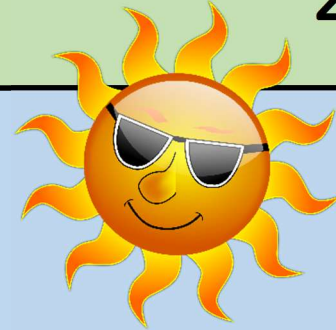




# Summer Recreation Schedule

# 2024



## Registration Information

### Opens:

Wednesday, May 15<sup>th</sup> at 10:00AM for Borough Residents

Tuesday, May 21<sup>st</sup> at 10:00AM for Non– Borough Residents

**Closes:** When programs are full, programs with low enrollment will be canceled on May 31<sup>st</sup>.

Registration is completed through your Community Pass Account.

Visit [www.ptboro.com/recreation](http://www.ptboro.com/recreation) for more details.

### Inclement Weather:

In the event a program needs to be canceled an email will be sent out through Community Pass or the instructor will reach out directly. All canceled classes will be rescheduled.

### Refund Requests:

Must be emailed to [ssilversmith@ptboro.com](mailto:ssilversmith@ptboro.com) by May 31st. Refunds are processed by check and may take up to 45 days.

### Programs:

Summer Camp Information Page 2

Summer Basketball Page 3

Toddlers to Age 16 Page 4

Adults Page 26

### New Program Ideas:

If you have an idea for a new program or a program that you would like to offer, please reach out to the number below.

1001 River Avenue

Point Pleasant, New Jersey 08742

(732)892-5813

[www.ptboro.com/recreation](http://www.ptboro.com/recreation)

# Summer Recreation Camps

The total cost of the camp can be split into two payments. The first half is due at registration and the second on June 14<sup>th</sup>. A camp packet is available at [www.ptboro.com/recreation](http://www.ptboro.com/recreation). Please print this packet and return it to the Recreation Center by June 14<sup>th</sup>. If you need a printed copy please stop by the Recreation Office, Monday- Friday between 9:00AM and 3:00PM. **Kindercampers must provide proof they are entering Kindergarten for the school year 2024/2025 by June 14<sup>th</sup>.**

## **KINDERCAMP- Recreation Center and Nellie Bennett**



### **Recreation Center**

**Dates:** June 24<sup>th</sup> -- August 2<sup>nd</sup> (no camp July 4<sup>th</sup> or 5<sup>th</sup>) **Time:** 9:00AM- 2PM

**Grades:** Children must be going into kindergarten for the 2024/ 2025 school year

**Cost:** \$750 (2<sup>nd</sup> payment due: June 14<sup>th</sup>) **Location:** Recreation Center  
(Kindercamp will not leave for trips)

### **Nellie Bennett**

**Dates:** June 24<sup>th</sup> -- August 2<sup>nd</sup> (no camp July 4<sup>th</sup> or 5<sup>th</sup>) **Time:** 9:00AM- NOON

**Grades:** Children must be going into kindergarten for the 2024/ 2025 school year

**Cost:** \$450 (2<sup>nd</sup> payment due: June 14<sup>th</sup>) **Location:** Nellie Bennett School

Our goal is to provide a safe, fun, well organized, well supervised summer camp experience for 4- and 5-year-olds who are preparing for kindergarten. Every day the children play, do crafts, have a snack, go outside, sing songs, dance, play group games and much more! You will receive a calendar on the first day of camp highlighting weekly themes and special days. Please send your child a healthy snack or lunch every day.



## **HALF DAY SUMMER CAMP**

**Dates:** June 24<sup>th</sup> -- August 2<sup>nd</sup> (no camp July 4<sup>th</sup> or 5<sup>th</sup>) **Time:** 9:00AM- NOON

**Grades:** K - 5 (Child **MUST** have completed Kindergarten)

**Cost:** \$450 (2<sup>nd</sup> payment due: June 14<sup>th</sup>) **Location:** Nellie Bennett School

Campers will have fun with indoor and outdoor activities, special “theme” days, sports, music, arts and crafts, educational fun and lots of memory making!!



## FULL DAY SUMMER CAMP

**Dates:** June 24<sup>th</sup> -- August 2<sup>nd</sup> (no camp July 4<sup>th</sup> or 5<sup>th</sup>) **Time:** 9:00AM- 2PM

**Grades:** K - 5 (Child **MUST** have completed Kindergarten)

**Cost:** \$800 (2nd payment due: June 14<sup>th</sup>) **Location:** Recreation Center

There will be special events for the campers, arts and crafts, “theme” days, sports, outdoor activities, educational fun along with making new friends and fun memories!! Children should bring a bagged lunch. An afternoon snack is provided every day. Trips are back this year such as Skyzone, United Skates Roller Rink, Riverfront Park, Urban Air and Silverball museum. Special days will include water slides, comedians, and PIZZA! There will be multiple drop-off and pick-up days at Riverfront Park. The camp T-Shirt will be provided and must be worn on all trips. Everything is included in the cost.

## Summer Basketball League

### Summer Youth Basketball Leagues

**Grades:** Girls Division  
Boys Division I  
Boys Division II

**Grades:** 4<sup>th</sup> – 8<sup>th</sup>  
**Grades:** 4<sup>th</sup> & 5<sup>th</sup>  
**Grades:** 6<sup>th</sup> – 8<sup>th</sup>



**Days:** Monday- Wednesday **Dates:** June 24<sup>th</sup> – July 29<sup>th</sup>

**Times:** Schedule varies, 45-minute games starting at 5PM

**Cost:** \$85

**Location:** Point Borough Recreation Center outside Basketball Courts

Each team will play two 45-minute games per week. Schedule will alternate game times between 5:00PM, 6:00PM, 7:00PM, and 8:00PM. Grades are based on grades just completed. There will be **NO** practices or evaluations. Each team will play 8 - 10 games based on the number of players in the division.

# Kids Summer Programs by Age Up to 16

## Zumbini

**Ages:** 0 - 4 years old

**Day:** Wednesday **Dates:** June 19<sup>th</sup> - July 24<sup>th</sup>

**Time:** 11:00 - 11:45 am

**Cost:** \$115- 6 classes

**Location:** D Fitness Studio 3000 Route 88 Point Pleasant Boro

Designed for kids ages 0-4, the Zumbini program combines music, dance and educational tools for 45-minutes of can't-stop, won't-stop bonding and fun. Tap your toes, sing-along and get lost in the only program to combine early-childhood development with the magical joy of Zumba Fitness.



## Mommy and Me Dance Class

**Ages:** 2 – 3 ½ years old

**Day:** Monday **Dates:** July 8<sup>th</sup> - August 5<sup>th</sup>

**Time:** 10:45AM-11:15AM

**Cost:** \$75 – 5 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

Bring your little one to mommy and me dance class where we will play, sing, dance and interact in a super fun environment! Learn the basics of dance through creative movement and explore through parachute play, obstacle courses and sing/dance along games! Any “moveable” clothing including leotard, tights, leggings, t-shirt, sneakers, or ballet shoes.



## Pre-school Playdate

**Ages:** 2 ½ -4 years old

**Day:** Tuesday **and/or** Thursday

**Dates:** June 27<sup>th</sup> – August 1<sup>st</sup> (no class July 4<sup>th</sup>)

**Time:** 10:00-10:45AM **Cost:** \$55 per day



**Ages:** 4 - 5 years old who are registered for kindergarten 2024/2025

**Day:** Tuesday **and/or** Thursday **Dates:** June 27<sup>th</sup> – August 1<sup>st</sup> (no class July 4<sup>th</sup>)

**Time:** 11:00-11:45AM **Cost:** \$55 per day

**Location:** Under the pavilion at Riverfront Park, Point Pleasant Boro

Parents/caregivers and their preschoolers will come to meet others of the same age to sing songs, read books and play games together in a fun safe

environment. Please bring water only, no other snacks or drinks allowed. This is not a drop off class.

### **Toddler Time Yoga with Miss Sarah**

**Ages:** 3 - 4 years old

**Day:** Saturday **Dates:** June 29<sup>th</sup>- August 3<sup>rd</sup>

**Time:** 9:15 - 10:00AM

**Cost:** \$100- 6 classes

**Location:** Vive Fitness, 107 Route 25 South, Point Pleasant Beach

This fun and interactive class includes yoga through story, song, and imaginative play. Your little one will also learn adaptable self-regulation skills to better handle emotion and peer interaction. The class includes final relaxation and gentle massage. Please bring a water bottle, blanket, yoga mat, and stuffed animal.



