



Spring Recreation Schedule

2025

Registration Information

Opens:

Wednesday, March 19th at 10:00AM for Borough Residents

Friday, March 21st at 10:00AM for Non– Borough Residents

Closes: When programs are full. Programs with low enrollment will be canceled on March 27th.

Registration is completed through your Community Pass Account.

Visit www.ptboro.com/recreation for more details.

Refund Requests:

Must be emailed to ssilversmith@ptboro.com by March 27th. Refunds are processed by check and may take up to 45 days. There will be a \$10 administrative charge for all refunds.

New Program Ideas:

If you have an idea for a new program or a program that you would like to offer, please reach out to the number below.

Inclement Weather:

In the event a program needs to be canceled an email will be sent out through Community Pass or the instructor will reach out directly. All canceled classes will be rescheduled.

1001 River Avenue

Point Pleasant, New Jersey 08742

(732)892-5813

www.ptboro.com/recreation

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Summer Recreation Camps- PREVIEW

Registration for Summer Camp will be on MAY 1ST!!!

*The total cost of the camp can be split into two payments. The first half is due at registration and the second on June 6th. A camp packet will be emailed to you after registration. **Kindercampers must provide proof they are entering Kindergarten for the school year 2025/2026 by June 1st.***

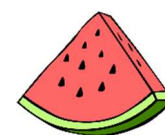
KINDERCAMP Nellie Bennett

Dates: June 30th -- August 8th (no camp July 4th) **Time:** 9:00AM- NOON

Grades: Children must be going into kindergarten for the 2025/ 2026 school year

Total Cost: \$450 (2nd payment due: June 6th) **Location:** Nellie Bennett School

Our goal is to provide a safe, fun, well organized, well supervised summer camp experience for 4- and 5-year-olds who are preparing for kindergarten. Every day the children play, do crafts, have a snack, go outside, sing songs, dance, play group games and much more! You will receive a calendar on the first day of camp highlighting weekly themes and special days. Please send your child a healthy snack or lunch every day.



HALF DAY SUMMER CAMP

Dates: June 30th -- August 8th (no camp July 4th) **Time:** 9:00AM- NOON

Grades: K - 5 (Child **MUST** have completed Kindergarten)

Total Cost: \$450 (2nd payment due: June 6th) **Location:** Nellie Bennett School

Campers will have fun with indoor and outdoor activities, special “theme” days, sports, music, arts and crafts, educational fun and lots of memory making!!



FULL DAY SUMMER CAMP

Dates: June 30th -- August 8th (no camp July 4th) **Time:** 9:00AM- 2PM

Grades: K - 5 (Child **MUST** have completed Kindergarten)

Cost: \$850 (2nd payment due: June 6th) **Location:** Recreation Center

There will be special events for the campers, arts and crafts, “theme” days, sports, outdoor activities, educational fun along with making new friends and fun memories!! Children should bring a bagged lunch. An afternoon snack is provided every day. Trips are back this year such as Bowling, United Skates Roller Rink, Riverfront Park, Blue Claws and Silverball museum. Special days will include water slides, comedians, and PIZZA! There will be multiple drop-off and pick-up days at Riverfront Park. The camp T-Shirt will be provided and must be worn on all trips. Everything is included in the cost.

Toddlers to Age 5

Baby and Mom Yoga

Ages: 8 weeks - 18 months

Day: Sunday **Dates:** March 30th – May 25th (**No class:** April 27th)

Time: 10:30 – 11:15AM

Cost: \$130- 8 classes

Location: Point Pleasant Recreation Center Classroom 1 (By Basketball Courts)

Enjoy your time with your little one through yoga movements and songs. Learn baby massage and how to help your baby self-regulate with breathing techniques and Thai yoga massage techniques. Please bring a yoga mat and a large blanket.



Tiny Tots

Ages: 18 months - 3 years old

Day: Tuesday **Dates:** April 1st- May 27th (No Class: April 22nd)

Time: 10:00 - 10:45 AM

Cost: \$60- 8 classes

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant

Tiny Tots is designed for children aged 18 months (approximately one and a half years) to three years old. Parents will accompany their children into the gym for open gym playtime. Various activities will be set up throughout the gym for you to guide your child through. These activities focus on developing large and small motor skills, hand-eye coordination, and body awareness. An instructor will be present to assist both you and your child with the different activities. **NO SIBLINGS.**



Wee Circle Time

Ages: 2 - 3 years old

Day: Wednesday **Dates:** April 2nd - May 28th
(No Class: April 23rd)

Time: 1:45 – 2:15PM

Cost: \$80- 8 Classes

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant

In this fun and engaging circle time class, your child will practice listening and communication skills while preparing for future learning. Through lighthearted games, songs, and social interaction, your little one will enjoy a playful and enriching experience. This program is designed for both adults and children to participate together.



Mini Makers: Fun with Arts & Crafts

Day: Wednesday **Dates:** April 2nd- May 21st
(No Class: April 23rd and May 14th)

Time: 11:00AM – 11:45PM

Ages: 2 - 4 years old

Cost: \$100- 6 classes

Location: Renu by Alice, 1213 Beaver Dam Road Point Pleasant, NJ

Get ready for a colorful, hands-on adventure in creativity! Mini Makers is a fun, interactive arts and crafts class designed for children ages 2-4, where little ones explore new crafts each week with the help of a parent or caregiver. Each project focuses on sensory play, engaging young minds through textures, colors, shapes, and materials.



Music and Movement

Ages: 2 - 4 years old

Day: Wednesday **Dates:** April 2nd - May 28th (No Class: April 23RD)

Time: 2:30- 3:00PM

Cost: \$60- 8 classes

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant



Introducing children to music and movement early in life can boost their development in areas like speaking, walking, math, spelling, and even learning foreign languages. In this fun and interactive class, your child will explore a variety of music, engage in creative movement, sing songs, use their imagination, and participate in circle time—all while playing with instruments! This program is designed for both adults and children to enjoy together.

