

Point Pleasant Beehive February 2026

Mon-Rec Center	Tue-St. Martha's	Wed-Rec Center	Thu-St. Martha's	Fri-Rec Center
<p>2</p> <p><u>No Classes Today</u></p>	<p>3 10:00 am–2:00 pm: Cards, Mahjong</p>	<p>4 * <u>Only Class today</u> *</p> <p>10:00 Tai Chi</p>	<p>5 10:00am–2:00 pm: Knit- ting, Crocheting, Mahjong and BYO crafting</p>	<p>6 9:00–Core and More (Please bring a thick yoga mat) 10:00– Lit & Fit 11:00–Stretching Class</p>
<p>9 9:00- Chair Yoga 10:00- Lite &Fit 11:00- Balance Class 11:30- Sit & Be Fit (Arthritis)</p>	<p>10 10:00 am–2:00 pm: Cards, Mahjong</p>	<p>11 <u>No Chair Yoga today</u></p> <p>10:00 Tai Chi 11:00 Lite & Flexible</p>	<p>12</p> <p>CLOSED</p>	<p>13 9:00–Core and More * (Please bring a thick yoga mat) 10:00–Lite & Fit 11:00–Stretching Class</p>
<p>16</p> <p>CLOSED</p>	<p>17 10:00 am–2:00 pm: Cards, Mahjong</p>	<p>18 9:00- Chair Yoga w/weights 10:00 Tai Chi 11:00 Lite & Flexible</p>	<p>19 10:00am–2:00 pm: Knit- ting, Crocheting, Mahjong and BYO crafting</p>	<p>20 9:00–Core and More * (Please bring a thick yoga mat) 10:00–Lite & Fit 11:00–Stretching Class</p>
<p>23 9:00- Chair Yoga 10:00- Lite &Fit 11:00- Balance Class 11:30- Sit & Be Fit (Arthritis)</p>	<p>24 10:00 am–2:00 pm: Cards, Mahjong</p>	<p>25 9:00- Chair Yoga w/weights 10:00 Tai Chi 11:00 Lite & Flexible</p>	<p>26 10:00am–2:00 pm: Knit- ting, Crocheting, Mahjong and BYO crafting</p>	<p>27 9:00–Core and More * (Please bring a thick yoga mat) 10:00–Lite & Fit 11:00–Stretching Class</p>



Funded in part by a grant
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Board of Commissioners

For more information,
please call Aimee (fitness)
or Kathy (St. Martha's):
732-892-5813