### **Pre-School Ballet**

**Ages:** 3 - 4 years old

**Day:** Tuesday **Dates:** July 9<sup>th</sup> - August 13<sup>th</sup>

**Time:** 4:15 - 5:00PM

**Cost:** \$75- 6 classes

**Location:** Shore Dance Center (studio II) 626 Ocean Avenue Point Pleasant

This class will focus on creative movement and the basic/early fundamentals of ballet. Dancers will get to sing songs, work on social skills and learn to work as a class all while having fun. Dancers will need to wear a leotard and tights along with ballet shoes.



### **Princess Dance Camp**

**Ages:** 2.5 - 3.5 years old

**Day:** Monday - Thursday **Dates:** August 19<sup>th</sup> - August 22<sup>nd</sup>

**Time:** 9:15AM - 10:15AM

**Cost:** \$75 per child

**Location:** Extensions Dance Academy 2107 Herbertsville Road

Our princess dance camp is a great way to beat the heat and meet new friends! Your children will learn the basics of ballet, play princess themed games, do arts and crafts, and have tons of fun. Parents are invited to come 10 minutes early on the last day of camp to watch a small princess dance performance! Ballet outfits or princess costumes welcome!



### **Preschool Dance Class**

**Ages:** 3 - 4 years old

**Day:** Monday **Dates:** July 8<sup>th</sup> - August 5<sup>th</sup>

**Time:** 11:15AM - Noon

**Cost:** \$80 5- classes



**Location:** Extensions Dance Academy 2107 Herbertsville Road

This dance camp will give our younger dancers the chance to experience all types of dance styles to see what they love best! Each week will focus on a different dance style such as: Ballet, Tap, Jazz, Hip Hop, & Musical Theater. Parents are invited to come 10 minutes early on the last day of camp to watch a small dance performance! Any “moveable” clothing including leotard, tights, shorts, leggings, tshirt, sneakers or jazz/ballet shoes. Tap shoes are available for borrowing at the studio.

### **Acrobatics**

**Ages:** 4 - 6 years old

**Day:** Friday **Dates:** July 12<sup>th</sup> - August 16<sup>th</sup>

**Time:** 9:30-10:15PM

**Cost:** \$75- 8 classes



**Location:** Shore Dance Center (studio II) 626 Ocean Avenue Point Pleasant

This will be a beginner style class focusing on tumbling, flexibility, and coordination. It is a perfect opportunity for dancers to have fun and learn the early fundamentals of acrobatics. Dancers will need a leotard or any tight-fitting clothing for this class. Dancers will be barefoot.

### **Summer Football Academy**

**Ages:** 4 - 10 years old

**Days:** Monday - Thursday **Dates:** July 8<sup>th</sup>- July 11<sup>th</sup>

**Time:** 9:30AM - 12:30PM

**Cost:** \$220- 4 classes



**Location:** Point Boro High School Turf Game Field

This program will focus on improving footwork, knowledge of the game and developing the fundamentals of football all while having fun. \*Each session will end with a flag football game where we apply the skills we have learned in a competitive yet fun atmosphere. Please wear football cleats or athletic sneakers and bring a water bottle and snack.

### **D Fitness Princess Dance Camp**

**Ages:** 4 - 6 years old

**Day:** Saturday **Dates:** June 22<sup>nd</sup> - July 27<sup>th</sup>

**Time:** 9:30 - 10:30 am

**Cost:** \$115- 6 classes

**Location:** D Fitness Studio 3000 Route 88 Point Pleasant Boro

This is an exciting program where the children will be immersed in the world of fantasy and imagination. They will be dancing and singing to all of the popular princess fairy tales creating a magical experience they will never forget. There will be arts and crafts and games inspired by all the favorite princesses and they will get an inside look at what a day in the life of a “real” princess is. Princess attire is encouraged, as well as sneakers and a water bottle.



### **Basic Karate**

**Ages:** 4 – 12 years old

**Day:** Friday **Dates:** June 28<sup>th</sup> – September 13<sup>th</sup> **Time:** 5:30-6:30pm

**Cost:** \$100- 10 classes (No Class: July 26<sup>th</sup> and August 16<sup>th</sup>)

**Location:** Point Pleasant Recreation Center 1001 River Avenue Point Pleasant

Karate practice strengthens the mind, develops composure, a clearer thought process, deeper insight into one's mental capabilities, and more self-confidence. Basic Karate provides a safe and fun learning correct kicking, striking, blocks and forms. Please wear comfortable clothes.



### **Intermediate Karate**

**Ages:** 4 – 12 years old

**Day:** Friday **Dates:** June 28<sup>th</sup> – September 13<sup>th</sup> **Time:** 6:30-7:30pm

**Cost:** \$100- 10 classes (No Class: July 26<sup>th</sup> and August 16<sup>th</sup>)

**Location:** Point Pleasant Recreation Center 1001 River Avenue Point Pleasant

Intermediate karate is a continuation of basic with more advanced techniques. Intermediate must have completed the basic karate class. Please wear comfortable clothes.





## **Kids Yoga with Miss Sarah**

**Ages:** 5 - 7 years old

**Day:** Monday      **Dates:** July 1<sup>st</sup>- August 5<sup>th</sup>

**Time:** 4:15 - 5:00 PM

**Cost:** \$100- 6 classes

**Location:** Vive Fitness, 107 Route 35 South, Point Pleasant Beach

Kids' Yoga classes by Mindful Educational Services, LLC are a fun and creative way for your child to learn how to self-regulate emotions and increase focus. This class builds a sense of body awareness, concentration, increased confidence, and gives tools to manage stress with breathing techniques. Classes include stories, games, and yoga crafts in a non-competitive environment where children will learn the wonder of what yoga is. Mindful Educational Services, LLC is a Social and Emotional Learning Company actively working with several local school districts. Bring a Yoga mat, water bottle, stuffed animal and blanket.

[www.mindfuleducationalservices.com](http://www.mindfuleducationalservices.com)



## **Kids Zumba**

**Ages:** 4 – 6 years old

**Day:** Thursday **Dates:** June 20<sup>th</sup> - July 25<sup>th</sup>

**Time:** 5:30 - 6:15 pm

**Cost:** \$90.00- 6 sessions

**Location:** D Fitness Studio 3000 Route 88 Point Pleasant Boro

Zumba Kids classes feature kid-friendly routines based on original Zumba choreography. We break down the steps, add games, activities, and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Please wear athletic type clothing, sneakers and bring a water bottle.





### **Princess Dance Camp**

**Ages:** 4 - 6 years old

**Day:** Monday - Thursday **Dates:** August 19<sup>th</sup> - August 22<sup>nd</sup>

**Time:** 10:30 - 11:30AM

**Cost:** \$75 per child

**Location:** Extensions Dance Academy 2107 Herbertsville Road

Our princess dance camp is a great way to beat the heat and meet new friends! Your children will learn the basics of ballet, play princess themed games, do arts and crafts, and have tons of fun. Parents are invited to come 10 minutes early on the last day of camp to watch a small princess dance performance! Ballet outfits or princess costumes welcome!



### **Future Panthers Girls Lacrosse – Mini Summer Camp**

**Ages:** 4 – 13 years old

**Day:** Monday – Thursday Rain date: Friday

**Dates:** July 8<sup>th</sup> – July 11<sup>th</sup> Rain date: July 12<sup>th</sup>

**Time:** 9:00 -11:30am

**Cost:** \$90 – 4 days

**Location:** Ocean Road Elementary School Grass Field

Join the Point Boro High School Girls Lacrosse team for our summer Girls Lacrosse Mini-Camp with our coaches and players! Learn, develop, and grow the fundamental skills foundational to Girls Lacrosse while having lots of fun and making new friends this summer! ALL experience levels welcome— girls will be broken into groups based on age and skill level. Beginner players will use tennis balls to learn stick/skill work through non-contact drills. More advanced players will use lacrosse balls in a combination of non-contact and contact drills as well as small-sided game play. All proceeds directly benefit the Point Boro Girls Lacrosse program. No prior lacrosse experience needed. If you need to borrow a lacrosse stick, please email Liz Kolb at [ekolb@pointpleasant.k12.nj.us](mailto:ekolb@pointpleasant.k12.nj.us), we have limited loaner sticks. To participate in more advanced contact / small-sided play drills, goggles and mouthguard are required. If you need stick recommendations, please email Liz Kolb.