Preschool Dance Class

Ages: 2 ½ - 4 years old

Day: Monday **Dates:** April 7th – May 12th (No Class: April 21st)

Time: 4:00 - 4:45PM

Cost: \$70 – 5 classes

Location: Extensions Dance Academy, 2107 Herbertsville Road, Point Pleasant
Our preschool dance class is a wonderful way to introduce your little ones to the world of dance! In this 45 minute class we work on the basics of ballet while also playing fun dance games, exploring obstacle courses and having a glow in the dark bubble dance party at the end of every class! Parents are welcome to come 10 minutes early on the last day of class to watch a small dance performance. Any “moveable” clothing including leotard, tights, shorts, leggings, tshirt, and jazz or ballet shoes.



Toddler Time Yoga

Ages: 3 – 4 years old

Day: Saturday **Dates:** March 29th - May 31st

Time: 9:30- 10:15AM

Cost: \$130- 10 classes

Location: Point Pleasant Recreation Center (Classroom)

This fun and interactive class includes yoga through story, song, and imaginative play. Your little one will also learn adaptable self-regulation skills in order to better handle emotion and peer interaction. The class includes final relaxation and gentle massage.



Pre-School Ballet



Ages: 3 - 5 years old

Day: Wednesday **Dates:** April 2nd- May 14th (No Class: April 23rd)

Time: 10:30 - 11:15AM

Cost: \$75- 6 classes

Location: Shore Dance Center 626 Ocean Avenue Point Pleasant

This class will focus on creative movement and the basic/early fundamentals of ballet. Dancers will get to sing songs, work on social skills, and learn to work as a class all while having fun. Dancers will need to wear a leotard, tights, and ballet shoes.

Small Group Fitness Plus at Ninja Warrior – Toddler and Adult

Ages: 1 Adult and 1 child 4 and under

Day: Monday, Wednesday and Friday **Dates:** Session 1: March 31st - April 25th
Session 2: May 5th – May 30th

Time: 10:30AM -11:45PM

Cost: \$260- 12 Classes

Location: Ninja Beach 2251 Bridge Ave, Point Boro

Join our 'Small Group Fitness Plus' classes at Ninja Beach for personalized attention and a sense of community. Adults will participate in group fitness in our Wolff Den training area while their toddlers get moving in the Ninja Gym on obstacle courses designed specifically for them, supervised by staff. **Please wear sneakers.**

Story and Craft

Ages: 3 - 5 years old

Day: Thursday **Dates:** April 3rd – May 22nd (No Class: April 24th)

Time: 9:30 - 10:15 AM

Cost: \$70-7 classes

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant

Using projects and activities related to the story of the week, children will explore new and favorite stories like never before. Children will be encouraged to recognize that letters make words, and words create stories. They may create new endings to familiar stories and new characters for their own story. Each



session will provide different stories for the children's enjoyment. This is an adult and child program. **NO SIBLINGS.**

Kindersports

Ages: 4 – 5 years old

Day: Tuesday **Dates:** April 1st- May 27th (No class: April 22nd)

Time: 2:00-2:45PM **Cost:** \$80- 8 Classes

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant
Introduce your child to the exciting world of sports and early fitness! Skills are simplified and transformed into fun games tailored for young athletes. Children will develop hand-eye and foot-eye coordination, improve directional skills, boost self-esteem, and enhance their physical fitness through individual and team goals. Please ensure your child wears sneakers and brings water. This is a drop-off program.



Students Kindergarten to High School



Ballet / Tap

Ages: 4 - 6 years old

Day: Thursday **Dates:** April 3rd - May 15th (NO Class: April 24th)

Time: 3:30 - 4:15PM

Cost: \$75- 6 classes

Location: Shore Dance Center (studio II) 626 Ocean Avenue Point Pleasant

This will be a beginner style class rotating between tap and ballet. It is a perfect opportunity for dancers to have fun and learn the early fundamentals of both subjects. Dancers will need leotard and tights for this class along with both ballet and tap shoes.

Future Panthers Girls Lacrosse – Introduction to Lacrosse

Ages: 4 – 7 years old

Day: Thursday **Dates:** May 8th – May 29th

Time: 5:30PM -6:30PM

Cost: \$80- 4 Classes

Location: Ocean Road Grass Field (5/8) & HS Turf (5/15, 5/22, 5/29)

Learn the fundamentals of lacrosse with coaches and players from the Point Boro High School Girls Lacrosse team this spring! This is a beginner clinic introducing and strengthening the fundamental skills of girls lacrosse while having lots of fun and making new friends. This clinic is geared towards girls who have minimal or no lacrosse experience with no equipment required. Future Panthers lacrosse pinnie included! All proceeds directly benefit the Point Boro Girls Lacrosse program. Please wear sneakers and bring a water bottle. No prior lacrosse experience needed. If you have a lacrosse stick, please bring it with you, but if you do not, we have sticks you can borrow.



Basic Karate

Ages: 4 – 12 years old

Day: Friday **Dates:** April 4th – June 6th (No class: May 16th)

Time: 5:30-6:30pm

Cost: \$100- 9 classes

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant



Karate practice strengthens the mind, develops composure, a clearer thought process, deeper insight into one's mental capabilities, and more self-confidence. Basic Karate provides a safe and fun learning correct kicking, striking, blocks and forms. Please wear comfortable clothes.

Intermediate Karate

Ages: 4 – 12 years old

Day: Friday **Dates:** April 4th – June 6th (No class: May 16th)



Time: 6:30-7:30pm

Cost: \$100- 9 classes

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant
Intermediate karate is a continuation of basic with more advanced techniques. Intermediate must have completed the basic karate class. Please wear comfortable clothes.

Point Wrestling Club

Ages: 4 – 11 years old

Session 1 Day: Tuesday and Thursday

Dates: April 1st- April 24th

Session 2 Days: Monday and Wednesday **Dates:** June 2nd- June 25th

Time: 6:00 - 7:00PM

Cost: \$150- 8 classes

Location: Point Borough High School Wrestling Room



Point Pleasant Boro Youth Wrestling is a fantastic opportunity for your child to learn the sport under the guidance of the Point Boro Panther High School Coaching Staff. Head Coach Pat Brady and Assistant Coach Brian Grainer will lead fundamental drills designed to teach the wrestling system used at every level of the program. Your child will also have the chance to wrestle live with partners of similar age and weight in a controlled, supportive environment. This program not only builds wrestling skills but also fosters friendships and, most importantly, ensures a fun experience! Wrestling shoes and head gear are required.

