

# Point Pleasant Beehive April 2026

Mon-Rec Center	Tue-St. Martha's	Wed-Rec Center	Thu-St. Martha's	Fri-Rec Center
 <p>Funded in part by a grant from the Ocean County Board of Commissioners</p>		<p>1 9:00- Chair Yoga w/weights 10:00 Tai Chi 11:00 Lite &amp; Flexible</p>	<p>2 CLOSED</p>	<p>3 CLOSED</p>
<p>6 CLOSED</p>	<p>7 CLOSED</p>	<p>8 CLOSED</p>	<p>9 10:00am–2:00 pm: Knitting, Crocheting, Mahjong and BYO crafting</p>	<p>10 CLOSED</p>
<p>13 9:00- Chair Yoga 10:00- Lite &amp;Fit 11:00- Balance Class 11:30- Sit &amp; Be Fit ( Arthritis)</p>	<p>14 10:00 am–2:00 pm: Cards and Mahjong</p>	<p>15 9:00- Chair Yoga w/weights 10:00 Tai Chi 11:00 Lite &amp; Flexible</p>	<p>16 10:00am–2:00 pm: Knitting, Crocheting, Mahjong and BYO crafting</p>	<p>17 9:00–Core and More (Please bring a thick yoga mat) 10:00–Lite &amp; Fit 11:00–Stretching Class</p>
<p>20 9:00- Chair Yoga 10:00- Lite &amp;Fit 11:00- Balance Class 11:30- Sit &amp; Be Fit ( Arthritis)</p>	<p>21 10:00 am–2:00 pm: Cards and Mahjong</p>	<p>22 9:00- Chair Yoga w/weights 10:00 Tai Chi 11:00 Lite &amp; Flexible</p>	<p>23 10:00am–2:00 pm: Knitting, Crocheting, Mahjong and BYO crafting</p>	<p>24 9:00–Core and More (Please bring a thick yoga mat) 10:00–Lite &amp; Fit 11:00–Stretching Class</p>
<p>27 9:00- Chair Yoga 10:00- Lite &amp;Fit 11:00- Balance Class 11:30- Sit &amp; Be Fit ( Arthritis)</p>	<p>28 10:00 am–2:00 pm: Cards and Mahjong</p>	<p>29 9:00- Chair Yoga w/weights 10:00 Tai Chi 11:00 Lite &amp; Flexible</p>	<p>30 10:00am–2:00 pm: Knitting, Crocheting, Mahjong and BYO crafting</p>	<p>For more information, please call Aimee (fitness) or Kathy (St. Martha's): 732-892-5813</p>