### **Jazz/Hip Hop**

**Ages:** 6 - 8 years old

**Day:** Thursday **Dates:** July 11<sup>th</sup> - August 15<sup>th</sup>

**Time:** 4:00 – 4:45PM

**Cost:** \$75- 6 classes

**Location:** Shore Dance Center (studio II) 626 Ocean Avenue Point Pleasant

This upbeat class will focus on getting dancers moving and shaking. This will be a beginner style class and will cover the basic fundamentals of both subjects. Dancers should wear tight fitted clothing and either jazz shoes or sneakers.



### **Ballet/Tap**

**Ages:** 5 - 8 years old

**Day:** Friday

**Dates:** July 12<sup>th</sup> - August 16<sup>th</sup>

**Time:** 10:30-11:15AM

**Cost:** \$75- 6 classes

**Location:** Shore Dance Center (studio II) 626 Ocean Avenue Point Pleasant

This class will focus on beginner level fundamentals of both styles. This is a perfect class for your dancer to come try out each subject and get a feel for both tap/ballet in the same class time with no pressure or yearly commitment. Dancers should wear a leotard and tights or any tight-fitted clothing and be prepared with both tap and ballet shoes.



### **Strikers Soccer Clinic**

**Ages:** 5 - 10 years old

**Day:** Tuesdays, July 2<sup>nd</sup> - July 30<sup>th</sup> **and/or** Thursdays, June 27<sup>th</sup> – August 1<sup>st</sup> (no class July 4<sup>th</sup>)

**Time:** 5:00-6:00PM

**Cost:** \$90 one night, \$180 both nights – 5/ 10 classes

**Location:** Community Park, Point Pleasant Borough

Players will learn and practice their soccer skills with drills and games that aim to increase their speed and footwork which will be used in scrimmages at the end of each session. All skill levels welcome. Please wear shin guards and soccer cleats and bring plenty of water.



## Summer Drama

**Ages:** 5 - 8 years old

**Session 1: Days:** Monday & Wednesday **Dates:** July 1<sup>st</sup> – August 9<sup>th</sup>

**Session 2: Days:** Tuesday & Thursday **Dates:** July 2<sup>nd</sup> – August 9<sup>th</sup>

**Time:** 9:00-11:00AM

**Cost:** \$125

**Location:** Point Borough High School Auditorium (Door #: 11)

Join us for our 35th season of SUMMER DRAMA. Children will explore all aspects of theater while building confidence and self-esteem.

Summer Drama is more than just ACTING! It is filled with fun activities including games, contests, improv, relay races, charades, scavenger hunts, and much more.

We will end the 6-week session with a performance for all to enjoy on Friday, August 9<sup>th</sup>.



## Panther Baseball Academy Youth Summer Camp

**Ages:** 5 - 8 years old **Time:** 5:00 - 6:30PM

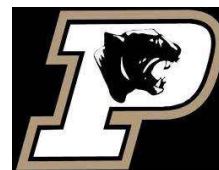
**Day:** Monday – Thursday **Dates:** July 22<sup>nd</sup> - July 25<sup>th</sup>  
(Rain Date: Friday, July 26<sup>th</sup>)

**Cost:** \$195- 4 days

**Location:** McKennan Lake – Point Boro Little League Field

Come improve your baseball skills in a fun and positive environment this summer! A perfect camp for anyone ages 5-12 looking to continue developing and learning the fundamentals of the game – regardless of skill level. Beginners will learn the rules of baseball as well as proper throwing, catching, baserunning and hitting while intermediate and advanced players will sharpen those same skills to help take them to the next level! It will be led by coaches Pat Ford and Kevin O’Connor; who have years of playing and coaching experience collectively; including at a professional level for coach Pat.

Our goal is for everyone to have fun learning to play the game the right way with a smile on their face and leaving with a hunger for more baseball! Bat, glove and helmet required with proper baseball attire recommended.





## **Disney Dazzle**

**Ages:** 5 - 10 years old

**Day:** Tuesday **Dates:** June 25<sup>th</sup> – July 23<sup>rd</sup> **Time:** 4:30-5:30PM **OR**

**Day:** Thursday **Dates:** August 8<sup>th</sup> – September 12<sup>th</sup> **Time:** 4:30-5:30PM

**Cost:** \$135- 6 classes

**Location:** Red House Music and Rehearsal Studio 3127 Bridge Avenue Point Pleasant, NJ

Sing and perform Disney material from classic to modern Disney movies and Broadway productions. Students will also learn the fundamentals of singing through proper breath support and vocal techniques. Students will demonstrate what they learned on the final day of classes. Pick as many sessions as you would like to attend.

## **Point Train Youth Wrestling Camp**

**Ages:** 4 - 10 years old

**Day:** Monday and Wednesday

**Dates:** July 1<sup>st</sup> - July 24<sup>th</sup>

**Time:** 6:00-7:00PM

**Cost:** \$140 – 8 classes

**Location:** Point Pleasant High School Wrestling Room Door # 31

This Point Pleasant Boro Youth Wrestling Clinic is a great opportunity for your child to learn the sport from the Point Boro Panther High School Coaching Staff. Head Coach Pat Brady alongside his Assistant Coach Brian Grainer will put your child through fundamental drills that will help them learn the wrestling system used throughout every level of the program.

Additionally, your child will have an opportunity to wrestle live with partners of similar age and body weight in a controlled environment. The Point Pleasant Boro Youth Wrestling Camp will give your child a chance to learn wrestling, make friends and most importantly have fun! Participants should have wrestling shoes.



### **Musical Theater (formerly Show Choir)**

**Ages:** 5 - 13 years old (class will be split by age group)

**Day:** Friday

**Dates:** June 28<sup>th</sup> – August 9<sup>th</sup>

**Time:** 9:00-11:00AM

**Cost:** \$125

**Location:** Point Borough High School Auditorium (Door #: 11)



MUSICAL THEATER CAMP is designed to get participants singing together and learning cool movements to music. No prior singing or dance experience is required to participate in this course. We will sing, dance act, and learn the process of “PUTTING IT TOGETHER” when we perform our final review on August 9<sup>th</sup>. Many leading Musical Theater actors from Point Boro High School began their training in this program. Who knows? Maybe you are the next rising star!

### **Camp Music Jam**

**Ages:** 5 - 8 years old

**Days:** Tuesday and Thursday **Dates:** July 2<sup>nd</sup> – August 8<sup>th</sup>

**Time:** 9:00-11:00AM

**Cost:** \$125

**Location:** Point Borough High School Auditorium (Door #: 13)

Camp MUSIC JAM offers an incredible selection of musical experiences for beginner to intermediate musicians. This exciting program will introduce lessons on piano, voice, and music theory and explore each of the instrument families. Each musician will be featured at the end of the camp in a musical recital that will showcase their favorite skills on August 9<sup>th</sup>. This camp is designed for every interest and skill level and will develop a well-rounded musician! Music will be made, and fun will be had! For inquiries, email teacher Ben Stefan at [campmusicjam@gmail.com](mailto:campmusicjam@gmail.com) .

## Kids Summer Dance Camp

**Ages:** 5 - 7 years old

**Day:** Wednesday **Dates:** July 10<sup>th</sup> - August 7<sup>th</sup>

**Time:** 11:15AM - Noon

**Cost:** \$80 – 5 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

This dance camp will give our younger dancers the chance to experience all types of dance styles to see what they love best! Each week will focus on a different dance style such as: Ballet, Tap, Jazz, Hip Hop, & Musical Theater. Parents are invited to come 10 minutes early on the last day of camp to watch a small dance performance!



## Introduction to Ukulele

**Ages:** 6 - 12 years old

**Day:** Thursday **Dates:** June 27<sup>th</sup> – August 1<sup>st</sup> **Time:** 4:30 - 5:30PM

**Day:** Thursday **Dates:** August 8<sup>th</sup> – September 12<sup>th</sup> **Time:** 4:30 - 5:30PM

**Cost:** \$135- 6 classes

**Location:** Red House Music and Rehearsal Studio 3127 Bridge Avenue Point Pleasant, NJ



Learn the fundamentals of the Ukulele in a fun and relaxed environment. All levels of experience welcome! Ukulele is not included. Please contact the studio directly for assistance purchasing an instrument.