Ninja Warrior Obstacles

Ages: 5 – 7 years old

Day: Monday **Dates:** Session 1: March 31st- April 21st
Session 2: May 5th – May 26th

Time: 5:00PM -6:00PM

Cost: \$115- 4 Classes

Location: Ninja Beach 2251 Bridge Ave, Point Boro

These obstacle course classes are tailored specifically for younger kids, featuring obstacle course training, plyometrics, body weight exercises, and athletic movement. The sessions are designed to cultivate strength, agility, and coordination. **Please wear sneakers.**



Yoga, Crafts, and Songs Oh My!

Ages: 5 - 9 years old

Day: Saturday **Dates:** March 29th – May 31st (**No class:** 4/26 and 5/24)

Time: 10:30 - 11:15AM

Cost: \$140- 8 classes

Location: Point Pleasant Recreation Center Classroom 1 entrance by Basketball Courts

This class intertwines Yoga, creativity, and movement together in order to give your child the full experience of self-awareness and exploration. This class includes mindful awareness, crafts, and yoga instruction through song and dance. The class concludes with a final relaxation with guided meditation. Please bring a water bottle, yoga mat, stuffed animal and blanket.

Minecraft Art

Ages: 5 - 8 years old

Day: Wednesday **Dates:** April 2nd- April 30th
(No Class: April 23rd)

Time: 5 - 6 PM

Cost: \$125- 4 classes

Location: Point Boro High School Room A12, Enter through back atrium door #20.



Join us for a Minecraft themed ART class! We will draw, paint and create our own minecraft portraits. We will make creeper candle holders, cardboard pickaxes and perler-bead character magnets.

Sonic the Hedgehog Art

Ages: 5 - 8 years old

Day: Wednesday **Dates:** May 7th- May 28th

Time: 5 - 6 PM

Cost: \$125- 4 classes

Location: Point Boro High School Room A12, Enter through back atrium door #20.

Join us for a Sonic ART themed class! We will make our own sonic sensory jars, paint with our hands, and make sonic paper spinners. Tails, knuckles, and shadow crafts will be made as well.



Kids' Yoga

Ages: 5 - 8 years old

Day: Monday

Dates: March 31st- June 2nd (no class 4/21 and 5/26)

Time: 4:45 – 5:30PM

Cost: \$130 - 8 classes

Location: Point Pleasant Recreation Center Gymnasium

Kids' Yoga classes led by Sarah Stevenson are a fun and creative way for your child to learn how to self-regulate emotions and increase focus. This class builds a sense of body awareness, concentration, increased confidence, and gives a variety of tools to manage stress with breathing techniques. Classes include stories, games, and yoga crafts in a non-competitive environment where children will learn the wonder of what yoga is.

Please bring a Yoga mat, water bottle, and a small blanket.



Spring Football Academy

Ages: 5 - 14 years old

Day: Sunday **Dates:** March 30th – May 4th (No Class: April 20th)

Time: 10:00AM - 11:00AM

Cost: \$160- 5 sessions

Location: Point Boro High School Turf Game Field

Grades K-4: Focus will be on improving footwork, understanding the game, and developing the basic fundamentals of football—all while having fun!

Grades 5-8: Focus will be on position-specific drills and learning the basics of our offensive and defensive schemes.

Each session will conclude with a flag football game, where we can apply the skills we've learned in a competitive, yet fun environment.

Please wear football cleats or athletic sneakers and bring a water bottle.



Disney Dazzle

Ages: 5 - 10 years old

Day: Wednesday **Dates:** April 2nd- May 7th **Time:** 4:30-5:30 PM

Cost: \$135- 6 classes

Location: Red House Music and Rehearsal Studio 3127 Bridge Ave Point Pleasant
Sing and perform Disney material from classic to modern Disney movies and Broadway productions. Students will also learn the fundamentals of singing through proper breath support and vocal techniques. Students will demonstrate what they learned on the final day of classes.



Skateboarding Classes

Ages: 5 - 14 years old

Day: Saturday, April 5th- May 17th OR
Sunday, April 6th- May 25th
(No Class: April 20th)

Dates: April 5th

Cost: \$120- 7 weeks

Location: Point Pleasant Skatepark Rt 88

Your kids will learn the basics of skateboarding in a fun, relaxed, and safe manner! Beginners will learn how to push, glide, carve, kickturn, and start to enjoy the thrill of riding down ramps! Intermediates will begin to develop their trick skills with ollies, shuv-its, wheelies and ramp tricks too! More importantly, your kids will experience first-hand the value of determination, hard work, creativity, resiliency, and confidence in a fun and exciting way!

Skateboard, helmet, wrist guards, elbow pads, and knee pads are required. (Limited quantities of skateboards are available for borrowing).

Skill Level	Age	Day	Time
Beginner	5 - 8	Saturday	8:00AM - 9:00AM
Intermediate	5 - 8	Saturday	9:00AM - 10:00AM
Beginner	9 - 14	Saturday	10:00AM-11:00AM
Advanced	5 - 14	Saturday	11:00AM - Noon
Beginner	5 - 8	Sunday	8:00AM - 9:00AM
Intermediate	5 - 8	Sunday	9:00AM - 10:00AM
Intermediate	9 - 14	Sunday	10:00AM – 11:00AM
Advanced	5 - 14	Sunday	11:00AM – Noon

Family Fit at Ninja Warrior

Ages: 1 Adult and 1 child 5 and up

Day: Friday **Dates:** Session 1: April 4th - April 25th
Session 2: May 9th – May 30th

Time: 6:00PM -7:15PM

Cost: \$165- 4 Classes

Location: Ninja Beach 2251 Bridge Ave, Point Boro

Family Fit is an opportunity for parents and children to share in working on their fitness goals. Adults will participate in a group fitness class in our Wolff Den training area while their children participate in obstacle course training in our ninja gym. There will also be opportunities to combine groups and challenge each other in some of the skills we teach. **Please wear sneakers.**

Little Artists Series

Day: Monday **Dates:** March 31st- May 19th
(No Class: April 21st and May 12th)



Time: 4:00PM – 5:00PM

Ages: 5 ½ - 9 years old

Cost: \$135- 6 classes

Location: Renu by Alice, 1213 Beaver Dam Road Point Pleasant, NJ

During this series our Little Artists will meet weekly and learn about some of our most famous historical artists and their signature styles. We will create unique pieces each week based on the lesson and the works of the artists.

