5pm Cost: \$60

A fun class for students who enjoy Broadway style movement. The class will include technique training, exciting choreography and acting games!

Breakdancing **Ages:** 8-12 **Date:** Thursdays 10/6-11/10/22

**Time:** 6-7pm Cost: \$60

This exciting class will focus on the fundamentals of breakdancing, including top rocks, floor work, power moves and freezes.

Sensory & Creative Play Class
~Held at Recreation Center gym and runs for 5 weeks~

**Date:** Tuesdays 9/27-11/1/22 **Ages:** 2 1/2-6 **Time:** 4:30-5:15pm Cost:\$145

OR **Time**: 5:30-6:15pm **Cost:**\$145

SENSES BLOOM

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Senses Bloom creates invitations to play that encourage children to create, use their imagination, explore and experiment. **Parent and child** will enjoy learning through themed play via sensory bins playdough, games or dramatic play. Each registrant will receive a voucher for 1 free sensory kit. Questions? Email: Christina@sensesbloom.com.

~~NO CLASSES ON 10/11/22~~

**BROADWAY INTENSIVE** 

~Held at Point Borough High School Auditorium~

**Date:** Saturday, 10/1/22 **OR** Saturday, 10/22/22 **Time:** 10am-3pm **Age:** 5-14

Cost: \$30 for 1 day class OR \$50 for both days

In these workshops, students will dive deep into the musical theatre world. They will learn about all of the parts of the theatre and how it runs and operates. They will also learn and perform a song and dance from a broadway show by the end of the workshop. This will be a super fun day filled with games singing, dancing, acting and FUN!



~Held at Recreation Center~

**Date:** Tuesday-Friday December 27th - 30th Time:9 am-2 pm

Cost: \$100 **Ages:** 5-11

Campers will have fun with gym activities, themed days, crafts, sports, games and much more!

Snacks will be provided daily. Send your child with a water bottle and lunch.

#### **ADULT ACTIVITIES**

Adult Clay Handbuilding

~Held at Point Pleasant Boro High School, room A-11, back entrance (#20)~
\*\*This class runs for 8 weeks\*\*

**Date:** Tuesdays, 9/27-11/15/22 **Time:** 6-8pm **Ages:** 16+ **Cost:** \$160 Explore clay hand building techniques through teacher led projects for the beginner or intermediate ceramic artist. Pinch, coils, and slab clay techniques will be used to create functional and sculptural pieces. Lowfire, earthenware clay will be provided along with



#### Clarizio Guitar Lessons

~Held at Clarizio Music Center 2428 Bridge Avenue Point Pleasant~ \*\*This class runs for 6 weeks\*\*

Adult Intro to Guitar- Ages: 13+ Date: Wednesdays, 10/5-11/9/22

**Time**: 7-7:45pm **Cost:** \$125

This class is designed for people who want to give guitar a try in a relaxed group setting. You'll be taught the basics of guitar and you'll be playing chords in no time. Your own instrument is required. Call if you need help obtaining a guitar (732)295-6644. We offer discounts to enrolled students.



#### Adult / Teen Yoga

~Held at Peace Warrior Yoga Studio, 2809 Bridge Avenue Point Pleasant~

Adult/Teen Beginner- Date: Saturdays, 10/1-11/19/22 Time:8am
Ages:13+ Cost: \$150

This class is recommended for both beginners & practitioners who want to deepen their yoga practice. This class is especially useful for injury prevention, joint health & other slow-paced classes. Wear comfortable clothing. ~Runs for 8 weeks.~

<u>Adult/Teen for ALL levels</u>- Date: Tuesdays, 10/4-11/22/22 & Sundays, 10/2-11/20/22

Time: Tuesday 6:30pm/Sun. 8:30am Ages: 13+ Cost: \$160

These classes are open to those who have just started practicing yoga thru the intermediate student. You will learn to enhance your personal practice and leave feeling calm and relaxed & have an overall greater sense of well-being. Please wear comfortable clothing. ~Runs for 8 weeks.~

**Borough of Point Pleasant Senior Beehive Program** 

Come out and join with friends to participate in various fun filled activities and senior programs. These activities will be held at St. Martha's and also at Life Chapel. See schedule below:

<u>St. Martha's Church</u> 3800 Herbertsville Road Point Pleasant— <u>Tuesdays & Thursdays</u>: Cards, Socialization, Mahjong & knitting.

Life Chapel 3118 Bridge Aveune Point Pleasant-

Wednesdays & Fridays: Wed.-Cards, Mahjong, Fitness w/Sandy 12:30pm, Fri.-Cards, Mahjong, Chair Yoga 10:30am, Fitness w/Sandy 11:30am.

**Upcoming Atlantic City trips to Tropicana:** 

Tuesday,10/4/22 Cost: \$25 per person

\*\*Call the Beehive for more information\*\*

\*\*Call Kathy for more information or about referral services available for seniors-(732)810-5890\*\*





#### SHORE POINT FITNESS

~Held at Shore Point Fitness, 626 Ocean Road Point Pleasant~ \*class runs for 4 weeks\*

Strength & Conditioning / Yoga-

**Age:** 16+

Date: 10/4 - 10/31/22

Time: See schedule online

**Cost:** \$115 (unlimited \*\*excludes Saturday & Sunday\*\*)

These classes are for participants 16 years and older that are looking to improve their athletic performance, stay fit, or just get started. All levels will have unlimited access to all of our classes, including yoga for the 4 weeks.



#### ADULT TENNIS 6 weeks \$60

\*You will need your own tennis racket\* ~Classes held on Rec Center Tennis Courts~

Tennis Adult Beginner Saturdays, 10/1-11/5/22 Time:10am-11am Tennis Adult Intermediate Saturdays 10/1-11/5/22 Time:11am-12pm

#### PEDIATRIC HEART SAVER CPR CLASS

Ages: 16+ Cost: \$35 Location: Rec Center Classroom 1

This will be a "blended learning" format. You will receive an email with an online link to study / review prior to the class. This class is designed for Mom, Dad and even the babysitter or for those that are required to be certified by work, school, community activities, etc. We will go over cardiopulmonary resuscitation for infants (ages: newborn-1) and children (ages: 2-12). Choking procedures for both conscious and unconscious children and infants plus rescue breathing for both children and infants. A 2 year course completion certificate will be issued to all those who successfully complete the class.



#### PICKLEBALL

~Held at the Recreation Center Outside and runs for 10 weeks.~

**Days**: Mondays <u>or</u> Thursdays ~Starts Monday 9/26-12/1/22~

**Time**: 7-9pm **Ages**: 18+ **Cost**: \$20

Stop being a couch potato and come on out and play Pickleball on two indoor courts at the Recreation Center. It is great exercise and it is fun!! Beginners are especially welcome. Instruction and equipment will be provided if you do not have your own. Join us!!



Mayor Sabosik and the Borough Council would like you to

# Mark your calendars



## Fireworks at Riverfront

Saturday, October 15th

Rain date: Sunday, October 16th

Event starts at 5PM. Fireworks at Dusk.



### **Trick or Trunk**

Tuesday, October 25th

## Haunts in the Park

Thursday, October 27th

Rain date: Friday, October 28th





(see Fall Schedule for details)

Christmas Tree lighting & Market in the Park

Saturday, December 3rd 5-8:30PM

More details to follow on the above events.