## BREAKDANCING

**Ages:** 6 - 9 years old

**Day:** Thursday **Dates:** July 11<sup>th</sup> - August 8<sup>th</sup>

**Time:** 4:00 – 4:45 PM

**Cost:** \$80- 5 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

A super fun, high energy class where we will learn the basics or brush up on skills in breakdancing class. Please wear any “moveable” clothing including shorts, leggings, t-shirt, and sneakers.



## Skateboarding Classes

**Ages:** 5 - 14 years old

**Day:** Saturday or Sunday

**Dates:** July 6<sup>th</sup> /7<sup>th</sup> - August 17<sup>th</sup> / 18<sup>th</sup>

**Cost:** \$120- 7 weeks

**Location:** Point Pleasant Skatepark Rt 88  
(Across from Quick Check)

Your kids will learn the basics of skateboarding in a fun, relaxed, and safe manner! Beginners will learn how to push, glide, carve, kickturn, and start to enjoy the thrill of riding down ramps!

Intermediates will begin to develop their trick skills with ollies, shuv-its, wheelies and ramp tricks too! More importantly, your kids will experience first-hand the value of determination, hard work, creativity, resiliency, and confidence in a fun and exciting way!

Skateboard, helmet, wrist guards, elbow pads, and knee pads are required.  
(Limited quantities of skateboards are available for borrowing).

Skill Level	Age	Day	Time
Beginner	5 - 8	Saturday	8:00 - 9:00AM
Intermediate	5 - 8	Saturday	9:00 - 10:00AM
Beginner	9 - 14	Saturday	10:00 - 11:00AM
Advanced	5 - 14	Saturday	11:00AM - Noon
Beginner	5 - 8	Sunday	8:00 - 9:00AM
Intermediate	5 - 8	Sunday	9:00 - 10:00AM
Intermediate	9 - 14	Sunday	10:00 – 11:00AM
Advanced	5 - 14	Sunday	11:00AM – Noon

## Musical Theatre Dance Camp

**Ages:** 7 - 10 years old

**Day:** Monday **Dates:** July 8<sup>th</sup> - August 5<sup>th</sup>

**Time:** 11:30AM - 12:15PM

**Cost:** \$80 – 5 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

Join our musical theatre dance class where we will play acting games and learn super fun choreography to your favorite musicals! Any “moveable” clothing including shorts, leggings, t-shirt, sneakers or jazz/ballet shoes. \*We will use Tap shoes in this class.





## Field Hockey Camp

**Ages:** 6 – 14 years old

**Day:** Monday- Thursday **Dates:** July 29<sup>th</sup> – August 1<sup>st</sup>

**Time:** 4:00 - 7:00 PM

**Cost:** \$95

**Location:** Point Pleasant Boro High School Turf Field

Our program is designed to teach the fundamentals of field hockey in a FUN environment. From beginners to more advanced players, participants will grow in skill and knowledge of the sport while learning the game from the Point Boro HS field hockey coaching staff. Campers will be grouped by grade and/or ability level. Shin guards, mouth guard, water bottle, and a field hockey stick are required. *We have some sticks available to borrow if needed.*



## Taylor Swift DANCE CAMP

**Ages:** 6 - 8 years old

**Day:** Monday - Thursday **Dates:** August 19<sup>th</sup> - August 22<sup>nd</sup>

**Time:** 11:45-12:45PM

**Cost:** \$75- 4 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

CALLING ALL SWIFTIES! Come dance and sing along to all your favorite T-Swift songs in this super fun Taylor Swift inspired dance camp! Parents are invited to come 10 minutes early on the last day of camp to watch a small dance performance! Please wear any “moveable” clothing including leotard, tights, shorts, leggings, tshirt, sneakers or jazz/ballet shoes. Taylor Swift inspired clothing encouraged!



## Tap Dance Camp

**Ages:** 6 - 10 years old

**Day:** Wednesday **Dates:** July 10<sup>th</sup> -August 7<sup>th</sup>

**Time:** 10:15AM – 11:00AM

**Cost:** \$80- 5 classes

**Location:** Extensions Dance Academy 2107 Herbertsville rd.

All levels welcome! A chance to learn new skills or work on tap technique. Learn fun tap moves and choreography to popular songs! Any “moveable” tight fitting clothing including leotard, tights, tight shorts, leggings, tshirt, and tap shoes. Students are welcome to borrow tap shoes from our borrow bin! First come first serve basis.



## Introduction to Muay Thai

**Ages:** 6 - 13 years old

**Dates:** July 8<sup>th</sup> – August 15<sup>th</sup>

**Times:** Choose from the following options:

Mondays 4:00-5:00PM and Wednesdays 4:30-5:30PM

Tuesdays 4:30-5:30PM and Thursdays 4:30-5:30PM

**Cost:** \$190- 12 classes

**Location:** Boro Boxing & Muay Thai, 3201 Bridge Avenue, Point Pleasant, NJ

Introduction to Muay Thai basics, includes proper punching and kicking technique and footwork, as well as strength and conditioning required for same. Games and fun included as well! Classes are geared to boost confidence, self-esteem and self-defense. No experience required. Personal boxing gloves ARE required for sanitary reasons and can be purchased through our facility for \$40. If you have your own, you are welcome to bring your own!



## Future Panthers Girls Lacrosse – Advanced Training Sessions

**Ages:** 7 – 12 years old

**Day:** Tuesday **Dates:** July 16<sup>th</sup> – August 13<sup>th</sup>

**Time:** 9:00AM – 10:00AM

**Cost:** \$60- 5 classes

**Location:** Ocean Road Elementary School Grass Field

Join coaches and players from the Point Boro High School Girls Lacrosse team for advanced youth training sessions. This advanced skill work series consists of higher intensity stick work drills using lacrosse balls, a combination of non-contact and contact based drills and small-sided game play. This training is recommended for players with prior lacrosse experience looking to further their skillset and understanding of offensive and defensive concepts key to the game. All proceeds directly benefit the Point Boro Girls Lacrosse program. Prior lacrosse experience recommended. Lacrosse stick, goggles, and mouthguard are required. If you need stick recommendations please email Liz Kolb at [ekolb@pointpleasant.k12.nj.us](mailto:ekolb@pointpleasant.k12.nj.us).



### **Big Kids' Yoga with Miss Sarah**

**Ages:** 8 - 12 years old

**Day:** Monday      **Dates:** July 1<sup>st</sup>- August 5<sup>th</sup>

**Time:** 5:00 - 5:45 PM

**Cost:** \$100 - 6 classes

**Location:** Point Pleasant Recreation Center 1001 River Avenue Point Pleasant  
Life is busy and it is easy for this age group to feel overwhelmed and anxious at times. Yoga sequences will be presented that build strength, flexibility, encourage better self-regulation, and build a stronger nervous system. Your child will come home feeling a deeper sense of confidence, as well as an increased overall feeling of ease and peace. *Mindful Educational Services* is a Social and Emotional Learning Company actively working with local school districts.

[www.mindfuleducationalservices.com](http://www.mindfuleducationalservices.com) Please bring a Yoga mat, water bottle, and a small blanket.



### **Kids Hip Hop**

**Ages:** 7 – 11 years old

**Day:** Monday **Dates:** June 17<sup>th</sup> - July 22<sup>nd</sup>

**Time:** 5:15 - 6:15 pm

**Cost:** \$90- 6 classes

**Location:** D Fitness Studio 3000 Route 88 Point Pleasant Boro

This fun filled class inspires creativity while teaching the hip hop fundamentals. Students will learn a new choreographed routine each week in a nurturing environment enabling them to develop their coordination, strength, technique, body awareness and rhythm. Please wear athletic type clothing, sneakers and bring a water bottle.



### **3D Art and Sculpture Fun!**

**Ages:** 7-12 years old

**Day:** Tuesday **Dates:** July 2<sup>nd</sup> – August 6<sup>th</sup>

**Time:** 11:30-1:00PM

**Cost:** \$180- 6 classes

**Location:** PPBHS room a-11. Please enter through the back entrance (door 20)  
Come and learn the fundamentals of sculpture. We will introduce materials and techniques such as paper mache and plaster on forms or armatures. Some of our projects may include, big heads, giant mushrooms, paper mache pufferfish, cardboard robots, fake food and more.