Fairycraft: A Magical 4- Week Craft Adventure

Day: Wednesday **Dates:** May 7th – June 4th
(No Class: May 14th)



Time: 4:15PM – 5:15PM

Ages: 5 ½ - 9 years old

Cost: \$115- 4 classes

Location: Renu by Alice, 1213 Beaver Dam Road Point Pleasant, NJ

Step into a world of magic and creativity in this four-week crafting journey! In Fairycraft, you'll explore the enchanting world of fairies while crafting a variety of whimsical, fairy-themed projects. Over the course of four weeks, you'll create unique, hand-crafted treasures, including a fairy-themed terrarium.

Strikers Soccer with Coach Candice CTKC

Ages: 5 ½ - 8 (Must be in kindergarten) and 8 – 11 years old

Day: Wednesday

Dates: **Session 1:** April 2nd- May 7th (No Class: April 23rd)

Session 2: May 14th- June 11th

Time: 4:00 - 5:00 PM (ages 5 ½ - 7)

5:00 – 6:00 PM (ages 8 - 10)

Cost: \$115- 5 classes

Location: Point Pleasant, Arnold Avenue Field

Players will learn and practice their soccer skills with drills and games that aim to increase their speed and footwork to be used in scrimmages at the end of each class. All skill levels welcome. Students should wear shin guards and cleats and



bring water for breaks. No soccer balls please. Grades kindergarten and above only.

Lego Coding and Robotics

Ages: 6 - 8 years old

Day: Tuesday **Dates:** Session 1: April 1st- May 6th (No Class: April 22nd)
Session 2: May 13th – June 10th

Time: 5:30 – 6:30PM

Ages: 9 - 11 years old

Day: Tuesday **Dates:** Session 1: April 1st- May 6th (No Class: April 22nd)
Session 2: May 13th – June 10th

Time: 6:30 – 7:30PM

Cost: \$140- 5 classes

Location: Ocean Road School STEAM Classroom Point Pleasant

Our LEGO Coding and Robotics Club offers a fun, hands-on experience where members build and program robots using LEGO Spike kits, Sphero Indi, and Micro Bits while exploring the world of STEAM. Through exciting challenges and collaborative projects, club members will develop problem-solving, coding, and engineering skills in a creative environment. Perfect for young innovators.

Instructors: John Hogan and Candice Talleur

Yoga and Crafts Spring Break CAMP

Dates: Monday - Friday April 21st- April 25th

Time: 9:00AM- 10:00AM

Ages: 6 - 10 years old

Cost: \$170- 5 days

Location: Point Pleasant Recreation Center Classroom 1 (By Basketball Courts)

Yoga, stories, songs, fun crafts, and games are included in this spring break camp for new and experienced little yogis. Weather permitting, we will take some of our camp time outside! Please bring a yoga mat, blanket, and a small stuffed animal.



Tennis Lessons

Dates: Starts the week of May 1st through June 12th

Ages: 6- and 7-years old Monday, 5:00-6:00PM **OR** Thursday, 5:00- 6:00PM **OR** Saturday, 9:00-10:00AM **OR** Sunday, 10:00 - 11:00AM

8- and 9-years old Monday, 6:00-7:00PM **OR** Wednesday, 5:00 - 6:00PM **OR** Sunday, 9:00AM-10:00AM

10 to 12 years old Tuesday, 5:00-6:00PM **OR** Wednesday, 6:00- 7:00 PM **OR** Saturday, 10:00-11:00AM

13 to 16 years old Thursday, 6:00-7:00PM

Cost: \$70- 6 weeks

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant, NJ
As a member of the group lessons, players get the opportunity to hit hundreds of balls when participating in drills that mirror match-like conditions. A heavy concentration is placed on proper footwork along with physical conditioning. Students learn proper grips and stroke mechanics for the forehand, backhand, volley and serve. Seasoned and novice players alike are in constant motion through a series of drills while learning the game, burning calories and having fun. **Due to the popularity of this program, students can only participate in ONE class session.**

Spring Arts and Crafts

Ages: 6– 9 years old

Day: Tuesday **Dates:** Session 1: April 1st- April 29th (No Class: April 22nd)
Session 2: May 6th- May 27th

Time: 5:00 – 6:30PM

Cost: \$140 – 4 classes

Location: PPBHS Room A-11. Enter through the back entrance (door 20).

Kids will have fun building artistic skills, confidence and creativity through a variety of mediums such as oil pastel, printmaking, watercolor and acrylic paints and clay sculpting. Some of our projects will include a tree stump troll house, funny face flowerpots, and mushroom prints. Class will be held at PPBHS, room A-11. Please enter entrance 20 at the back of the school.

Biddy Basketball

Ages: 6 - 7 and 8 - 9 years old

Day: Wednesday **Dates:** April 2nd – May 21st (No class: April 23rd)

Time: 5:00- 5:45PM (6-7 years old)

6:00- 6:45PM (8-9 years old)

Cost: \$110- 7 classes

Location: Point Borough Recreation 1001 River Avenue Point Borough

Students will learn basketball fundamentals. Ball handling, shooting, and defense will be stressed. Students will learn to be great competitors and even greater teammates.



Boys Hip Hop and Breakdancing

Ages: 6 - 9 years old

Day: Thursday **Dates:** April 3rd- May 8th (No Class: April 24th)

Time: 4:30 – 5:15PM

Cost: \$70 - 5 Classes

Location: Extensions Dance Academy 2107 Herbertsville Road, Point Pleasant

A super fun, high-energy class where we will learn the basics or brush up on skills/tricks in hip hop/breakdance class. Please wear any “moveable” clothing including leggings, sweats, t-shirt, and sneakers.