## Summer Tennis Camp

**Ages:** 7 - 13 years old

**Session 1: Dates:** Monday, June 17<sup>th</sup> - Friday, June 21<sup>st</sup>

**Time:** 8:00AM – 10:00AM



**Session 2: Dates:** Monday, August 12<sup>th</sup> – Friday, August 16<sup>th</sup>

**Time:** 8:00AM – 10:00AM

**Session 3: Dates:** Monday, August 19<sup>th</sup>- Friday, August 23<sup>rd</sup>

**Time:** 8:00AM – 10:00AM

**Cost:** \$195- 5 days

**Location:** Point Pleasant Recreation Center 1001 River Avenue Point Pleasant

This week-long camp is a concentration on fundamentals, including proper footwork, forehand, backhand, volley and serve. Students need to bring a racquet and water bottle.

## Drawing, Painting and Printmaking

**Ages:** 7 - 12 years old

**Day: Monday Session 1: Dates:** July 1<sup>st</sup>- August 5<sup>th</sup>

**Day: Wednesday Session 2: Dates:** July 3<sup>rd</sup> - August 7<sup>th</sup>

**Time:** 9:00AM- 10:30AM

**Cost:** \$160- 6 classes

**Location:** PPBHS room A-11. Parents can enter through the back entrance (door 20)



Kids will have fun building their drawing and painting skills through various media such as chalk pastel, oil pastel, watercolor and acrylic paints. Students will experiment with drawing from observation as well as imaginative/abstract drawing and build skill, confidence and creativity. Supplies are all included.

## Ceramics

**Ages:** 7 - 12 years old

**Day:** Monday **Session 1: Dates:** July 1<sup>st</sup>- August 5<sup>th</sup>

**Day:** Wednesday **Session 2: Dates:** July 3<sup>rd</sup> - August 7<sup>h</sup>

**Time:** 11:00AM- 12:30PM

**Cost:** \$180- 6 classes

**Location:** PPBHS room A-11. Parents can enter through the back entrance (door 20)

Kids will enjoy creative, clay art lessons spanning a wide range of subject matter. We will work on creating functional ceramic pieces to use in everyday life as well as sculptural works. Ceramic finishing such as glazes, underglazes and stains will also be introduced. Supplies are all included.



## Summer Track and Field Camp

**Ages:** 4 – 8 years old

**Days:** Monday – Thursday **Dates:** July 22<sup>nd</sup> - July 25<sup>th</sup>

**Time:** 6:00-7:30PM

**Cost:** \$ 105

**Location:** Point Pleasant Boro High School Track

Run! Jump! Throw! Welcome to our Youth Track and Field Summer Camp! This is the perfect opportunity for young athletes to improve their skills, gain confidence, and have fun in a safe and supportive environment. Our camp is designed for anyone who is interested in track and field, regardless of their current level of experience. We offer a variety of activities that focus on different aspects of track and field including distance running, sprinting, hurdles, long jump, high jump and shot put. Our experienced coaches will work with campers to develop their techniques, improve their physical fitness, and teach them the importance of sportsmanship and teamwork. On the last day of camp, we invite everyone to come watch the campers showcase their skills in a friendly competition, where they can put their training and hard work to the test! Please wear athletic or running shoes. No other equipment needed.



## Tennis Lessons

**Dates:** Starts the week of July 1<sup>st</sup> and runs through August 11<sup>th</sup>

(No class July 4<sup>th</sup>)



**Ages:** 6- and 7-years old Wednesday, 6:00 – 7:00PM **OR**

Saturday, 9-10AM OR Sunday, 8:00 - 9:00AM **OR**

Thursday, 5:00- 6:00PM

8- and 9-years old Monday, 5:00- 6:00PM **OR** Thursday, 6:00 – 7:00PM **OR**

Tuesday, 7:00- 8:00 PM

10 to 12 years old Tuesday, 5:00-6:00PM **OR** Wednesday, 7:00- 8:00 PM

**OR** Saturday, 9:00-10:00AM

13 to 16 years old Monday, 6:00 – 7:00 PM **OR** Wednesday, 5:00–6:00PM

**Cost:** \$65- 6 weeks

**Location:** Point Pleasant Recreation Center 1001 River Avenue Point Pleasant, NJ  
As a member of the group lessons, players get the opportunity to hit hundreds of balls when participating in drills that mirror match-like conditions. A heavy concentration is placed on proper footwork along with physical conditioning. Students learn proper grips and stroke mechanics for the forehand, backhand, volley and serve. Seasoned and novice players alike are in constant motion through a series of drills while learning the game, burning calories and having fun. **Due to the popularity of this program, students can only participate in ONE class session.**

## Beginner Acro Dance Class

**Ages:** 6 - 9 years old

**Day:** Monday **Dates:** July 8<sup>th</sup> - August 5<sup>th</sup>

**Time:** 11:30-12:15pm

**Cost:** \$80 – 5 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

Learn the basics of acrobatic dance or brush up on old skills in acro dance class where we will learn and work on tricks such as handstands, cartwheels, walk overs etc. No experience necessary. Any “Moveable” tight fitting clothing including leotard, tights, tight shorts, leggings, tshirt, and bare feet.



### **Hip Hop Dance Camp**

**Ages:** 5 - 9 years old

**Day:** Monday-Thursday **Dates:** August 5<sup>th</sup>- August 8<sup>th</sup>

**Time:** 1:00-2:00PM

**Cost:** \$75- 4 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

All levels welcome! Learn some fun new skills and hip-hop choreography to popular hip hop music! "moveable" clothing including leotard, tights, leggings, tight shorts, t-shirt, or jazz/ballet/lyrical shoes.



### **Point Pleasant Youth Volleyball Camp**

**Ages:** 6 - 8 years old

**Days:** Monday- Wednesday **Dates:** July 1<sup>st</sup>- July 3<sup>rd</sup>

**Time:** 9:00AM-NOON

**Cost:** \$190

**Location:** Point Borough High School. Please enter through the Auxiliary Gym Doors.

This camp is designed for all skill levels: Our goal for each player is well defined. We want to ensure that the inexperienced players have a clear understanding of the fundamentals of the game in order to assist in their overall development. For the more experienced players, our goal is to expose them to a higher caliber of instruction and give them the tools to refine their game. We believe that having fun and learning to love the game, combined with proper fundamentals and mechanics will lead to lifelong passion for the sport of volleyball. Please wear sneakers and bring a water bottle.



### **Point Boro Speed School**

**Ages:** 7 - 15 years old \*Incoming Freshmen Allowed

**Days:** Friday **Dates:** June 21<sup>st</sup> - July 26<sup>th</sup>

**Time:** 8:00 - 9:00AM **Cost:** \$140- 6 classes

**Location:** Point Boro High School Track & Turf Field

This class is designed to improve youth/middle school athletes both BOYS and GIRLS with their speed. Speed, agility, and conditioning applies to every sport. Athletes will improve their top end speed as well as acceleration. Proper sprinting form and mechanics will be taught. Classes will be run by Head Track Coach Kyle Ryan and Head Football/Strength Coach Brian Staub. Please wear athletic sneakers and bring water.





**TECH Theater Camp: “Lights, Sounds, and Design” \*\* New**

**Ages:** 7 - 13 years old

**Day:** Friday **Dates:** June 28<sup>th</sup>- August 9<sup>th</sup>

**Time:** 11:00- 12:30PM

**Cost:** \$105

**Location:** Point Borough High School Auditorium (Door #: 11)

Welcome to the world of TECH THEATER CAMP, where young stars shine behind the curtain! Are you ready to step into the spotlight of backstage magic? Join us for an unforgettable journey where kids aged 8 to 12 dive into the captivating realm of tech theater. This is taught by the popular High School Theater arts Director and Design, Mr. Ian Kearns and his apprentice! At TECH THEATER CAMP, imagination takes center stage as campers explore the intricate art of lights, set design, soundscapes, and more! From creating mesmerizing light displays to crafting captivating sets, every session is a whirlwind adventure of creativity and innovation. But the real excitement begins as we gear up for the grand finale: the SUMMER PERFORMING ARTS SHOWCASE! After six exhilarating sessions of learning and laughter, campers take their place in the technical booth, orchestrating the magic that brings the stage to life. So, if you've ever dreamed of working behind the scenes, TECH THEATER CAMP is your ticket to a summer of discovery, friendship, and endless applause. Let's ignite imaginations and shine bright together!