Kids' Meditative Art

Ages: 6 – 12 years old

Day: Sunday **Dates:** March 30th – May 25th (No Class: April 27th)

Time: 9:30-10:15 AM

Cost: \$140 – 8 classes

Location: Point Pleasant Recreation Center (Classroom)

This class uses the focus and calmness of meditation combined with creative art projects to encourage your child's ability to create. Art produces a natural and inviting way to explore colors, textures, and different mediums in order to navigate with a sense of curiosity. Class combines both meditation and art projects to create a balanced atmosphere of calm and creativity.



Introduction to Ukulele



Ages: 6 - 12 years old

Day: Tuesday **Dates:** April 1st- May 6th **Time:** 4:30-5:30 PM

Cost: \$135 – 6 classes

Location: Red House Music and Rehearsal Studio 3127 Bridge Ave Point Pleasant

Learn the fundamentals of the Ukulele in a fun and relaxed environment.

Students will demonstrate what they learned on the final day of class. Ukulele is not included. Please contact the studio directly for assistance purchasing an instrument.

Introduction to Muay Thai

Ages: 6 - 13 years old **Cost:** \$190- 12 classes

Dates: April 28th – June 6th (No Class: May 26th)

Times: Choose from the following options:

Monday 4:00-5:00PM and Wednesday – 4:30-5:30PM

Tuesday 4:30-5:30PM and Thursday – 4:30-5:30PM



Location: Boro Boxing & Muay Thai, 3201 Bridge Avenue, Point Pleasant

Introduction to Muay Thai basics, includes proper punching and kicking technique and footwork, as well as strength and conditioning required for same. Games and fun included as well! Classes are geared to boost confidence, self-esteem, and self-defense. No experience required. Personal boxing gloves ARE required for sanitary reasons and can be purchased through our facility for \$40. If you have your own, you are welcome to bring your own!

Kids Hip Hop

Ages: 7 – 11 years old

Day: Monday **Dates:** April 7th - May 12th

Time: 5:30 - 6:15 pm

Cost: \$90.00- 6 classes

Location: D Fitness Studio 3000 Route 88 Point Pleasant Boro



This fun filled class inspires creativity while teaching the hip hop

fundamentals. Students will learn a new choreographed routine each week in a nurturing environment enabling them to develop their coordination, strength, technique, body awareness and rhythm. Please wear athletic type clothing, sneakers and bring a water bottle.

Point Boro Speed School

Ages: 7 - 14 years old

Days: Wednesday **Dates:** Session 1: April 2nd – April 30th

Session 2: May 7th – June 4th

Time: 5:00 - 6:00PM **Cost:** \$120- 5 classes

Location: Point Boro High School Weight Room (Door #26)

This class is designed to improve youth/middle school athletes both BOYS and GIRLS with their speed. Speed, agility, and conditioning applies to every sport. Athletes will improve their top end speed as well as acceleration. Proper sprinting form and mechanics will be taught. Classes will be run by Head Track Coach Kyle Ryan and Head Football/Strength Coach Brian Staub. Please wear athletic sneakers and bring water.



Spring Break Tennis Camp

Ages: 7 - 14 years old

Dates: Monday, April 21st - Friday, April 25th

Time: 4:00PM – 6:00PM

Cost: \$195- 5 days

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant



This week-long camp is a concentration on fundamentals, including proper footwork, forehand, backhand, volley and serve. Students need to bring a racquet and water bottle.

Future Panthers Girls Lacrosse – Practice and Play

Ages: 7 – 13 years old

Day: Thursday **Dates:** May 8th – May 29th

Time: 5:30PM – 6:30PM

Cost: \$80- 4 sessions

Location: Ocean Road Grass Field (5/8) & HS Turf (5/15, 5/22, 5/29)

Join us for our **Spring Youth Lacrosse Practice & Play Sessions**, led by coaches and players from the **Point Boro High School Girls Lacrosse Team!**



- **Format:** Each session includes **30 minutes of skill-building practice** followed by **30 minutes of small-sided game play.**
- **Who Can Join?** Open to all experience levels! Players will be grouped by grade:
 - **3rd–5th Grade**
 - **6th–8th Grade**
- **What to Bring?** Participants must have a **lacrosse stick, goggles, and a mouthguard.**
- **Schedule:** This **4-session series** takes place on **Thursday evenings from 5:30 – 6:30 PM**, immediately following the high school team's practice.
 - **First session:** Ocean Road Elementary School (grass field)
 - **Remaining sessions:** Point Boro High School (turf field)
- **Bonus!** All participants receive a **Future Panthers lacrosse pinnie.**
- **Support the Program:** All proceeds directly benefit the **Point Boro Girls Lacrosse program.**

Come develop fundamental skills, enhance your **game knowledge and lacrosse IQ**, and have fun with our high school athletes and coaches!

Field Hockey

Ages: 7 – 14 years old

Day: Saturday **Dates:** March 29th- May 3rd

Time: 8:00AM – 10:00AM

Cost: \$130- 6 classes

Location: Point Pleasant Park on the corner of Arnold Ave and Trenton Ave

A beginner's field hockey program that allows for basics to be taught to individuals before they enter the middle school program. Players that have already begun playing or are currently in season can build on their skills. As the assistant Coach of the middle school program, the drills will be an expansion of



what the students will be doing in their school program. This program is a great option for children wanting to try the sport without having to join a team, and for older children to get more practice outside of the school setting.

Shin guards, mouth guard, water bottle, and a field hockey stick are required.

We have some sticks available to borrow if needed.

Contemporary/Lyrical Dance Class

Ages: 7 - 11 years old

Day: Tuesday **Dates:** April 1st- May 13th (No Class: April 22nd)

Time: 6:15 - 7:15pm

Cost: \$70- 6 classes

Location: Extensions Dance Academy 2107 Herbertsville Road, Point Pleasant

Do you have a child that's always dancing around the house? This class is a fun, stress free class for beginner or intermediate dancers to learn contemporary/lyrical dance choreography with friends! No experience required! Please wear nonrestrictive clothing, bare feet or dance shoes.



Girls Hip Hop

Ages: 8 - 11 years old

Day: Thursday **Dates:** April 3rd – May 8th (No Class: April 24th)

Time: 5:15 – 6:15 PM

Cost: \$70 – 5 classes

Location: Extensions Dance Academy 2107 Herbertsville Road

All levels welcome! Learn some fun new skills and hip-hop choreography to popular hip hop music! Any “moveable” clothing including shorts, sweatpants, t-shirt, and sneakers.



Ninja Warrior Obstacles and Youth Fitness

Ages: 8 – 12 years old

Day: Monday and Wednesday **Dates:** May 5th – May 28th

Time: 4:30PM -5:30PM **OR** 5:30- 6:30PM

Cost: \$175- 8 Classes

Location: Ninja Beach 2251 Bridge Ave, Point Boro

These fitness classes are tailored specifically for mature youth, featuring obstacle course training, plyometrics, body weight exercises, and athletic movement. The

sessions are designed to cultivate strength, agility, and coordination. **Please wear sneakers.**

Big Kids' Yoga

Ages: 9 - 12 years old

Day: Monday

Dates: March 31st- June 2nd (no class 4/21 and 5/26)

Time: 5:30 – 6:15PM **Cost:** \$130- 8 classes

Location: Point Pleasant Recreation Center Gymnasium

Life is busy and it is easy for this age group to feel overwhelmed and anxious at times. Yoga sequences will be presented that build strength, flexibility, encourage better self-regulation, and build a stronger nervous system. Your child will come home feeling a deeper sense of confidence, as well as an increased overall feeling of ease and peace. Please bring a Yoga mat, water bottle, and a small blanket.



Junior Artists Series

Day: Monday **Dates:** March 31st- May 19th

(No Class: April 21st and May 12th)

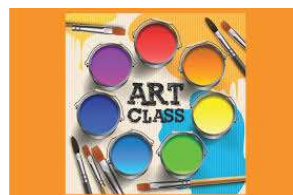
Time: 5:30PM – 7:00PM

Ages: 10 - 13 years old

Cost: \$165- 6 classes

Location: Renu by Alice, 1213 Beaver Dam Road Point Pleasant, NJ

During this series Junior Artists will meet weekly and learn about some of our most famous historical artists and their signature styles. We will create unique pieces each week based on the lesson and the works of the artists.



Spring Art and Craft

Ages: 10 - 13 years old

Day: Thursday

Dates: Session 1: April 3rd- May 1st (No Class: April 24th)

Session 2: May 8th - May 29th

Time: 5:00- 6:30PM

Cost: \$140- 4 classes

Location: PPBHS Room A-11 Please enter through door 20.

Kids will have fun building artistic skills, confidence and creativity through a variety of mediums such as oil pastel, printmaking, watercolor and acrylic paints

and clay sculpting. Some of our projects will include a tree stump troll house, funny face flowerpots, and mushroom prints. Class will be held at PPBHS, room A-11. Please enter through entrance 20 at the back of the school.

Intro to Strength Training

Ages: 10 - 14 years old

Day: Monday and Wednesday **Time:** 6:00 - 7:00 pm

Dates: Session 1: March 31st- April 30th

Session 2: May 5th – June 4th (May 26th will be moved to May 27th)

Cost: \$160- 10 classes

Location: Point Boro High School Weight Room. Door #26 located in the back of the High School building.

This class is designed to teach both **BOYS** and **GIRLS** in youth and middle school the fundamental exercises used in a weight room. Movements will be introduced in a safe, progressive manner, highlighting the many benefits of strength training, including becoming faster, stronger, more confident, and reducing the risk of injuries.

Please wear athletic sneakers and bring water.

Classes will be led by **Head Football/Strength Coach Brian Staub.**



Beginning Drawing

Ages: 11 - 16 years old

Day: Friday **Dates:** March 28th – May 30th (**No class:** 4/18 and 4/25)

Time: 4:00-5:00PM

Cost: \$140- 8 classes

Location: Point Pleasant Recreation Center Classroom 1 entrance by Basketball Courts

Beginning Drawing will introduce students to observational drawing, including strategies for measuring proportion, creating space, designing a composition, and most importantly, how to not just look, but to see. Students must provide own pencils and 16 x 20 sketchbook. All other supplies will be provided.

Future Panthers Boys Lacrosse

Ages: 11 - 13 years old (Middle Schoolers) **Cost:** \$70- 6 classes

Day: Tuesday & Thursday **Dates:** May 1st- May 29th

Time: 6:00 – 7:30PM

Cost: \$120- 9 classes

Location: Point Pleasant High School High School Turf

Never played lacrosse but always wanted to learn? Or are you an experienced player looking to improve outside of a club team's busy schedule?

Future Panthers Boys Lacrosse is the place for you! We welcome players of all experience levels to come have fun, improve their skills, and learn the basics of the fastest sport on two feet. Our coaching staff includes former Point Boro alumni and high school coaches who will teach proper fundamentals and team concepts to prepare players for the next level.

Join us and help grow the sport, one Future Panther at a time!

Required: Stick

Optional equipment: Helmet, gloves, shoulder pads, elbow pads, cup.



Volleyball Clinic/ Open Gym

Ages: 11 - 16 years old

Day: Thursday **Time:** 8:00 - 9:30 pm

Dates: April 3rd- June 5th (No Clas: April 24th and May 1st)

Cost: \$300- 8 classes

Location: Point Pleasant Boro High School. 830 Laura Herbert Drive, Point Pleasant, NJ 08742. Please enter through the Auxiliary Gym Doors.

This Open Gym is designed for all skill levels: Please sign up to Point Pleasants first spring clinic/open gym! In this 8-session clinic your son or daughter will be coached by Colts Neck High Schools Head Girls and Boys Volleyball Coach Greg Hope. Coach Hope comes from a wealth of knowledge and experience and wants to bring both to your children. Each session in this clinic will consist of 30 min of instruction followed by 1 hour of game play. Our goal for each player is well defined. We want to ensure that the inexperienced players have a clear understanding of the fundamentals of the game in order to assist in their overall development. For the more experienced players, our goal is to expose them to a higher caliber of instruction and give them the tools to refine their game. We believe that having fun and learning to love the game, combined with proper

fundamentals and mechanics will lead to lifelong passion for the sport of volleyball. Please wear sneakers and bring a water bottle.