**Point Pleasant Youth Volleyball Camp**

**Ages:** 9 - 11 years old

**Days:** Monday- Thursday **Dates:** June 24<sup>th</sup> - June 27<sup>th</sup>

**Time:** 9:00AM-NOON

**Cost:** \$240 – 4 days

**Location:** Point Borough High School. Please enter through the Auxiliary Gym Doors.

This camp is designed for all skill levels: Our goal for each player is well defined. We want to ensure that the inexperienced players have a clear understanding of the fundamentals of the game in order to assist in their overall development. For the more experienced players, our goal is to expose them to a higher caliber of instruction and give them the tools to refine their game. We believe that having fun and learning to love the game, combined with proper fundamentals and mechanics will lead to lifelong passion for the sport of volleyball. Please wear sneakers and bring a water bottle.

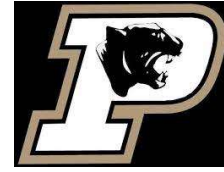


## **Panther Baseball Academy Youth Summer Camp**

**Ages:** 9 – 12 years old

**Time:** 6:30 - 8:00PM

**Day:** Monday – Thursday **Dates:** July 22<sup>nd</sup> - July 25<sup>th</sup>  
(Rain Date: Friday, July 26<sup>th</sup>)



**Cost:** \$195- 4 days

**Location:** McKennan Lake – Point Boro Little League Field

Come improve your baseball skills in a fun and positive environment this summer! A perfect camp for anyone ages 5-12 looking to continue developing and learning the fundamentals of the game – regardless of skill level. Beginners will learn the rules of baseball as well as proper throwing, catching, baserunning and hitting while intermediate and advanced players will sharpen those same skills to help take them to the next level! It will be led by coaches Pat Ford and Kevin O’Connor; who have years of playing and coaching experience collectively; including at a professional level for coach Pat.

Our goal is for everyone to have fun learning to play the game the right way with a smile on their face and leaving with a hunger for more baseball! Bat, glove and helmet required with proper baseball attire recommended.

## **Summer Track and Field Camp**

**Ages:** 9 – 12 years old

**Days:** Monday – Thursday **Dates:** August 5<sup>th</sup>- August 8<sup>th</sup>

**Time:** 6:00-7:30PM

**Cost:** \$ 105.00

**Location:** Point Pleasant Boro High School Track

Run! Jump! Throw! Welcome to our Youth Track and Field Summer Camp! This is the perfect opportunity for young athletes to improve their skills, gain confidence, and have fun in a safe and supportive environment. Our camp is designed for anyone who is interested in track and field, regardless of their current level of experience. We offer a variety of activities that focus on different aspects of track and field including distance running, sprinting, hurdles, long jump, high jump and shot put. Our experienced coaches will work with campers to develop their techniques, improve their physical fitness, and teach them the importance of sportsmanship and teamwork. On the last day of camp, we invite everyone to come watch the campers showcase their skills in a friendly competition, where they can put their training and hard work to the test! Please wear athletic or running shoes. No other equipment needed.



### **Camp Music Jam**

**Ages:** 8 - 13 years old

**Days:** Monday and Wednesday

**Dates:** July 1<sup>st</sup> – August 7<sup>th</sup>

**Time:** 9:00-11:00AM

**Cost:** \$115

**Location:** Point Borough High School Auditorium (Door #: 13)

Camp MUSIC JAM offers an incredible selection of musical experiences for beginner to intermediate musicians. This exciting program will introduce lessons on piano, voice, and music theory and explore each of the instrument families. Each musician will be featured at the end of the camp in a musical recital that will showcase their favorite skills on August 10<sup>th</sup>. This camp is designed for every interest and skill level and will develop a well-rounded musician! Music will be made, and fun will be had! For inquiries, email teacher Ben Stefan at [campmusicjam@gmail.com](mailto:campmusicjam@gmail.com) .



### **Point Train Youth Wrestling Camp**

**Ages:** 8- 14 years old

**Day:** Monday and Wednesday nights in July

**Dates:** July 1<sup>st</sup> - July 24<sup>th</sup>

**Time:** 7:00-8:00PM

**Cost:** \$140 – 8 classes

**Location:** Point Pleasant High School Wrestling Room Door #31

This Point Pleasant Boro Youth Wrestling Clinic is a great opportunity for your child to learn the sport from the Point Boro Panther High School Coaching Staff. Head Coach Pat Brady alongside his Assistant Coach Brian Grainer will put your child through fundamental drills that will help them learn the wrestling system used throughout every level of the program.

Additionally, your child will have an opportunity to wrestle live with partners of similar age and body weight in a controlled environment. The Point Pleasant Boro Youth Wrestling Camp will give your child a chance to learn wrestling, make friends and most importantly have fun! Participants should have wrestling shoes and one year's experience.



## Summer Drama

**Ages:** 9 - 13 years old

**Session 1: Days:** Monday & Wednesday

**Dates:** July 1<sup>st</sup> – August 9<sup>th</sup>

**Session 2: Days:** Tuesday & Thursday

**Dates:** July 2<sup>nd</sup> – August 9<sup>th</sup>

**Time:** 11:15AM - 1:15PM

**Cost:** \$125

**Location:** Point Borough High School Auditorium (Door #: 11)

Join us for our 35th season of SUMMER DRAMA. This program is open to participants ages 5-13. Children will explore all aspects of theater while building confidence and self-esteem.

Summer Drama is more than just ACTING! It is filled with fun activities including games, contests, improv, relay races, charades, scavenger hunts, and much more. We will end the 6-week session with a performance for all to enjoy on Friday, August 9<sup>th</sup>.



## Junior Color Guard

**Ages:** 10 – 13 years old

**Day:** Monday & Wednesday **Dates:** July 1<sup>st</sup> - July 24<sup>th</sup>

**Time:** 9:00AM - 11:00AM

**Cost:** \$125 – 8 classes

**Location:** Point Pleasant Borough High School Band Room (Door #14 on Panther Path)

Join us for the first ever Point Boro Color Guard Summer Program and begin your training for the Point Pleasant Boro High School Competition Marching Band and Color Guard! No experience or equipment necessary - your child will receive their very own flag! Learn flag and dance basics (and a mini halftime show!) from Color Guard Director Emily Strassheim, as well as members of the current undefeated color guard team. Last year, the Point Boro Color Guard finished their 2023 season, *Barnum*, with an overall first place finish as well as Best Visual and Best Color Guard! Become part of the band family and the next generation of halftime performers on the Al Saner Field. For inquiries, please contact Emily Strassheim at [estrassheim@pointpleasant.k12.nj.us](mailto:estrassheim@pointpleasant.k12.nj.us).



### **Kids Confidence Club**

**Ages:** 10 - 13 years old

**Day:** Tuesday **Dates:** July 9<sup>th</sup> - August 13<sup>th</sup>

**Time:** 5:30 - 6:30 pm

**Cost:** \$115 - 6 classes

**Location:** D Fitness Studio 3000 Route 88 Point Pleasant Boro



It takes confidence to be a kid, especially in today's day and age. Whether going to a new school, stepping up to bat for the first time, or just day to day small challenges, kids face a lot of uncharted territory. There are so many pressures to fit in from social media and their peers. Self-esteem is a major key to success in life. The development of a positive self-concept or healthy self-esteem is extremely important to the happiness and success of children.

Join us for a workshop that will address how children feel about themselves in general and look at ways of improving their self-image and their self-belief. We will do activities and discuss what they can do to face their challenges and set goals for their personal success. Our mission is to work together so they leave this workshop feeling six feet tall and able to do anything they set their mind to. Dress comfortably and bring a water bottle.

### **Intro to Strength Training**

**Ages:** 10 - 15 years old (Incoming Freshman allowed)

**Day:** Tuesdays and Thursdays **Dates:** June 25<sup>th</sup> – July 25<sup>th</sup> (July 4<sup>th</sup> will be moved to July 3<sup>rd</sup>)

**Time:** 6:00 - 7:00 pm

**Cost:** \$170- 10 classes

**Location:** Point Boro High School Weight Room. Door #26 located in the back of the High School building.

This class is designed to teach youth/middle school athletes both BOYS and GIRLS the fundamental exercises used in a weight room. Movements will be taught in a safe progression and will show them the many benefits to strength training including becoming faster, stronger, more confident, and decreasing the chance of injuries. Classes will be run by Head Football/Strength Coach Brian Staub.