Teen Athletic Performance Training

Ages: 15 – 18 years old

Group 1:

Day: Monday, Wednesday, Friday **Dates:** Session 1: March 31st - April 26th
Session 2: May 5th – May 31st

Time: 2:45-4:15PM

Group 2:

Day: Tuesday and Thursday 2:45-4:15PM, Saturday 8AM-9:30AM **Dates:** Session 1: March 31st - April 26th
Session 2: May 5th – May 31st

Cost: \$215-12 Classes

Location: The Wolff Den at Ninja Beach, 2251 Bridge Ave

Elevate your fitness and athletic ability with our Athletic Performance Training class, designed for intermediate and advanced athletes. This program enhances strength, power, and explosiveness through strategic resistance training and plyometric exercises. Develop a strong mind-body connection while mastering compound movements like the Bench Press, Deadlift, Squat, and Power Clean. With expert coaching, you'll improve strength, speed, agility, endurance, and mobility. Participants will receive a workout journal to track progress, learn programming principles, and analyze performance for continuous growth. Whether you're training for competition a specific sport or personal achievement, this class pushes you beyond limits taking your performance to the next level—train with purpose and intention. **Please wear sneakers.**

Beginning Painting

Ages: 16 - 18 years old

Day: Friday **Dates:** March 28th – May 30th (**No class:** 4/18 and 4/25)

Time: 5:00-6:00PM

Cost: \$180- 8 classes

Location: Point Pleasant Recreation Center Classroom 1 entrance by Basketball Courts

Beginning Painting will demystify the craft of observational painting. Using acrylic paint, students will be introduced to several different approaches to constructing a painting, as well as elements of color theory, creating space, and measuring proportion. Students will need a sketchbook and pencils, as well as provide art supplies for any work done at home.

Adult Programs



Introduction to Muay Thai

Ages: Adults, 14+

Days: Monday 7:00PM-8:00PM **AND** Thursday 7:00PM-8:00PM

OR Tuesday 8:00PM-9:00PM **AND** Saturday 10:00AM - 11:00AM

Dates: April 28th – June 7th (No Class: May 26th)

Cost: \$190 – 12 classes

Location: Boro Boxing & Muay Thai, 3201 Bridge Avenue, Point Pleasant

Introduction to Muay Thai basics includes proper punching and kicking technique and footwork, as well as strength and conditioning required for same. Games and fun included as well! Classes are geared to boost confidence, self-esteem, and self-defense.

No experience required. Personal boxing gloves ARE required for sanitary reasons and can be purchased through our facility for \$45. If you have your own, you are welcome to bring your own!

NJ Boating Certification Course – Register now

Ages: 12 and up (Ages 12 - 16 must sign up with paying adult)

Dates: Monday, May 12th and Tuesday, May 13th

Monday, June 9th and Tuesday, June 10th

Time: 6:00-10:00PM No late arrivals

Cost: \$125



Location: Point Pleasant Recreation Center 1001 River Avenue Point Borough, NJ

This course covers safety, rules of the road, operating requirements, personal watercraft, New Jersey specific laws, and much more. All our classes are multi-day classes completed in two (2) sessions and include one (1) hour of homework between the sessions and the proctored exam. If you receive an 80% or better on your written exam, you will walk away with a usable temporary certificate. Taking a one-day course is a difficult way to learn information and we do not recommend it. Our two-day course has a 98% pass rate.

Remember, a boating safety course will increase your knowledge and add to your confidence. We are here to make boating safer and therefore more fun! Bring a photo ID, pen, and self-addressed 6 ¾ envelope or larger.

Early Birds Small Group Fitness

Ages: Adults, 18+

Day: Saturday **Dates:** Session 1: April 5th- April 26th
Session 2: May 3rd – May 24th

Time: 7:00AM -8:00AM

Cost: \$115- 4 Classes

Location: Ninja Beach 2251 Bridge Ave, Point Boro

Join our small group fitness classes at Ninja Beach for personalized attention and a sense of community. With Coach Jonathan Wolff leading the way in our Wolff Den training area, you'll be in the perfect environment to work on your fitness goals. Our dynamic and energizing atmosphere will keep you motivated and engaged throughout your workout. **Please wear sneakers.**

SPF-Fit/SPF-Go/Yoga

Ages: Adults, 16+

Day: Monday – Friday **Dates:** April 28th – May 25th

Time: Variety of times. Schedule online at www.shorepointfitness.com

Cost: \$80 for 5 weeks

Location: Shore Point Fitness- 626 Ocean Road, Point Pleasant

These classes are for those looking to improve athletic performance, stay fit, or just get started. All levels will have unlimited access to all our classes, including yoga, for 4 weeks. Weekdays only.



Shore Point Fitness Group Classes

Ages: Adults, 65+

Day: Monday **Dates:** April 21st - May 19th

Time: 11:15AM- Noon

Cost: \$90- 5 classes

Location: Shore Point Fitness- 626 Ocean Road, Point Pleasant

Functional Fitness for Older Adults This class will focus on movements found in daily life. We will work on balance and mobility as well as strength. We will be using equipment such as dumbbells, resistance bands, medicine balls and kettlebells to name a few..



Tennis Lessons

Dates: Starts May 1st through June 5th

Ages: Adults, 18+ Beginners: Saturdays, 11:00AM – Noon

Adults, 18+ Intermediate: Tuesdays, 6:00 – 7:00PM **OR**

Sundays, 11:00AM-Noon



Cost: \$70- 6 weeks

Location: Point Borough Recreation Center 1001 River Avenue, Point Pleasant, NJ

As a member of the group lessons, players get the opportunity to hit hundreds of balls when participating in drills that mirror match-like conditions. A heavy concentration is placed on proper footwork along with physical conditioning. Students learn proper grips and stroke mechanics for the forehand, backhand, volley and serve. Seasoned and novice players alike are in constant motion through a series of drills while learning the game, burning calories and having fun. Due to the popularity of this program, students can only participate in ONE class session.

Barre Fitness

Ages: 18 and up

Day: Wednesday **Dates:** April 2nd – May 7th (No Class: April 23rd)

Time: 8:15 - 9:15PM **Cost:** \$70- 5 classes

Location: Extensions Dance Academy, 2107 Herbertsville Road, Point Pleasant

Barre fitness is a low-impact but highly effective exercise routine that combines elements of ballet, Pilates, yoga, and strength training all to fun music with an upbeat vibe! No previous experience is required. Please exercise clothes, bare feet or grippy socks, yoga mat. 2-3lb dumbbells are optional.