### **Middle School Football Camp**

**Ages:** 11 - 14 years old \*Incoming Freshmen Allowed

**Dates:** July 15<sup>th</sup> - July 18<sup>th</sup>

**Time:** 9:30AM-12:30PM

**Cost:** \$190- 4 classes



This class will focus on position specific drills and techniques while gaining an understanding of our basic offensive, defensive, and special teams schemes used in our High School program. Players will be taught proper tackling and blocking techniques in a safe progression. Please wear football/athletic sneakers. Bring a water bottle and a snack/lunch each day. Please bring a football and football helmet.

### **Tik Tok DIY Bikini Boxes & Seashell Jewelry Dish**

**Ages:** 11 - 14 years old

**Date:** Thursday, June 20<sup>th</sup>

**Time:** 6:15 - 8:30 PM

**Cost:** \$55

**Location:** Point Boro HS Room A12, Enter through back Atrium door #20.

Calling all tweens, have you seen the Tik Tok Bikini Box craze? Do you like painting and hanging out with your friends? This is the perfect night event for you! Each registrant will get their own wooden crate to design and paint while listening to music and being creative. Stickers, templates, and design ideas will be provided. We will also make seashell jewelry dishes. Let's kickoff summer the right way!

### **Tote Bags & Tye Dye**

**Ages:** 11 - 14 years old

**Date:** Thursday, July 11<sup>th</sup>

**Time:** 6:15-8:30 PM

**Cost:** \$55

**Location:** Point Boro HS Room A12, Enter through back Atrium door #20.

Who needs a new beach bag? Design your own beach bag in a variety of styles. You can paint them, dye them, or stamp them. Each registrant will get their own tote bag, sunglass case and t-shirt to design and paint while listening to music and being creative. Feel free to bring in some extra shirts from home to dye as well.



### **Paint, Pass, Party!**

**Ages:** 11 - 14 years old

**Date:** Thursday, August 1<sup>st</sup>

**Time:** 6:15-8:30 PM

**Cost:** \$55

**Location:** Point Boro HS Room A12, Enter through back Atrium door #20.

A fun filled evening of painting in a rotational, collaborative way. Each registrant will get their own canvas to start painting. Every 20 minutes we will pass our canvases, building a funky, yet fresh, fine arts piece. Time permitting, we will make one large "Boro" based painting to be hung in the school. This evening is filled with fun and creativity, weather permitting, we will create outside in the courtyard.

### **Point Pleasant Youth Volleyball Camp**

**Ages:** 12 - 14 years old

**Days:** Monday- Thursday **Dates:** July 8<sup>th</sup> - July 11<sup>th</sup> **Time:** 9:00AM- Noon

**Cost:** \$240

**Location:** Point Borough High School. Please use Auxiliary Gym Doors.

This camp is designed for all skill levels. Our goal for each player is well defined. We want to ensure that the inexperienced players have a clear understanding of the fundamentals of the game to assist in their overall development. For the more experienced players, our goal is to expose them to a higher caliber of instruction and give them the tools to refine their game. We believe that having fun and learning to love the game, combined with proper fundamentals and mechanics will lead to lifelong passion for the sport of volleyball. Please wear sneakers and bring a water bottle.

### **Teen Fitness**

**Ages:** 11 - 18 years old

**Day:** Wednesday **Dates:** July 10<sup>th</sup> -August 7<sup>th</sup>

**Time:** 6:15-7:15PM

**Cost:** \$80- 5 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

A high energy workout targeting the entire body, programmed to all your favorite songs. Featuring strength based conditioning movements that are perfect for all teens! Please wear sneakers and bring a yoga mat. Wear sneakers, nonrestrictive clothing and bring a yoga mat.





## **NJ Boating Certification Course**

**Ages:** 12 and up (Ages 12-16 must sign up with paying adult)

**Dates:** Monday, June 10<sup>th</sup> and Tuesday, June 11<sup>th</sup>

**Time:** 6:00-10:00PM No late arrivals

**Cost:** \$125



**Location:** Point Pleasant Recreation Center 1001 River Avenue Point Borough, NJ

This course covers safety, rules of the road, operating requirements, personal watercraft, New Jersey specific laws, and much more. All our classes are multi-day classes completed in two (2) sessions and include one (1) hour of homework between the sessions and the proctored exam. If you receive an 80% or better on your written exam, you will walk away with a usable temporary certificate. Taking a one-day course is a difficult way to learn information and we do not recommend it. Our two-day course has a 98% pass rate.

Remember, a boating safety course will increase your knowledge and add to your confidence. We are here to make boating safer and therefore more fun! Bring a photo ID, pen, and self-addressed 6 ¾ envelope or larger.

## **POINT BORO REC DEPARTMENT HIGH SCHOOL TENNIS CAMP**

**Days:** Monday – Friday **Dates:** June 17<sup>th</sup> – June 21<sup>st</sup>

**Days:** Monday – Friday **Dates:** June 24<sup>th</sup> – June 28<sup>th</sup>

**Ages:** 14 - 17 years old

**Time:** 5:00 pm – 7:00 pm

**Cost :** \$195- 5 days

**Location:** Point Borough Recreation Center 1001 River Avenue, Point Pleasant, NJ

The first ever Point Boro Rec Department High School Tennis camp is open to all players who are currently a member of a high school team, or who are planning to try out this upcoming season. There is a heavy concentration on footwork, conditioning, stroke mechanics and game strategy.

Players enrolled in the camp will learn proper grips and swing mechanics for the forehand, backhand, volley, overhead and serve.

In addition, both singles and doubles strategies will be taught and polished. This is an opportunity for players to ready themselves for the upcoming tennis season in a competitive and challenging environment.



## Adult Programs

### Tennis Lessons

**Dates:** Starts the week of July 8<sup>th</sup> and runs through August 13<sup>th</sup>

**Ages:** Adults, 18+ Beginners: Saturdays, 8:00 - 9:00 AM

Sundays, 9:00 – 10:00AM

Adults, 18+ Intermediate: Tuesdays, 6:00 – 7:00PM



**Cost:** \$65- 6 weeks

**Location:** Point Borough Recreation Center 1001 River Avenue, Point Pleasant, NJ

As a member of the group lessons, players get the opportunity to hit hundreds of balls when participating in drills that mirror match-like conditions. A heavy concentration is placed on proper footwork along with physical conditioning. Students learn proper grips and stroke mechanics for the forehand, backhand, volley and serve. Seasoned and novice players alike are in constant motion through a series of drills while learning the game, burning calories and having fun. Due to the popularity of this program, students can only participate in ONE class session.

### Riverfront Yoga

**Ages:** 14+

**Day:** Monday **Dates:** Session 1: June 3<sup>rd</sup> - July 8<sup>th</sup>

Session 2: July 22<sup>nd</sup> – August 26<sup>th</sup>

**Time:** 6:30 - 7:30 pm

**Cost:** \$120 – 6 classes

**Location:** Riverfront Park on the boardwalk behind cabin overlooking the Manasquan River.

Join me for beginner friendly all levels yoga. I am a yoga alliance certified yoga teacher with experience teaching yoga. This free-flowing yoga class will link your movement between postures with your breath. We will use a wide range of postures to improve physical strength and flexibility, giving balance, harmony, and an enhanced sense of well-being. Please bring your own yoga mat.

## Pickleball

**Ages:** Adults, 16+

**Day:** Monday **OR** Thursday **Dates:** June 17<sup>th</sup>- August 22<sup>nd</sup>

**Time:** 7:00 – 9:00PM

**Cost:** \$25- 10 Weeks

**Location:** Point Pleasant Recreation Center 1001 River Avenue Point Pleasant

Come out and play Pickleball on two indoor courts! It is great exercise and lots of fun! Beginners are especially welcome. Instruction and equipment are provided if you do not have your own! Due to the popularity of this program, students can only participate in ONE class session.



## NJ Boating Certification Course

**Ages:** 12 and up (Ages 12-16 must sign up with paying adult)

**Dates:** Monday, June 11<sup>th</sup> and Tuesday, June 12<sup>th</sup>

**Time:** 6:00 - 10:00PM No late arrivals

**Cost:** \$125



**Location:** Point Pleasant Recreation Center 1001 River Avenue Point Borough, NJ

This course covers safety, rules of the road, operating requirements, personal watercraft, New Jersey specific laws, and much more. All our classes are multi-day classes completed in two (2) sessions and include one (1) hour of homework between the sessions and the proctored exam. If you receive an 80% or better on your written exam, you will walk away with a usable temporary certificate. Taking a one-day course is a difficult way to learn information and we do not recommend it. Our two-day course has a 98% pass rate.

Remember, a boating safety course will increase your knowledge and add to your confidence. We are here to make boating safer and therefore more fun! **Bring a photo ID, pen, and self-addressed 6 ¾ envelope or larger.**

## Beginning Bridge

**Ages:** Adults, 16+

**Day:** Wednesday **Dates:** June 26<sup>th</sup>- August 14<sup>th</sup>

**Time:** 6:30 – 8:00 pm (one evening per week)

**Cost:** \$70.00- 8 classes

**Location:** Riverfront Pavilion

Bridge is an exciting and challenging card game played by many people around the world. Learn the basics of suits, bidding, the key to selecting a trump suit, and taking tricks. Best of all, let's play!

No experience is necessary. Feel free to bring your own deck of cards. We will be working from a widely available book. Some copies will be available for purchase on the first day of class.

## Adult Cardio Dance Classes

**Ages:** Adults, 18+

**Day:** Wednesday **Dates:** July 10<sup>th</sup> -August 7<sup>th</sup>

**Time:** 7:15-8:15PM

**Cost:** \$80- 5 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

A full body beat-driven workout. Mostly cardio based, dance inspired movements with some bodyweight strength training sprinkled into the beat of your favorite songs! Please wear sneakers and bring a yoga mat and sweat towel!



## D Fitness Studio 10 Class Pass

**Ages:** Adults, 16+

**Dates:** June- August. No specific class dates. Take 10 classes of your choosing at D Fitness Studio between June and August. Class schedule available at

[www.dfitnessstudioj.com/schedule-and-events](http://www.dfitnessstudioj.com/schedule-and-events)

**Time:** Morning and Evening classes available

**Cost:** \$85 per pass purchased

**Location:** D Fitness Studio, 3000 Route 88, Point Borough, NJ



Available classes are Zumba, Pilates, Barre Sculpt, Hip Hop, Turn Up and Strength classes. All class descriptions available at [www.dfitnessstudioj.com/schedule-and-events](http://www.dfitnessstudioj.com/schedule-and-events) No experience required! Sneakers are required for all classes, mats are required for Pilates, Barre, D Fit Mix, and Toning classes.

## Adult Hip Hop Dance Classes

**Ages:** Adults, 18+

**Day:** Tuesday **Dates:** July 9<sup>th</sup> - August 6<sup>th</sup>

**Time:** 5:30 - 6:30pm

**Cost:** \$80 - 5 classes

**Location:** Extensions Dance Academy 2107 Herbertsville Road

All levels welcome! Learn some fun new skills and hip-hop choreography to popular hip hop music! Wear sneakers and nonrestrictive clothing.



## Introduction to Muay Thai

**Ages:** Adults, 14+

**Days:** Mondays 7:30-8:30PM and Wednesdays 6:00-7:00PM  
Tuesdays 8:00-9:00PM and Thursdays 6:00-7:00PM

**Dates:** July 8<sup>th</sup> – August 15<sup>th</sup>

**Cost:** \$190 – 12 classes

**Location:** Boro Boxing & Muay Thai, 3201 Bridge Avenue, Point Pleasant

Introduction to Muay Thai basics includes proper punching and kicking technique and footwork, as well as strength and conditioning required for same. Games and fun included as well! Classes are geared to boost confidence, self-esteem and self-defense.

No experience required. Personal boxing gloves ARE required for sanitary reasons and can be purchased through our facility for \$45. If you have your own, you are welcome to bring your own!



## Adults and Seniors Ceramics Class

**Ages:** Adults, 18+

**Day:** Tuesday **Dates:** July 2<sup>nd</sup> – August 6<sup>th</sup>

**Time:** 9:00-11:00AM

**Cost:** \$200- 6 classes

**Location:** PPBHS room a-11. Please enter through the back entrance (door 20)

Adults and senior citizens will enjoy a ceramics class with beginner techniques such as pinch pots, coil pots, and slab cylinders will be introduced. Basic clay building skills will be taught and creative freedom of expression will be encouraged. Projects may include pinch pot bowls, coil vases and plates, sgraffito coasters, candle holders, chip and dips and more.

## **Basic Manners for Dogs and Their Owners**

**Dog Age:** 5 months and up

**Day:** Wednesday **Time:** 6:30- 7:30PM

**Dates:** July 10<sup>th</sup> - August 14<sup>th</sup> **First session is Humans only!**

**Cost:** \$285 per dog

**Location:** Riverfront Park

Are you looking to develop or improve your relationship with your dog? This class is for dogs and owners looking to learn core foundation skills — great for the beginner or as a refresher for those seeking an opportunity to learn new and advanced skills. The Liberated Pup LLC uses positive reinforcement and reward-based techniques aligned with the most current behavioral theory, guiding dogs and their owners to a greater understanding and closer relationship.

### **Throughout the 6-week course you'll learn:**

- Emergency recall
- Name game (let's make your dog's name worth listening to!)
- Leave it cue
- Touch cue (disengagement/casual recall)
- Basic leash-handling skills and loose leash walking strategies
- Mat work (great for teaching your dog to settle)
- Anti-jumping - greeting strategies
- Resource guarding prevention
- Stay
- Impulse control exercises
- Sit and down refreshers
- We'll also cover enrichment, dog body language, and so much more!

**Note:** Dogs with known aggression or reactivity toward other dogs or people may not attend and will be asked to withdraw without reimbursement. If you are unsure, please contact Tara Laposa at [theliberatedpup@gmail.com](mailto:theliberatedpup@gmail.com) (The Liberated Pup) to see if this class is right for your dog. Vaccination requirements: Distemper & Parvo, Bordetella, Rabies

**Website:** [theliberatedpup.com](http://theliberatedpup.com)

## Programs for those 60+

### Senior Chair Yoga

**Ages:** Adults, 60+

**Day:** Monday at 9:30AM, Wednesday at 9:30AM

**Dates:** Ongoing

**Cost:** No charge

**Location:** Point Pleasant Highschool Cafeteria- starting the week of June 24<sup>th</sup>

The benefits of chair yoga for older adults includes loosening and stretching painful muscles, reducing chronic pain, decreasing stress, and improving circulation. It also reduces anxiety, helps lower blood pressure, protects joints, and builds strength and balance. The program does not require registration. Just come to the Recreation Center to participate.



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### Tai Chi

**Ages:** Adults, 60+

**Day:** Wednesday at 9:30AM

**Dates:** Ongoing

**Cost:** No charge

**Location:** Point Pleasant Highschool Cafeteria- starting the week of June 24<sup>th</sup> Tai Chi boasts many benefits to both your inner and outer health. Tai Chi relieves stress and anxiety, boosts cognitive abilities, increases flexibility, improves balance and coordination skills and enhances strength and stamina.



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### Senior Chair Fitness

**Ages:** Adults, 60+

**Day:** Lite and Fit: Monday 9:30AM

Sit and Be Fit (Arthritis Focus): Monday 10:30AM

Lite and Flexible: Wednesday 11:30AM - 12:45PM

Core and More (Bring a thick yoga mat): Friday 9:30AM

Lite and Fit: Friday 10:30 – 11:30AM

**Dates:** Ongoing

**Cost:** No charge



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**Location:** Point Pleasant Highschool Cafeteria- starting the week of June 24<sup>th</sup>  
Chair fitness provides a way for older adults to move without putting too much strain on their bodies. Chair exercises are perfect for those with limited mobility or balance issues. The movements increase blood circulation and flexibility. The program does not require registration. Just come to the Recreation Center to participate.

**Ongoing Senior Programs at St. Marthas**

**Ages:** Adults, 60+

**Day:** Tuesday and Thursday **Dates:** Ongoing

**Time:** 10:00AM-2:00PM

**Cost:** No Charge

**Location:** St. Martha's Church 3800 Herbertsville Road, Point Pleasant

Come out and join with friends to participate in various fun filled activities and senior programs. These activities include cards, Socialization, mahjong, trips, unique events, socials, and knitting.

Call Kathy or Aimee for more information at (732)810-5890.

**Stop by the Recreation Center for a monthly calendar with updated class dates!**



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