D Fitness Studio 10 Class Pass

Ages: Adults, 18+

Dates: April 1st- June 30th. No specific class dates. Take 10 classes of your choice at D Fitness Studio. Class schedule available at

www.dfitnessstudioj.com/schedule-and-events

Time: Morning and Evening classes available



Cost: \$85 per pass purchased

Location: D Fitness Studio, 3000 Route 88, Point Borough

Available classes are Zumba, Pilates, Barre Sculpt, Hip Hop, Turn Up and Strength classes. All class descriptions available at www.dfitnessstudioj.com/schedule-and-events No experience required! Sneakers are required for all classes, mats are required for Pilates, Barre, D Fit Mix, and Toning classes.

Basic Manners for Dogs and Their Owners

Dog Age: 5 months and up

Day: Wednesday **Time:** 5:00- 6:00PM

Dates: April 2nd – May 14th (No Class: April 23rd) **First session is Humans only!**

Cost: \$270 per dog

Location: Riverfront Park

Looking to strengthen your bond with your dog?



This class is perfect for both new dog owners and those seeking to refresh or expand their dog's skills. The Liberated Pup LLC focuses on teaching core foundation skills using positive reinforcement and reward-based techniques that align with the latest behavioral theories. Our goal is to help you and your dog develop a deeper understanding and a closer relationship.

Class Details:

- **Duration:** 6 sessions (1 per week). The first session is for humans only, while sessions 2-6 will involve you and your dog.
- **Weather Policy:** Classes are held rain or shine, and one makeup class is included in case of weather-related cancellations. (Make up date would be May 21st if needed).
- **Course Curriculum, Vaccination & Equipment Requirements:** More details on are available here: [Basic Manners Class Details](#).
- **Collar Policy:** Please note, choke, slip, and prong collars are not allowed during class.

If your dog has known aggression or reactivity toward other dogs or people, they may not attend this class. For more information or to determine if this class is

suitable for your dog, please reach out to Tara Laposa at theliberatedpup@gmail.com.

Pickleball drop-in play; Beginner to Intermediate

Ages: Adults, 21+

Day: Tuesday **Dates:** April 1st- June 3rd

Time: 7:00 – 9:00PM

Cost: \$40- 10 Weeks

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant
Open play pickleball on four lighted outdoor courts. This class is for beginner to intermediate players looking to socialize, mix it up, and friendly play against others. Light instruction and some equipment made available for use. We recommend less experienced players sign up for this beginner pickleball session.



Pickleball drop in play; Intermediate to Advance

Ages: Adults, 21+

Day: Monday or Thursday **Dates:** March 31st – June 5th

Time: 7:00 – 9:00PM

Cost: \$40- 10 Weeks

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant
Competitive open play pickleball on four outdoor lighted courts. This class is for intermediate to advanced players looking to socialize, mix it up, and play competitively against others.



Pickleball LESSONS

Ages: Adults, 21+

Day: Wednesday **Session 1:** April 2nd, April 9th, April 16th
Session 2: April 23rd, April 30th, May 7th
Session 3: May 14th, May 21st, May 28th

Time: 7:30 PM – 9:00PM

Cost: \$150- per session

Location: Point Pleasant Recreation Center 1001 River Avenue Point Pleasant



Come out and learn to play pickleball in a safe, friendly environment! Lessons will be offered in small groups of twelve on three pickleball courts. Learn basic rules and basic paddle strokes and techniques, while practicing proper footwork and having a lot of fun! All lessons will include simple drills to build confidence while progressing toward hitting strategic shots. Be prepared for light to moderate athletic exertion for 90 minutes, and willingness to make new friends!

Programs for those 60+

Senior Chair Yoga

Ages: Adults, 60+

Day: Monday at 9:00AM, Wednesday at 9:30AM

Dates: Ongoing

Cost: No charge

Location: Point Recreation Center

The benefits of chair yoga for older adults includes loosening and stretching painful muscles, reducing chronic pain, decreasing stress, and improving circulation. It also reduces anxiety, helps lower blood pressure, protects joints, and builds strength and balance. The program does not require registration. Just come to the Recreation Center to participate.



Funded in part by a grant
from the Ocean County
Board of Commissioners

Tai Chi

Ages: Adults, 60+

Day: Wednesday at 10:30AM

Dates: Ongoing

Cost: No charge

Location: Point Recreation Center

Tai Chi boasts many benefits to both your inner and outer health. Tai Chi relieves stress and anxiety, boosts cognitive abilities, increases flexibility, improves balance and coordination skills and enhances strength and stamina.



Funded in part by a grant
from the Ocean County
Board of Commissioners

Senior Chair Fitness

Ages: Adults, 60+

Day: Lite and Fit: Monday 10:30AM

Sit and Be Fit (Arthritis Focus): Monday 11:30AM

Lite and Flexible: Wednesday 11:30AM - 12:45PM

Core and More (Bring a thick yoga mat): Friday 9:30AM

Lite and Fit: Friday 11:00AM – NOON

Balance Class: Monday at 10:00AM and Friday at 10:30AM



Funded in part by a grant
from the Ocean County
Board of Commissioners

Dates: Ongoing

Cost: No charge

Location: Point Pleasant Highschool Cafeteria- starting the week of June 24th
Chair fitness provides a way for older adults to move without putting too much strain on their bodies. Chair exercises are perfect for those with limited mobility or balance issues. The movements increase blood circulation and flexibility. The program does not require registration. Just come to the Recreation Center to participate.

Ongoing Senior Programs at St. Marthas

Ages: Adults, 60+

Day: Tuesday and Thursday **Dates:** Ongoing

Time: 10:00AM-2:00PM

Cost: No Charge

Location: St. Martha's Church 3800 Herbertsville Road, Point Pleasant

Come out and join with friends to participate in various fun filled activities and senior programs. These activities include cards, Socialization, mahjong, trips, unique events, socials, and knitting.



Funded in part by a grant
from the Ocean County
Board of Commissioners

Call Kathy or Aimee for more information at (732)810-5890.

Dates and class times are subject to change. Please stop by the Recreation Center for a monthly calendar with updated class times and dates!